

PRINCESS SCOUT PATCH PROGRAM

complete 3 requirements to earn this patch



Patch Item #PRINCESS \$2.00

Year Bar Item #PRIN- [YEAR NEEDED] example: and PRIN-11 \$1.00

This program was derived from the following meaning:

Princess: An individual regarded as having the status or qualities of a princess. Sets out to do good things and helps the less fortunate and others in their community.

Scout: A person out to bring in good tidings to others and better themselves inside. Someone who can find paths through unexplored territory. **MOTTO:** "Do not let anyone make you think less of yourself. You are a princess, a wonderful person, and you always will be." Every girl and woman are a princess, young, old, rich or poor. But remember, just because you are a princess doesn't mean you are any better than anyone else. It simply means you believe in yourself and that you will try to be the best person you can be. A true princess will always befriend all her fellow sisters. She will lend a helping hand to her neighbors, family and friends.

The building of a princess! Choose your attributes you wish to enhance or gain! After the category there will be a saying or definition. Following that there will be a task or example of how you can gain this ability. You may use the example or think of something else pertaining to that category to do. Younger participants will choose to do simpler projects, while older participants will enhance the projects with more difficult works.

When you earn your crown, wear it with pride. Know inside that you are a good person.

1. **RESPECT**- Gain self-esteem for yourself and learn to respect your elders or authority figures; having a courteous regards for people's feelings. Complete a good deed for a someone in need.
2. **HONESTY**- Gain a piece of integrity. Start with truthfulness with yourself, once you find that you can be sincere with kindness to others. Make a coupon book and give it as a gift to someone. For example: To MOM From Sally. First coupon, I will walk the dog. The number of coupons pertains to the age of the participant. Be honest to your friends and parents, do not gossip or say means things about them.
3. **KINDNESS** - To be compassionate to others and their feelings. Give of yourself and give freely without the thought of receiving a reward in return. Create a recipe, make cards, or volunteer to help someone.
4. **TALENT**- natural qualities or abilities of your personality. Share your talents with others or practice your talents to make them stronger. Music, art, teaching, singing, poetry, dancing, etc.
5. **IMAGINATION** -The ability to create something from your own ideas. Draw a picture, create a diorama, play or skit. Share your creativity with others. The options are open, just use your imagination.
6. **LOVE**- Show a feelings of affection towards others. Help someone in need. Be buddy to someone or be helpful to someone.
7. **FRIENDSHIP AND FORGIVENESS** - Being trustworthy and affectionate. To show understanding and no resentment against another person. Befriend someone new or make-up with a friend that you had a little spat with a while back. Make new friends but keep the old.
8. **KNOWLEDGE** - Being perceptive and eager to learn. "Never stop learning for the knowledge of something new and fruitful is never to old to learn" "You can learn something new everyday" Learn a new skill, hiking, sewing, art, photography etc. Study hard in school or share something you learned with others to spread the knowledge.
9. **HELPFULNESS**- Providing assistance or a service to others in need; showing a willingness to cooperate with others. "a child who is helpful around the house can save the mother many steps". Complete all your chores in a timely manner; do things for others without being asked or reach out to your community; ex-ample landscaping or adopt a grandparent.
10. **FAITH**- Believe in yourself and you can achieve anything. Don't let anything or anyone stand in your way. Do something good for someone, and do it anonymously. Secret Pal, send some flowers, make some a sweet card (saying how great they are). BE CREATIVE
11. **PROSPERITY** - Advance or gain in anything good or desirable. Make successful progress in any goal or good fortune. To be successful. Work hard for a goal and achieve it. Examples: Raise your grades, collect books for the less fortunate, keep your room clean for a month.
12. **INTEGRITY**- Freedom from corrupting influence or quality or feeling of completeness. Say "no" to something that you know your parents or elders have taught that was wrong. OR, do something that you always wanted to do or something that makes you feel good inside. (Re-organize your room, paint a beautiful picture, or pamper yourself or a member of your family. Have a girl party and invite all your friends, do your nails, hair and tell each other why they are a good person).
13. **CELEBRATE**- Present your patch crowns, make certificates and have a celebration. You can create decorations, food, and decorate cupcakes.

Purchase our Princess for A Day for additional craft, recipe, and other activities.

Crafts

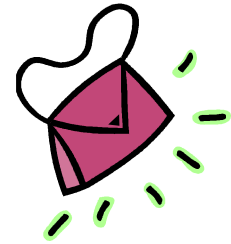
Purse [imagination]

Felt or vibrant colored material
Sewing machine or needle and thread
wide ribbon (for the strap)

Decorative items: iron on symbols, buttons, ribbons, decorative trim, sequins, etc.

Cut two pieces of material in the approximate size of 5 X 7 inches. One side will be the front and the other the back.

Decorate with the front with beads, buttons etc., before you sew the two pieces together.



After the purse is decorated place the front and back outside sides together. Sew the sides and bottom together, leaving the top portion open. Turn the purse right side out. Fold the top of the purse over to create a hem and stitch along the edge. Measure the length of the strap according to the person wearing it. Some like to wear it diagonal across the chest, so keep that in consideration. Stitch one end of the ribbon on the inside of the purse on the side seam. Making sure that the ribbon is not twisted attach the other end of the strap to the purse with a needle and thread.

Flower Pot Gift [faith]

Handful of small rocks
Small flowerpot
Potting soil
1 packet off marigold seeds
Water
Ribbon
Scissors
Pen and paper



Place the rocks in the bottom of the flower pot. Fill the pot up to the rim with soil. Place 3 or 4 marigold seeds on top of the soil. Make sure the seeds are evenly spaced apart. Cover the seeds with 1/4 inch of soil. Gently water the soil until it is thoroughly moist. Place the pot in a sunny window and keep the soil in the pot moist until the seeds sprout. It should take about 2 months for the plants to begin to bloom. When the plants bloom, find a nursing home or hospitable to find someone who might want some cheering up. Before you deliver the gift, add a ribbon and a sort happy note.

Customized Lampshade [imagination]

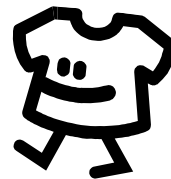
Apply craft glue to the bottom of any size lampshade and attach decorative ribbon to match your room.

Optional: Apply glue to the top of the lampshade and add ribbon to it as well. Add other decorations to the edges or sides.



T-shirt Pillows [imagination]

Favorite t-shirt you have outgrown
Needle and thread
Poly Fill stuffing



Choose a shirt that is decorative or colorful that you have outgrown. Stitch the bottom and sleeves closed. Place the stuffing inside and then sew the top shut. You can also use the sewing machine to make it quicker.

All the crafts can cover the requirements for knowledge and imagination.

Crafts

Keepsake Tin Gift Boxes [faith or kindness]

Decorate an Altoid® mint box or other small tin box and use it to store hair ties, candy or other little items. Create one as a gift and one for yourself.

Holiday Box– add mini candy canes, cinnamon candies and mini marshmallows into your box! Cover the lid with glitter and rhinestones. Buy some little foam snowflakes to add a feeling of winter.

Valentines day– give this to someone you care for. Fill this tin with hugs and kisses candies, a love poem and a picture of you! Decorate this tin with red paint and little wooden heart shapes. Add some stick on rhinestones.

Nail Care box– Decorate the lid with glitter glue and glittery nail polish. Then, glue on some painted fake nails. Put in a mini nail file, nail polish and nail decals.

Smile!- Decorate the lid with paint and let it dry. Glue on a small mirror and beads. Glue on a pipe cleaner around the mirror. Put in the box a mini toothpaste, a toothbrush and floss and some lip gloss.

Friendship box– decorate the lid with paint and write “Friends” on the box. Glue mini pencils around the border. Put in a mini gel pen and notebook and some mints.

Puppet Theater Using A Tri-fold Board [talent]

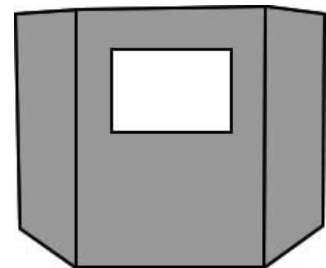
Tri-fold Board

Markers and scissors

Optional: Construction paper, glue, and tablecloth

Using a tri-fold board cut a rectangle out of the center to create your puppet theater. *[Adult assistance needed for cutting]*. Fold the board backwards as shown so the you can not see the puppets from the side. Decorate the outside of the tri-fold board with stars, lettering and other designs. You can also use construction paper to cut out designs and glue on the board. Set your theater up on a table and put on a show. Depending on your height you may want to sit on a chair.

Optional: Place a sheet or table cloth on the table slid forward so the participants can not see your feet.



Glittery Lip Gloss [integrity and knowledge]

1 tablespoon of petroleum jelly

1/4 teaspoon of loose powder eye shadow

Sprinkle of loose body glitter to add shine

Toothpick or plastic spoon to stir the mixture

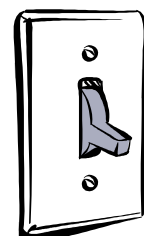
Container or ziploc bag to place the lip gloss in

Using a plastic spoon, place the petroleum jelly in the container or mini ziploc® bag. Place the loose eye shadow in the container. Different colored eye shadow makes the tint of the gloss change. Stir the items together in the container with a coffee stirrer or strong toothpick. If you are using a bag keep the items together in a small corner of the bag while you massage the dry items in the jelly. **EXPERIMENT!** Add the petroleum jelly, powder and glitter until it gets the color you desire.



Decorated Light Switch Panel [imagination]

Decorate the light switch panel by covering it with glitter glue and pretty rhinestones. Or, you could cut out pictures from a magazine and make a collage by gluing the pieces together. Cover it with a white glue. Let dry and place on your wall with an adults assistance.



Recipes

Rainbow Jell-O [kindness]

1 3-oz. packages **red** Jell-O (strawberry, watermelon, or cherry)
1 3-oz. package of **orange** Jell-O (orange)
1 3-oz. package of **yellow** Jell-O (lemon or pineapple)
1 3-oz. package of **green** Jell-O (lime or green apple)
1 3-oz. package of **blue** Jell-O (berry blue)
1 3-oz. package of **purple** Jell-O (grape)
glass dish to place creation in
non stick spray
whip cream or cool whip (optional)



Spray the glass pan with non stick spray and set the pan aside while you prepare the Jell-O.

In a small bowl, mix RED Jell-O in 1 cup boiling water. Stir until dissolved. Add 3/4 cup cold water; stir and pour into glass dish. Place dish in refrigerator, let set. About 1 1/2 hours.

Continue to layer the Jell-O in the above order to create the colors of the rainbow. Cut in squares and serve on a dessert plate. Add a touch of a fluffy cloud top with whip cream or cool whip.

Optional twists: You can prepare this creation in clear plastic cups instead of a dish. If you don't have time to create this project or you want to add a twist to it, then use Jell-O's Magical Twist gelatin.

Yummy Jam [knowledge]

20 ounces fresh strawberries
4 cups sugar
2 tablespoons fresh lemon juice
1 pouch liquid pectin
Paring knife
Cutting board
Large and small mixing bowl
Potato masher
Measuring cups and spoons
Wooden spoon
Jars with lids



Use the paring knife to remove the stems from the strawberries. Cut the strawberries in half and put them in the large mixing bowl. Use the potato masher to crush the berries. Measure two cups of crushed berries. (If extra, do not use it for the jam.) Stir the 4 cups of sugar into the 2 cups of berries. Mix well, and let stand for 10 minutes. Measure the lemon juice into the small bowl. Add the liquid pectin and stir well. Add the pectin mixture to the strawberries. Stir well for 3 minutes, until the sugar is completely dissolved. Pour the jam into jars. *Adult supervision needed for this project.

Make Hot Fruity Tea for a Family Member or Friend [integrity, helpfulness]

2 1/4 cups sugar
2 cups cold water
1 lemon rind

Heat the mixture over medium heat and bring it to a boil in a saucepan. Pour 4 cups of boiling water into a mixing bowl. Hang 4 tea bags over the bowl edge and let the tea steep for about 5 minutes. Take the tea bags out and add 2 cups orange juice, 1/2 cup lemon juice and the sugar mixture for taste. Stir well and pour it into pretty teacups!



Tea Time Recipes

Jam Cookies [integrity]

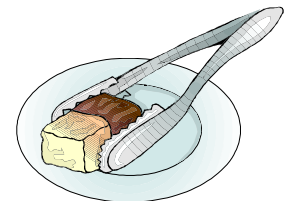
1/4 cup jam
1 cup butter, softened
1/3 cup sugar
1 3/4 cups flour
Pinch of salt



Preheat the oven to 350 degrees F. Spoon the jam into a small bowl and stir it until it is smooth. Set aside. In a mixing bowl, cream the butter and sugar together until they are light and fluffy. In a separate bowl, mix together the flour and salt. Add the flour mixture to the butter mixture and blend until a dough is formed. Pinch off bits of dough and roll them into 1-inch balls. Place the balls on a baking sheet about 1 inch apart. Press your finger into the center of each cookie to make a "well". If the dough cracks, pinch it back together. Fill each well with 1/4 teaspoon of jam. Bake the cookies for about 10 minutes. Remove them from the oven and cool.

Petit Fours [love]

Frozen large sized pound cake
powdered sugar (1-16 oz box)
butter, teaspoon of vanilla, wax paper, tray, milk, food coloring and gel icing for decorating.

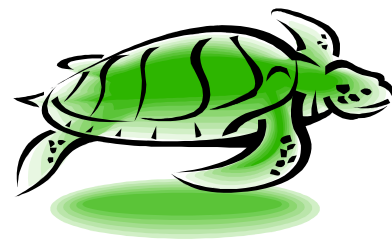


Trim all the crust off the sides, bottom and top, making sure that all sides are even like a rectangle box. Cut the pound cake in one inch strips. Once you have cut all of the strips, cut them in half length wise and then in squares. This will be the shape of the petit four.

For the icing, combine one box of powdered sugar and vanilla. Add milk to the mixture until it is smooth and thin enough to drizzle. Separate the icing into three bowls. Add food coloring to each one. Take a square of pound cake and rest it on your fingers. Use a large spoon and drizzle the frosting over the cake, making sure that the cake is completely covered on the sides and top. Slide the cake off your fingers onto a wax paper lined tray or pan. Continue with each cake until all are complete. Place the cakes in the refrigerator, usually overnight. Decorate with gel frosting creating flowers or squiggly designs or with sprinkles or colored sugar. Place on a serving dish on each plate.

Sea Turtle Crunches [knowledge]

1 1/2 cups pecan halves
24 caramels, unwrapped
1 cup milk chocolate chips, melted according to package directions
Assorted candy decorations such as sprinkles



Preheat oven to 325° Fahrenheit. Line a cookie sheet with foil and spray with nonstick cooking spray. Set aside.

Break pecan halves into 5 thin pieces lengthwise to create 4 legs and a tail for each 'sea turtle'. Use one pecan half as the head. Arrange the thin pecan slices, flat side down, on prepared cookie sheet, in clusters of 5 to form the turtle's four legs and tail. Place the pecan half for the head. Put a caramel on top of each group of pecans. Place cookie sheet in oven and heat until caramels soften (about 5 minutes). Cook cookies on pan for 10 minutes. Spoon about 1/2 teaspoon of melted chocolate onto each turtle and sprinkle with assorted candy decorations. Place in refrigerator to chill for 15 minutes and serve. *Makes 24.*

Good Deed and Honesty Coupons

This Coupon is For

TO

FROM

This Coupon is For

TO

FROM



This Coupon is For

TO

FROM

This Coupon is For

TO

FROM

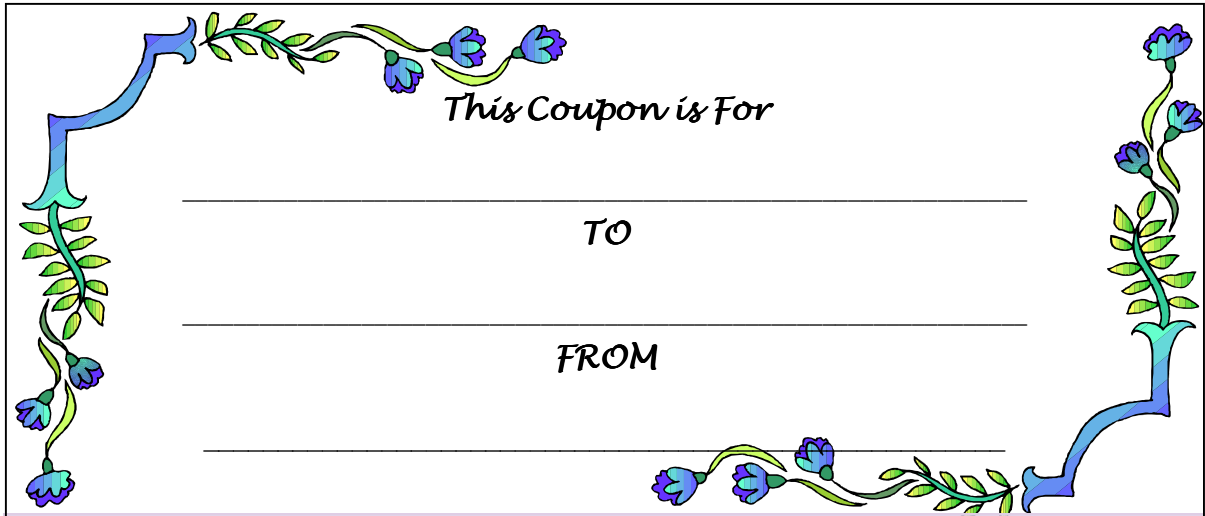
This Coupon is For

TO

FROM



Coupons



This Coupon is For

TO

FROM



This Coupon is For

TO

FROM



This Coupon is For

TO

FROM

Community Service Ideas

Sight Night

Step 1: Get Your Group Together! Collect used eyeglasses on your own or with a group of friends, scouts, club members, or schoolmates. (free flyers and door hangers to download)

Step 2: Print and personalize fun materials to help you collect used eyeglasses including door hangers, fliers and stickers in English, Spanish or French!

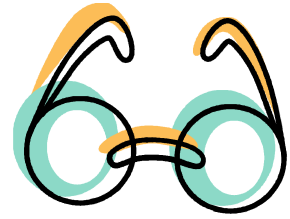
Step 3: Place door hangers Along Your Collection Route (three days to a week in advance)

Step 4: Ghost Hunt for Used Eyeglasses on Sight Night!

Step 5: Count Your glasses and Collect Your Certificate!

Step 7: Turn In Your Sight Night Eyeglasses at Your local LensCrafters and Lion's Club.

Step 8: Order your participation patch from Patchwork Designs, Inc.



Sock Drive

This patch program represents all the hard work that goes into collecting socks to give to those in need. You can donate to local shelters and churches or send them to oversea orphanages and organizations

Any mismatched, single, "gently worn" or new socks for men, women and children may be donated. The socks will be given to the Rescue Mission's Mobile Soup Kitchen and then passed out with every meal.



Teddy Bears

Mail teddy bears or drop them off at local fire departments, police stations, Ronald McDonald houses, or hospitals. Many teddy bears are given out each year to assist in calming traumatized children and grieving mothers. In addition, Bears are given to children and adults in need including the victims of floods, tornadoes, hurricanes, and domestic violence both in the United States and abroad. Join the forces and collect or create your own bear to donate to someone in need of comfort. Don't forget to purchase your patch as a reward.



Stockings for Children Program

Fill stockings for children in need. Children's Pediatric unit at hospitals, financial need, poverty, victims of natural disasters, etc. Contact your local hospital, Salvation Army, organization or church to see if you can donate to them.

Contact your local Salvation Army as they usually provide the stocking for FREE and all you have to do is stuff the stocking according to the list of items. http://www.salvationarmyusa.org/usn/www_usn_2.nsf

Bandages for Cancer Patients

Collect decorated bandages (band-aids) for young cancer patients.

Donate them at local hospitals or Ronald McDonald houses. Most children only receive a brown bandaid everyday, so brighten their day and donated decorated bandages for them to wear. <http://patchworkdesigns.net/collectingbandages.html>



Ronald McDonald House: <http://rmhc.org/>

Community service projects cover requirements # 1, #2, #6, #9 and #10.

Community Service To Create

Blankets for those in Need

This patch is remembrance of a great project assisting those in need.

Donate to local : Homeless shelters, Battered Wives shelters, churches donate them to those in need, elderly homes or assisted living, or animal shelters.

Participants of all ages can create blankets and distribute them to a variety of organizations.

DIRECTIONS ON HOW TO MAKE A BLANKET

Materials needed:

Less than a yard blanket would be nice to donate to the local animal shelters.

1 1/2 yard piece of polar fleece (Elementary school children)

2 yards of polar fleece (for teens)

Fleece is usually about 55" wide.

Directions:

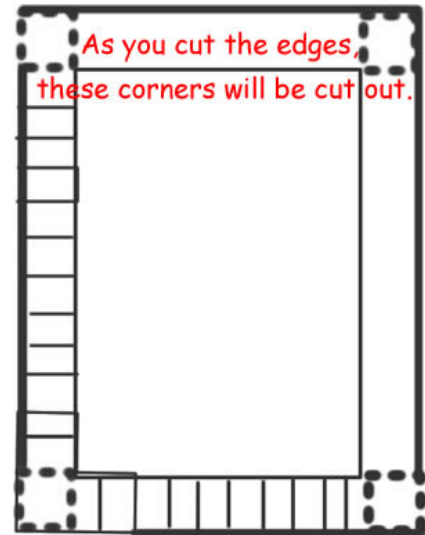
When purchased, sides of polar fleece have a rolled edge or a sel- vage.

Please trim this edge off prior to creating the blanket.

If you need a cutting guide place a piece of masking tape 5" in from the edge on top and bottom of blanket to be used as a cutting guide.

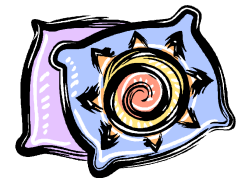
Cut top and bottom sides into 1" x 6" strips (cut toward center of blanket to make fringe). Eventually, you will cut out a square in the corners by creating your fringes. See diagram on the right. Remove masking tape.

Tie overhand knot on each strip to create a finished fringe edge as shown on the patch.



Pillowcases

Participants of all ages can create pillowcases and distribute them to a variety of organizations. You can decorate pillowcases with fabric paint OR sew pillowcases on the sewing machine. You can also decorate pillow cases to place toys in for children during the holiday season or birthday pillowcases to be distributed throughout the year at shelters or food banks. Make sure you label it with a tag for gender and age.



<http://patchworkdesigns.net/pillowcase%20project.htm>

Pinwheels for Peace

To earn this patch:

1. Decorate the pinwheel template using your imagination and artistic skills.
2. Write on the back what peace means to you.
3. Create your pinwheel by folding it together and attaching to a pencil.
4. Plant it somewhere so everyone can see it. You will need permission to plant them in a public facility.
5. Order your patch.


View the below website for a pinwheel template

<http://pinwheelsforpeace.com/pinwheeltemplate.html>



Community service projects cover requirements # 1, #2, #6, #8, #9 and #10.

Chore Chart

	Clean Room	Dishes	Set the Table	Vacuum	Dust	Pick up toys
Monday						
Tuesday						
Wednesday						
Thursday						
Friday						
Saturday						
Sunday						

Covers requirements # 9 or #11.

Princess Scout Checklist Sheet

Princess Scout Attributes You only need to complete 3 to earn the patch. Complete one [1] activity annually for the year bar	Description of item you did to complete requirement
Respect -Respect your elders or authority figures. Complete a good deed.	
Honesty - Be honest to your friends and parents, do not gossip or say means things about them.	
Kindness - To be compassionate to others and their feelings. Give freely without the thought of receiving a reward in return.	
Talent - Share your talents with others or practice your talents.	
Imagination - Share your creativity with others. The options are open, just use your imagination.	
Love -Help someone in need. Be buddy to someone or be helpful to someone.	
Friendship - Befriend someone new or makeup with a friend that you had a little spat with a while back. Make new friends but keep the old.	
Knowledge - Learn a new skill, study hard in school or share something you learned with others to spread the knowledge.	
Helpfulness - Complete all your chores in a timely manner; do things for others without being asked or reach out to your community; example landscaping or collecting food for the needy.	
Faith - Believe in yourself and you can achieve anything. Do something good for someone, anonymously. Secret Pal, send some flowers, make someone a card.	
Prosperity - To be successful you need to work hard for a goal and achieve it. Examples: Raise your grades, collect books for the less fortunate, etc.	
Integrity - Say "no" to something that you know your parents or elders have taught that was wrong or do something good for yourself.	

YOU ARE A
PRINCESS
SCOUT!

You are a true individual regarded as having the status and qualities of a princess. You explored paths of creativity, imagination, loving, caring, and kindness.

Wear your crown with pride!



AWARDED TO:

Date: _____

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AWARDED TO:

Date: _____

Patchwork Designs, Inc.

ORDER FORM

Please complete this form and mail or fax it to:

Patchwork Designs, Inc.

8421 Churchside Drive
Gainesville, VA 20155

(703) 743-9948 PHONE
(703) 743-9942 FAX



You can add any additional items to this form that you may need.

Name _____

Address _____

City _____ State _____ Zip _____

Phone () _____ Referred By: _____

Email Address: _____

Discover/MasterCard/Visa# _____ - _____ - _____ or Check # _____

Expiration Date: _____ Have you ordered before? _____

Item #	Description	Quantity	Unit Price	Total Price
PRINCESS	Princess Scout Patch		\$2.00	\$
	Princess Scout Bar _____ {year}		\$1.00	\$
			\$	\$
			\$	\$
			\$	\$
			\$	\$
			\$	\$
			\$	\$
			\$	\$
			\$	\$
			\$	\$
SUBTOTAL				\$
Regular Shipping & Handling (view chart on next page)				\$
Special Shipping (next day, priority mail etc)				\$
TOTAL ENCLOSED				\$

PATCHWORK DESIGNS, INC

WWW.PATCHWORKDESIGNS.NET

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 Gainesville, VA 201565
 Phone: 703-743-9948
 Fax: 703-743-9942
 E-mail: orders@patchworkdesigns.net


Patch and Program
 Created By:
Cheryle Oandasan

If you would prefer Priority Mail, please add \$2.00 to the \$4.99 or above shipping category.

Next day service is an average cost of \$28.00 (USPS determines the pricing according to the zone and weight.)

Patches	
1-5	\$3.55
6-20	\$4.99
21-30	\$5.99
31-50	\$6.50
51-70	\$6.99
71-100	\$9.55
101-150	\$10.55
151-200	\$13.00
201-400	\$15.99
401-500	\$17.50
Over 500	Contact us for pricing

Kits or Manuals (shipped Priority Mail)	
1	\$6.99
2	\$9.25
3-5	\$10.75
6-8	\$12.75
10-12	\$15.75
13-20	\$22.25
21-23	\$24.00
Over 24	Contact us for pricing

Kits and manuals range from 30 to 62 pages in length (except the Patch Program Book, that is over 100). Therefore if you are ordering more than 2 kits or manuals, please use the above shipping chart. Patches, bracelet kits, and stamps can be added to any order falling within that price range. Otherwise, use the highest shipping amount on the chart according to the items ordered.