

# WINTER GAMES 2022



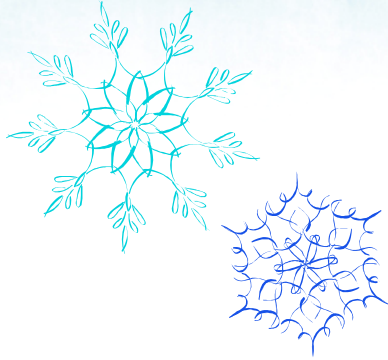
Complete 1 requirement to earn this patch. Item: [WINTER-GAMES-22: \\$1.50](#)  
Celebrate the Winter Games in 2022 with this commemorative patch!

## WINTER GAMES PATCH PROGRAM

All ages complete ONE requirement

**You can earn this patch by watching the Winter Games on TV, reading articles, viewing information on websites or attending a simulated version of the winter games.**

1. Learn more about the winter games and where they are located in 2022. Identify the country flag.
2. **Skiing:** Learn more about one of the following skiing sports: Alpine skiing, Cross Country skiing, freestyle skiing, or ski jumping. Watch the sport on TV or in person, watch a video, read an article, learn more about a famous person that participates in this sport, learn about ski safety, try out one of the sports OR make a poster or craft related to the sport.
3. **Ice Skating:** Learn more about the sport of ice skating. Watch a movie or TV show with ice skating, attend a show on ice, learn more about a famous person that participates in this sport, watch a figure, go ice skating, OR watch a skating competition on TV or video.
4. **Snowboarding:** This sport was inspired by skateboarding, sledding, surfing, and skiing. It was developed in the USA in 1960 and became a winter game in 1998. Watch the sport on TV or in a video, learn more about a famous person that participates in this sport, or try out snowboarding, OR attend an event that has snowboarding to view or participate.
5. **Curling:** This sport is very common in Canada and Scotland but is played by many other countries. The players need to slide stones across a sheet of ice towards a target area. Points are scored for the stones that landed nearest to the center circle. Watch the sport on TV or a video, learn more about a famous person that participates in this sport, or try out the sport by making a simulated curling game. Example: Create a board on a slick large plastic lid, draw a target at one end and try to slide pennies to the target end.
6. **Sleights:** Learn more about one of the following sports: Bobsleigh, Luge, or Skeleton. Watch the sport on TV or a video, learn more about a famous person that participates in this sport, or try out the sport by sledding or snowtubing.
7. **Ice Hockey:** This is a sport played on ice that skaters use sticks to push a hockey puck into the net to score points. Watch the sport on TV or in person, learn more about a famous person that participates in this sport, OR create a pennant, t-shirt, accessory, or banner that represents the team you like best.
8. Participant in a short workout routine, dance class OR sport of your choice. Make sure you warm up and cool down before and after exercising, drinking water before and after exercising, and use the proper equipment.
9. Each team or country has a different uniform that they wear when they are competing in the winter games. Choose one of the following: Learn more about a uniform from a country, such as colors or designs OR design your own uniform if you were in winter games.
10. Choose a recipe from the country that is hosting the winter games to try or celebrate a festival from that country. Suggestions: Zapekanka, potato pancakes, kulich sweet bread, or have a Zakuski, and assortment of cold and hot appetizers to share with everyone.
11. Play a game that helps you learn more about the winter games. Examples include a word search, sport matching cards, guess the winter game, or play charades and act out a sport OR word affiliated with the winter games.
12. Create a craft that represents the winter games. Examples include: hair wreath, medal, decorate a t-shirt, create a paper flag, OR make a craft from the country that is hosting the games.
13. Create your own winter games with your group or attend an event with a winter game theme. Examples include: charades, curling, parachute, games that symbolize the activities during winter games, team games, or other similar games.
14. Collect games for the less fortunate and donate them. Games can be card games, strategic games, or board games.
15. Create or enjoy foods are served in the winter. You can also have a pot luck party, candyland night, or winter wonderland event. Examples include: hot cocoa or cider, cupcakes with wintry decorations, warm cookies, comfort food like mac and cheese, OR anything that makes you feel warm inside.
16. Create a valentine or holiday card for someone. Suggestions are: Valentines for Veterans, Holiday Cards for the Soldiers, or reaching out to the elderly.
17. **Choose an athlete that is from your Thinking Day country, continent, or USA. What sport do they represent? Did they win?**

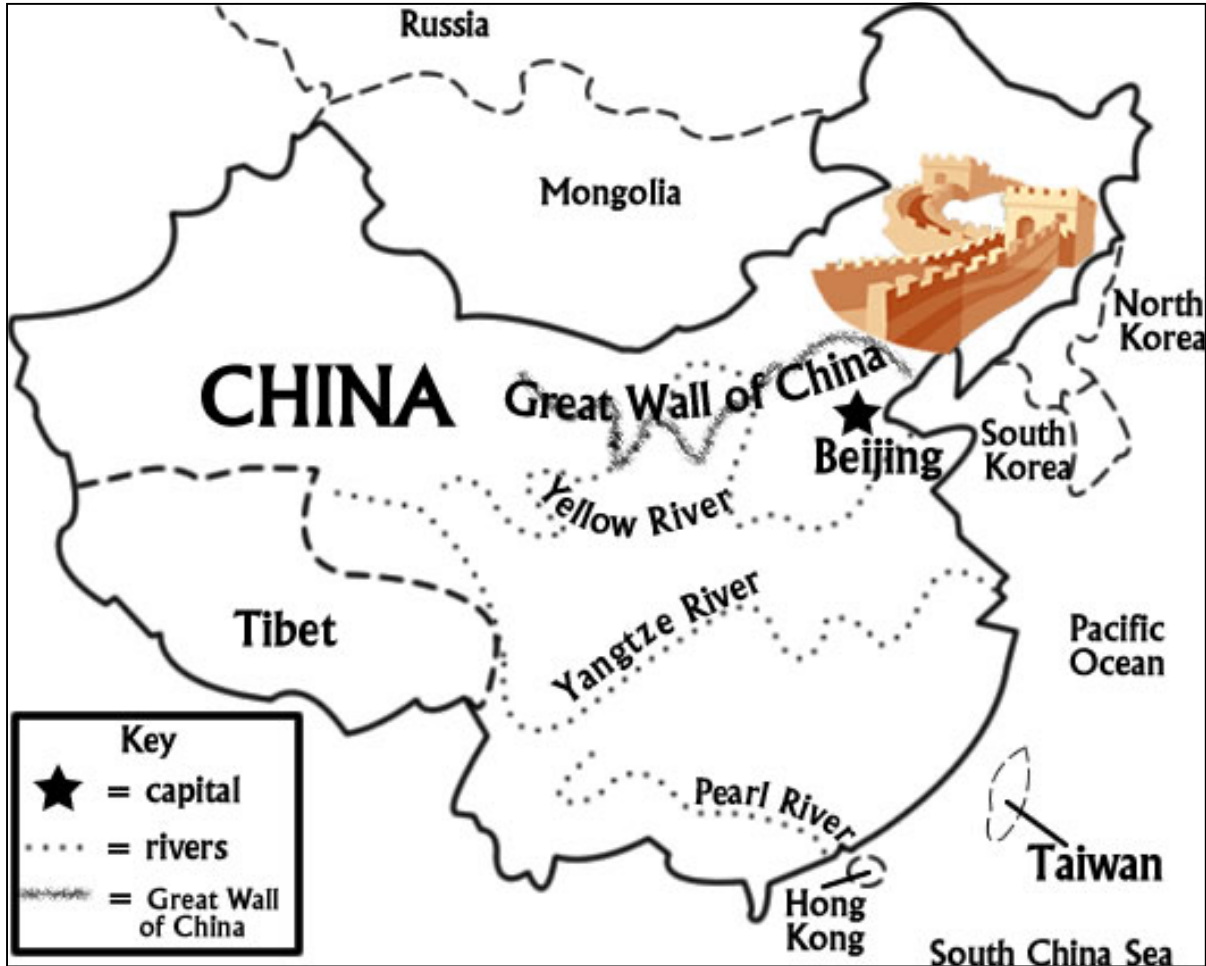


# MY WINTER GAMES BOOKLET



## Where are the Winter Games this year?

Beijing, China is the place where the Winter Games take place this year. Color the map and flag below to learn more about them.



Two Thousand years ago, the first emperor of China during the Qin (Ch'in) Dynasty ordered all the short walls, that were built in previous years to keep all the robbers out of China, to be joined together to form the Great Wall of China.



China's flag has a **red** background and the stars are a **golden yellow**.

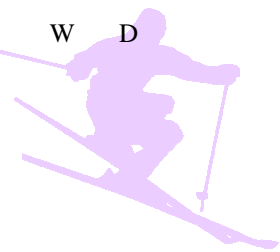
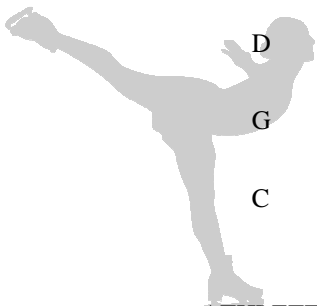
# Winter Games Word Search

S G B G D M U K K A W S S L S  
 F N N L N N E E W I N N K P O  
 Z R R I I I T D N U E O E M M  
 T O E F T E L T A T H W L U S  
 W R O E L A E R A L O B T J I  
 G R A H S R K K U S C O O I T  
 M N T I G T S S I C K A N K O  
 M A I A N D Y L E I E R H S I  
 Z A M I E I V L U C Y D C K R  
 U E E E K E N W E G I I R O T  
 S O P T R S X G R S E N O R A  
 A S M B R O N Z E E K G T E P  
 D E L S B O B E H U A I O A T  
 G N A H C G N O E Y P T U L G  
 C H A M P I O N W O N S H W D

ATHLETE  
 CHAMPION  
 GOLD  
 LUGE  
 KOREA  
 SKIING  
 SNOWBOARDING  
 WREATH  
 TRAINING  
 WINTER GAMES

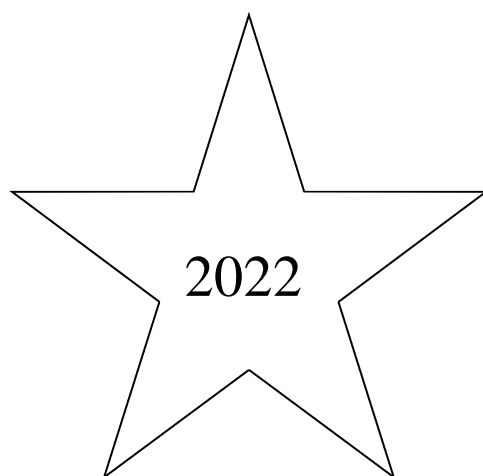
BOBSLED  
 CURLING  
 HOCKEY  
 MEDAL  
 SILVER  
 SKI JUMP  
 PYEONGCHANG  
 TEAM  
 UNIFORM  
 WORLD

BRONZE  
 FREESTYLE SKI  
 ICESKATING  
 PATRIOTISM  
 SKELTON  
 SNOW  
 SPEED SKATE  
 TORCH  
 USA



**Winter Games 2022 Poster**

WINTER GAMES



Watch the winter games or research on the computer. Write down the name and country of someone that is participating in the sport. Afterwards, it will create a string of cards of athletes participating in the winter games.

**Figure Skating**  
1st competition: 1924  
Name: \_\_\_\_\_  
Country: \_\_\_\_\_

**Pair Skating**  
1st competition: 1924  
Name: \_\_\_\_\_  
Country: \_\_\_\_\_

**Speed Skating**  
1st competition: 1924  
Name: \_\_\_\_\_  
Country: \_\_\_\_\_

**Curling**  
1st competition: 1924  
Name: \_\_\_\_\_  
Country: \_\_\_\_\_

**Snowboarding**  
1st competition: 1998  
Name: \_\_\_\_\_  
Country: \_\_\_\_\_

**Alpine Skiing**  
1st competition: 1936  
Name: \_\_\_\_\_  
Country: \_\_\_\_\_

**Free Style Skiing**  
1st competition: 1992  
Name: \_\_\_\_\_  
Country: \_\_\_\_\_

**Bobsleigh**  
1st competition: 1924  
Name: \_\_\_\_\_  
Country: \_\_\_\_\_

# Winter Games Themed Games

## Winter Games Memory Cards

Located on page 8 and 9 of this activity booklet are memory cards to *color* and *cut out and glue on index cards*.

*Color the cards according to the name of the color on the card. Color and cut out and glue on index cards.*



The game is best played two players so they can take turns finding the matches. If you have a large group, you can make several copies of the cards so you can create more than one game. Gluing them on index cards prevents them from seeing through the paper.

## Go for the Gold Card Game

Cards located on page 8 and 9 of this activity booklet are Winter Games Cards *Make two copies of the cards so there are 4 of each kind.*

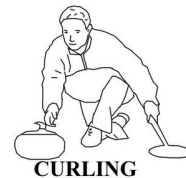
*Color the cards according to the name of the color on the card. Color and cut out and glue on index cards.*



The game is best played with 3-4 players. Each person is given five cards, the remainder is placed in a deck face down. The first player begins by asking for a match to anyone playing. If they do not have a match then they say "go for the gold!" The player draws a card from the deck. If they receive a match from a player or the deck then they lay it down in front of them. The first person that goes out with no cards in their hand wins.

## Guess the Winter Game!

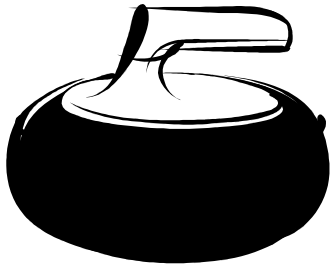
Cut out the cards located on page 11 and 12 along the lines. Fold on the center line to hide the answer. See how many sports you can guess. Can you think of any other sports that are featured in the Winter Games?



## What Sport Would You Be Good At?

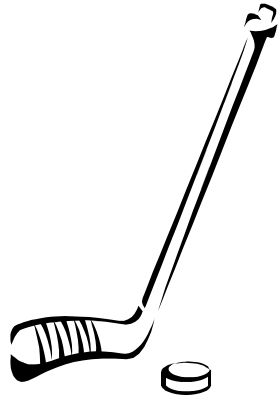
Cut out the cards located on page 10 along the lines. Have someone tell you the clues and have you guess the sport. If it describes you, you might be good at that sport!

**RED**



**CURLING**

**BLUE**



**HOCKEY**

**PINK**



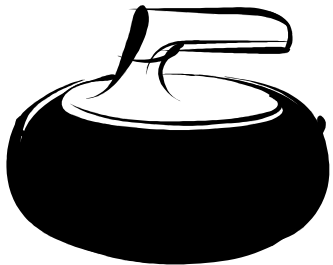
**FIGURE SKATING**

**PURPLE**



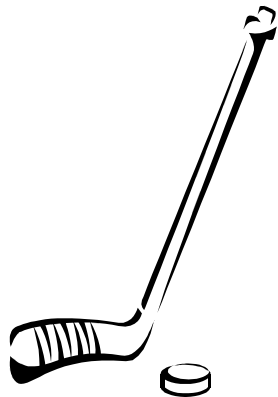
**SKIING**

**RED**



**CURLING**

**BLUE**



**HOCKEY**

**PINK**



**FIGURE SKATING**

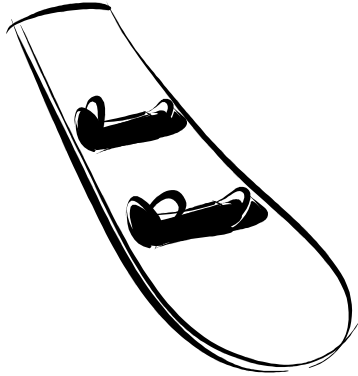
**PURPLE**



**SKIING**

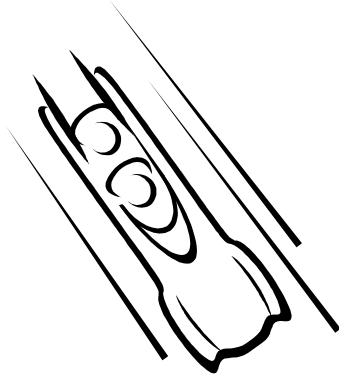


**GREEN**



**SNOWBOARDING**

**YELLOW**



**BOBSLED**

**ORANGE**



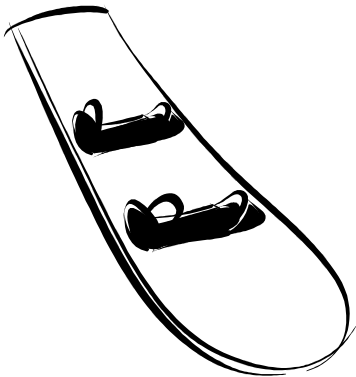
**LUGE**

**TEAL**



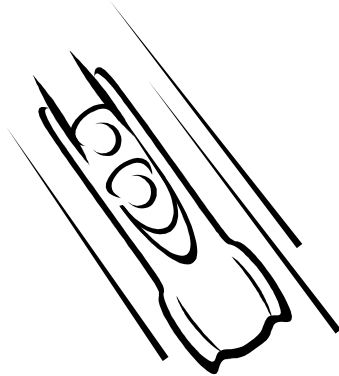
**SPEED SKATING**

**GREEN**



**SNOWBOARDING**

**YELLOW**



**BOBSLED**

**ORANGE**



**LUGE**

**TEAL**



**SPEED SKATING**

I like skating  
I have good balance  
I am a team player  
I am coordinated  
I can skate on ice

**You may like to figure skate**



I like skating  
I have good balance  
I am a good runner  
I can go fast around an ice skating rink  
I enjoy skating and competing.

**You may to explore being a speed skater.**



I can ski

I am an experienced skier  
I am not afraid of heights

**You may good at a Ski Jumper**



I am tall

I can ice skate

I can use a hockey stick  
I can slide the puck in the goal.

**You may like to play hockey**

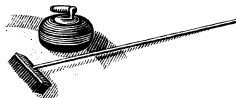


I know how to keep score

I can use a curling disk  
I am have good hand eye coordination

I can hit a target

**You might like to play curling**



I like going down water slides

I am not afraid of heights  
I have good balance  
I have a long body

**You may like The luge**

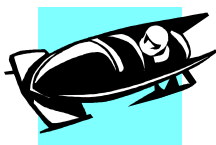


I have used a sleigh

I have went snowtubing

I can keep my balance while sledding  
I enjoy sledding fast

**You may like to bobsled**



I like skiing

I am good at skiing  
I am not afraid of heights  
I have good balance on skis

**You may like Free-style skiing**

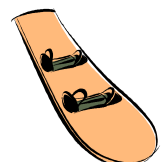


I enjoy skateboarding or surfing

I can do fast moves  
I can keep my balance on a board.

I have snowboard and can use it

**You may enjoy snowboard-ing**




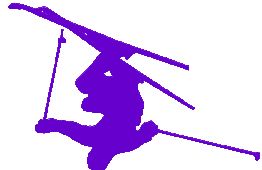
## Guess the Winter Game!

Cut out the cards along the lines. Fold on the center line to hide the answer. See how many sports you can guess. Can you think of any other sports that are featured in the Summer Games?

Fold on the line  
To create hide  
the answer.

|   |   |
|---|---|
|  <p data-bbox="609 562 743 640">Answer: Hockey</p> | <p data-bbox="316 823 730 982">I am a sport that involves long wooden sticks that push a puck across the ice.</p> |
|---|---|

|   |   |
|---|---|
|  <p data-bbox="990 625 1388 667">Answer: Figure Skating</p> | <p data-bbox="901 823 1315 982">I am a sport that involves moving on the ice with skates to music and special routines.</p> |
|---|---|


|   |  |
|---|--|
|  <p data-bbox="495 1423 747 1465">Answer: Skiing</p> | <p data-bbox="292 1600 714 1801">I am a sport that has two long slender runners for your feet and two slender poles in your hands used to glide over the snow.</p> |
|---|--|

|   |   |
|---|---|
|  <p data-bbox="982 1432 1380 1474">Answer: Snowboarding</p> | <p data-bbox="917 1600 1299 1759">I am a sport that both feet are secured on a board used to glide on the snow.</p> |
|---|---|

## Guess the Winter Game!

Cut out the cards along the lines. Fold on the center line to hide the answer. See how many sports you can guess. Can you think of any other sports that are featured in the Summer Games?

Fold on the line  
To create hide  
the answer.



Answer: Bobsleigh or bobsled

I am a sport which teams of two or four people make timed runs down narrow, twisting, iced tracks in a sleigh.




Answer: Curling

I am a sport that you slide stones across the ice towards a target.



Answer: Skeleton

I am a sport that a single person goes down a frozen track laying face down on a small sled.



Answer: Fencing

I am a sport that a saber is used for defense and attack to earn points against their opponent.

# Host Your Own Winter Games Party!

## Setting up for your Winter Games Party

**Table Decor:** Patriotic star centerpieces, mini American flags, or festive cupcakes.

- **Place cards** can be star garland woven into a star with their name attached to it or a wooden star with their name on it. View our **invitation** template on the next page.
- **Serving Trays or Dessert Tiered Tray:** Purchase plastic star plates to place small treats on the table. Pitcher of lemonade—strawberry or cherry would fit the theme. Larger red, white, or blue bowls and containers can be on the serving table with cupcakes, chips, and sandwiches. You can sometimes find nice trays on clearance after Fourth of July at craft stores. If you have dessert tiered tray that holds plates, you can switch out the plates for red, white or blue.
- **Favors or Gifts to Guests:** These could be crafts they complete or items to compliment the theme. Examples: make your own patriotic shirt, design your own medal, mini American flags, make a patriotic barrette, or play jewelry.
- **Decorations:** Paper lanterns, tissue paper flowers, vibrant banners, star garland, bunting, twinkling lights, winter themed items, etc.
- **Crafts or Activities After the Food:** Choose a separate area to conduct crafts and games. Examples are: score cards, hot gluing ribbon to a dowel to wave, make a USA pennant, design your own uniform, and play our games in this kit. View our Winter Games, USA or Washington, DC patch program for more information on crafts and activities. Available free online.
- **Community Service:** Have guests bring a game or winter item to donate for community service in spirit of the teams coming together for Winter Games. Donate them to a local organization, Ronald McDonald House, nursing home, or hospital. See our website for more.



## Suggestions of Activities to Do While Watching the Winter Games:

- **Score the Athletes:** Make your own score cards from 0-10 to rate the athletes after they have performed. See how close you were!
- **Do the Winter Games Word Search** during commercial breaks.
- **Try different foods** from around the world to experience new cultures.
- **Root for your team** with waving your USA pennant or ribbon stick.
- **Walk with the athletes** while the Torch Ceremony is going on with your own torch.
- **Play Charades** of different Winter games featured on commercial breaks or after the events.
- **Participate in a short workout** including some Winter games moves! Some examples are: moving your arms like a swimmer, stretching like you're gliding on the ice, and more.
- **Have a Candyland or Winter Wonderland Party** and serve hot cocoa and sweet treats! Set the table with cups and colorful paper plates and napkins.
- **Make mini snacks** to eat while watching the game. Some examples are: mini sandwiches cut into stars, mini pancakes or cupcakes, fruit and yogurt parfait, a milkshake, or an ice cream sundae.
- **Take the "What Sport Would You Be Good At?" questionnaire** in this kit for yourself to find out what your Winter Games calling is!
- **Play team games** with your family and friends in the spirits of the game.
- **Make everyone a winner** by making them a wreath and medal for them to wear during the games.



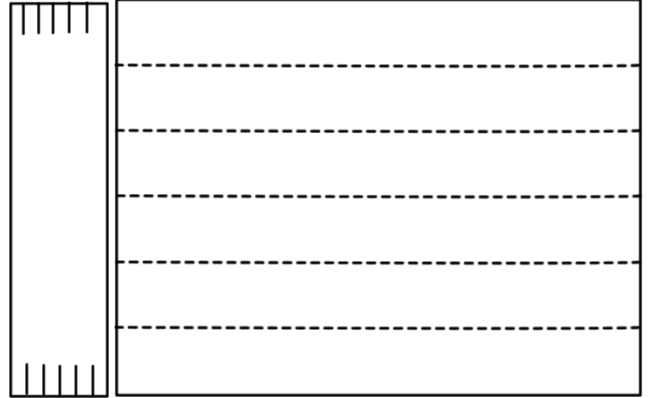
# Winter Games Crafts

## Knotted Scarves

1 yard of polar fleece (makes 6 scarves or belts) if it is 60 inches wide.

Optional: Beads and Fabric Paint

When purchased, sides of polar fleece have a rolled edge or a selvage. Please trim this edge off prior to creating the scarf. Measure 6 inches in width and make the first cut. If you don't have a grid board or measuring stick to follow then fold the scarf up as you cut to keep the cut straight. Fringe the ends by cutting slits at the end of each scarf. Have the participants knot the fringes. For extra they can add a pony bead to each fringe and then knot the fringe. If you are donating your scarves, please do not donate beaded scarves to young children. For extra, create unique designs on your scarf with fabric paint. Make sure the paint is dry prior to using the scarf. Follow the directions on the container for use and laundering.



## Winter Games Torch

White construction paper or cardstock

Packaging tape

Red, yellow, and orange tissue paper

White glue



Roll the white paper into a cone shape and tape closed. Cut the tissue paper into squares (about 12" x 12") or cut them into random shapes. Gather all the tissue paper in your hand and glue them in the center of the cone. Let dry completely before using to march at your own Winter Games.

## Gold Medal

Pattern, on the next page

White or gold cardstock

USA, gold, or black ribbon

Hole punch

Gold paint or permanent markers (if your paper is not gold)

Glitter, sequins, rhinestones, permanent markers, etc. for decorating



Copy the pattern on the next page for the medal circle outline so everyone has one circle. Have them color or paint the circle gold if your paper is not gold. Let it dry and write or decorate with glitter, sequins, rhinestones, permanent markers, etc. Some examples are: #1, USA, winner! Hole punch the top when dry and thread the ribbon through and wear around your neck.

## Champion Wreath

Leaf and/or flower garland

Silver or gold star confetti (optional)

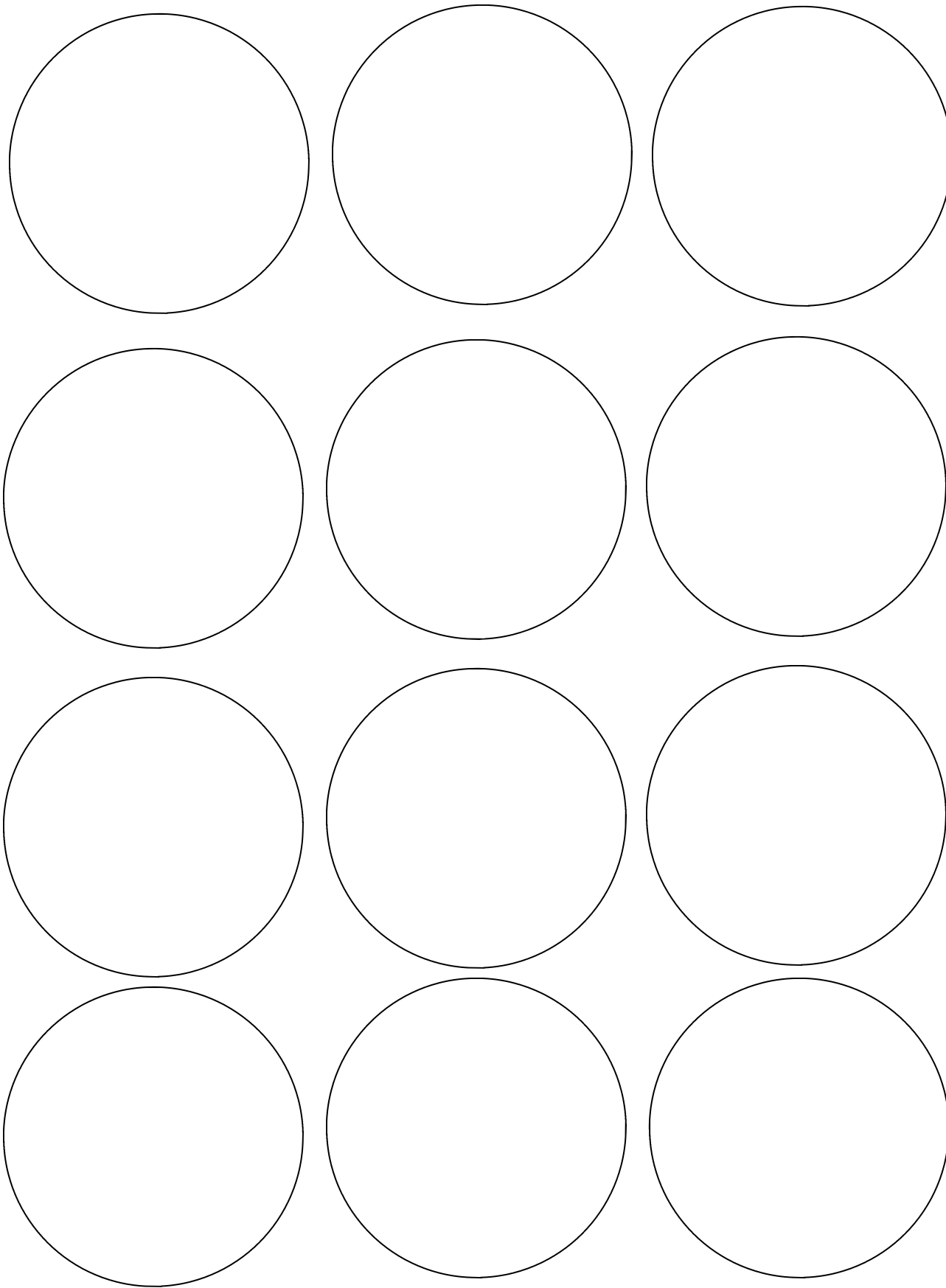
Hot glue gun with glue sticks

Ribbon



Wrap the garland around your head to measure and cut. Hot glue silver stars in the garland, if using. Tie the ribbon to the ends of the wreath and tie around the head to secure. You can also make a bow and hot glue it to the wreath if you wish.

# Gold Medal Template



## Patriotic Crafts



### Decorate Your Own Totebag

Plain light colored canvas tote bag

Water bottle and small towel

Optional decorations: fabric markers, rubber stamps and fabric ink pads, stencils, iron decals or appliques.

Paper and pencil

Have the participants choose the items they wish to use on their totebag. Give them a piece of paper and pencil to draw out the design or create a unique design before they start drawing. Assist them in ironing items. You can make it patriotic if you wish by writing "USA" or "#1" on it. Place your water bottle and towel in the totebag.

### USA Pennant

Blue, red, or white felt

Puffy paint and fabric markers

Silver glitter glue

Permanent markers

Wooden dowel

Hot glue gun with hot glue sticks



Cut the felt into how big of a triangle you want for your pennant. Cut the flat edge a little bigger. Place a line of hot glue on the top of the dowel, measuring the length of the flat edge of the pennant. Wrap the edge around the dowel where you put the glue and press it down. Lay the pennant flat on the table and decorate with puffy paint, fabric markers, silver glitter glue, etc. Some suggestions are: GO TEAM!, I LOVE USA, GO USA.

### Patriotic Tye-Dye Shirt

white 100% cotton t-shirts

rubber gloves

rubber bands

Plastic tablecloth or a large garbage bag per participant to place on your lawn

tie dye kit [found at your local craft store]

old clothes to wear while dyeing



There are several ways to tie-dye a piece of clothing. Start with a white piece of cotton clothing that has been washed at least once. **\*\*CAUTION: Don't work with dyes in or around where food is prepared, or mix dyes with a container or spoon used for eating.\*\***

#### Three different design ideas:

- 1) Take a dowel rod or stick and place it in the middle of a shirt. Twist the rod ever so slightly until the shirt is turned into a complete circle of swirls. Do the same to the sleeves or create another design. Rubber band the circle of the shirt and other areas you have swirled the shirt. Apply the dye as directed on the container.
- 2) Tie rubber bands in different areas of the shirt. Keep in mind the bands must be tight to ensure that the dye doesn't seep through to areas that you would like to stay white. Apply dye as directed.
- 3) Twist, turn and bind the shirt in different areas and designs. Secure the design with rubber bands. Apply dye as directed on the container.

For a variety of colors on your shirt, use the squeeze or spray bottle method. Mix your dye as directed. Saturate the area where you would like that color and continue this method with other colors. Place item in a gallon ziploc bag sealed tight for at least 24 hours. Wash garment in the washer alone in cold water until all colors run clear. Toss it in a dryer to set the colors. NOTE: Do not wash with other shirts due to the dye bleeding on other clothing.

**Covers requirement #12**



# China Themed Crafts

## Chinese Lantern

Red construction paper

Markers

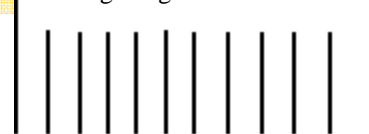
Glue and scissors

Stapler

Optional: String for a garland or yarn and dowel, if you are placing it on a stick.

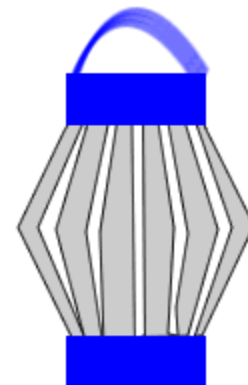


Cutting Diagram



Fold the construction paper in half horizontally. Cut a 1/2 inch piece off the end to use for the handle. Cut parallel slits in the paper on the folded edge, upward and downward, to about one inch from the edge of the fold. Open the paper and decorate the top and bottom of the undecorated edges with markers.

Connect the right and left sides of the paper to make a cylinder, with the decorated side facing out. Staple or tape the edges together, making sure they overlap. Glue the seam. Pinch the strips on fold to make them more defined. Place the construction paper loop at the top with the stapler. Display the lanterns around the room on a dowel or a string like garland.



**Option 2:** You can also purchase paper lanterns at craft and party stores and have the participants decorate them with stickers or markers. You can hang them on a string or dowel.

## Yuan Tan Envelope

Red paper

Scissors

Tape

Yarn

Markers



Cut your paper 8 1/2 X 11 paper in half. It measures 8 1/2 inches wide by 5 1/2 inches tall. Color the outside of the paper if needed.



Fold the sides in to make an envelope. Fold the left hand side in 2 3/4 inches inward. Fold the right side 2 3/4 inches inward. This leaves a 3 inch area in the middle. Crease the folds firmly. Tape the last fold down securely. Fold the bottom of the tri-fold about 1/2 inch upward. Tape the bottom securely. Fold the top portion of the envelope down one inch. This is the top flap. For extra, draw a design on the front of the envelope. Once the envelope is decorated, secure it with a piece of yarn.

Make your own paper money to place inside the Yuan Tan envelope. Gung-Hay-Fat-Choy! or Happy New Year!

**Paper Fan** Fans were used on a daily basis and during festivals.

Colorful paper/scrapbooking paper (12X12)

Markers

Ribbon

Scissors

Hole punch

Stapler



Use the markers to decorate the fan, before you fold it. Fold the paper accordion style, starting at the shorter end of the paper.

Staple the fan about one inch from the bottom of the folded paper and punch a hole below the staple. Thread the ribbon through the hole and tie a bow. Spread the fan out one fold at a time carefully so that the paper doesn't rip.

Use your fan for a special occasion.

# Winter Games Recipes

## Around the World Cupcakes

1 box of cupcake mix, any kind, and the ingredients to complete  
 Cupcake liners  
 Toothpicks  
 World flags and tape  
 White frosting  
 Green and blue food coloring



Prepare the cupcakes according to the package and let cool completely. Divide the white frosting in half and drop a couple drops of green food coloring in one side and blue in the other side. Frost all the cupcakes blue except 7 (unless you want to do more than one for each continent). Frost the remaining 6 green. Place a country flag from each continent that participates in the Winter Games in each of the 6. For example: USA, Kenya, Russia, Bolivia, Japan, Australia. For extra, you can top the cupcakes with something that represents the country—like a tea cookie for England.

## Snowflake Cookies

1/2 cup butter  
 1 cup sugar  
 2 eggs  
 1 tablespoon milk  
 2 1/2 flour  
 1/2 teaspoon vanilla  
 Snowflake cookie cutter  
 Decorative items: icings, sprinkles, candies, chocolate chips, etc.



Cream together the butter and sugar until fluffy. Beat in the eggs one at a time, then stir in the vanilla. Combine the flour; gradually blend into the creamed mixture to form a soft dough. Cover or wrap dough, and refrigerate for 2 hours. Preheat oven to 375° F. Roll out onto a floured surface about 1/4 inch thick surface. Cut into snowflake shapes using cookie cutters or your own creative designs. Spoon dough on the ungreased cookie sheets about 2 inches apart. Bake for 8 minutes or until golden brown. Decorate after they have cooled.

## Microwave S'mores

Ingredients needed per person  
 2 Graham Crackers  
 1 Marshmallow  
 4 squares of Hershey chocolate bar



Place one graham cracker square on plate, 4 squares of chocolate bar, top with one marshmallow, top with the other half of the graham cracker square. Cook in microwave 10 seconds on high until marshmallow is partly melted. Take out, squish together and enjoy! If the s'mores is not melted enough, put in for another few seconds. Note: Microwaves vary, if yours is very powerful, start w/5 seconds and increase time until melted to your liking.

## Hot Chocolate

6 cups milk  
 6 oz. cooking chocolate  
 2 teaspoons of sugar

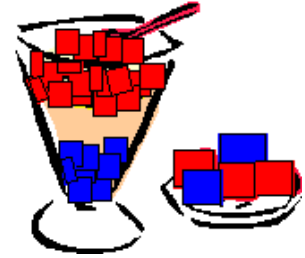


Add all the ingredients to a medium saucepan on low heat, stirring to dissolve the chocolate. When chocolate is completely dissolved and mixture is well blended, remove from the heat. Wisk until chocolate becomes bubbly. Serve hot in cups or mugs.

# Patriotic Recipes

## JELL-O® FUN

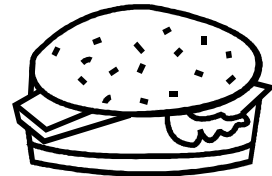
- 4- 4 oz packages of Jell-O® gelatin (red)
- 4 -4 oz packages Jell-O® gelatin (blue)
- 5 cups water; boiling
- large tub of Cool Whip®, plastic clear cups or dessert cups



Stir boiling water into gelatin, dissolve completely. Pour each color mixture slowly into 13 x 9 inch pan. Chill at least 3 hours. Jell-O® will be firm after 1 hour, but may be difficult to remove from pan. Cutting Jell-O®: Dip bottom of pan in warm water for 15 seconds to loosen gelatin. Cut Jell-O® into small cubes, thumb print sizes, all the way through gelatin. Lift out with spoon or spatula. Makes about 10-12 cups of dessert (depending on the size of the cup) Dish out blue Jell-O®, add a layer of cool whip, now finish off with a layer of red Jell-O® The clear cup should look like red, white and blue layers.

## Red, White, and Blue Cheeseburger

- 1/2-1 pound of lean ground beef
- Tomatoes or ketchup
- Mayonnaise, onions, or Swiss cheese
- Blue cheese
- Salt and pepper
- Hamburger buns



Form the meat into patties and sprinkle salt and pepper on them. Place onto a ready grill and grill them until desired temperature. Place tomatoes or ketchup, mayonnaise, onions, or Swiss cheese, and blue cheese onto your patriotic cheeseburger and enjoy!

## All American Apple Pie

- 1 1/2 cups all-purpose flour
- 1/2 cup vegetable oil
- 2 tablespoons cold milk
- 1 1/2 teaspoons white sugar
- 1 teaspoon salt
- 6 apples, cored and sliced
- 3/4 cup white sugar
- 3 tablespoons all-purpose flour
- 3/4 teaspoon ground cinnamon
- 1/2 teaspoon ground nutmeg
- 1/2 cup all-purpose flour
- 1/2 cup white sugar
- 1/2 cup butter



Preheat oven to 350° F. **Crust:** In a large bowl, mix together 1 1/2 cups flour, oil, milk, 1 1/2 teaspoons sugar and salt until evenly blended. Pat mixture into a 9 inch pie pan, spreading the dough evenly over the bottom and up sides. Crimp edges of the dough around the edge of the pie pan. **Filling:** Mix together 3/4 cup sugar, 3 tablespoons flour, cinnamon, and nutmeg. Sprinkle over apples and toss to coat. Spread evenly in unbaked pie shell. **Topping:** Using a pastry cutter, mix together 1/2 cup flour, 1/2 cup sugar and butter until evenly distributed and crumbly in texture. Sprinkle over apples. Put pie in the oven on a cookie sheet to catch the juices that may spill over. Bake 45 minutes.

# Chinese Recipes and Food

## Almond Cookies

- 1 cup shortening
- 2 eggs
- 3/4 cup of sugar
- 2 eggs
- 1 tablespoon of almond extract
- 2 1/4 cups of self rising flour
- 1/2 cup of almond halves
- 1 egg beaten



With an electric mixer in a large bowl, cream together shortening and sugar. Beat in the eggs, one at a time, mixing well. Add the almond extract. With a party blender or wooden spoon, gradually blend the flour mixture into the shortening. The dough should be fairly firm. Divide the dough in half, roll each into a log, about 1-1/2 inch in diameter. Wrap each log in waxed paper and refrigerate for 4 hours.

Preheat the oven to 375 degrees F. Cut the dough into 1/4 inch thick slices. Place cookies on an ungreased cookie sheet. Top each cookie with an almond half. Brush cookies lightly with beaten egg. Bake for about 10 minutes, or until light golden.

## Chiao-Tzu (Dumplings)

- Pre-made wonton type wrappers (square)
- 1 cup of cabbage
- 1 teaspoon of salt
- 2 scallions, finely chopped
- 1 pound of uncooked beef or turkey or pork
- 1/2 teaspoon of pepper
- 1 teaspoon of sesame oil
- Soy sauce



Chop the cabbage small pieces, place it in a bowl. Mix it thoroughly, using your hands, with the teaspoon of salt. Squeeze any excess water from the cabbage. Dispose of the water. Cut up the scallions in small pieces. Add all the ingredients to the cabbage, mix thoroughly.

Place a teaspoon of the filling in the center of each square wrapper. Fold the edges over the filling to form a half moon shape. Pinch the edges closed with your fingers, making small dents along the edge of the dough. If you fill the wrappers too much or do not close them completely the filling will come out.

Bring a large pot of water to boil. Add 2 teaspoons of salt to the water. Carefully place the dumplings one at a time in the boiling water. Stir the dumplings to prevent them from sticking to the pot. The dumplings are done when they float to the top of the pot and look puffy. Carefully take them out of the pot with a strainer or slotted spoon. Place them on a serving plate, serve them warm. Dumplings are typically dipped in soy sauce when eaten.

## Chinese pre-packaged foods available at local Asian markets:

These are easy to serve at group events or for taste tests.



Fruit Candy



Flour cake (fried dough held together with a sugar mixture)



Bread Sticks



Mini Jelly cups



White rabbit candy (similar to taffy)



Oolong tea

# Patriotic Games

## Patriotic Relay

For each team:

Large white, red, or blue t-shirt

Cheap/costume/plastic jewelry (ex. Clip-on earrings, bangles, headbands, large necklaces, etc.)

USA pennant, tie-dye shirt, star wand, ball cap—anything else you can think of

Red, white, or blue flip flops

Denim elastic shorts

Plastic bin to fit all of the items in



Divide your group into even teams. Have a leader oversee them and say when to go. On the start of go, the first team member has to place all of the items in the bin on and walk or run as quickly as possible (be very careful of tripping!) to the other side and the person has to take all of the items off when they get there and place them in the bin. Make sure to tell them to go to the other side with the bin! They walk or run quickly back and hand it off to the next person in line and they repeat the process until all of the people have gone. Whoever is the fastest team, wins.

## USA Scavenger Hunt—this works great outside too!



*Equipment:* pictures of various USA items (The White House, USA flag, Statue of Liberty, etc.)

Hide the pictures of USA in various places around the room. Write clues to guide the players to the clues. Example: this building is near something blue (ex. a chair) or this is not near the Statue of Liberty. You can also split up into teams and see who finds the most.

## American Flag Relay

Two buckets filled with sand

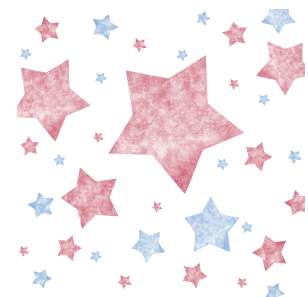
Mini American flags (about 20), depending on how many people you have



Mark a line with a beginning area and have the participants line up in a line. Place the buckets at the ending point and stick the American flags inside the buckets, one for each player. Have the first one in line race toward the bucket at the end and grab a flag out of the bucket. They race back to the line and go to the end. The first team that collects all their flags win. For their prize, they can keep their flags.

## Red, White, and Blue

Have all the participants sit in a circle and pick someone to go first. They say something that is red (ex. Cherries) and have the next person say something white (ex. Cotton balls), then blue (blueberries). Have this continue around the circle with different items. No one can repeat items or take too long or they're out. The last person standing wins.



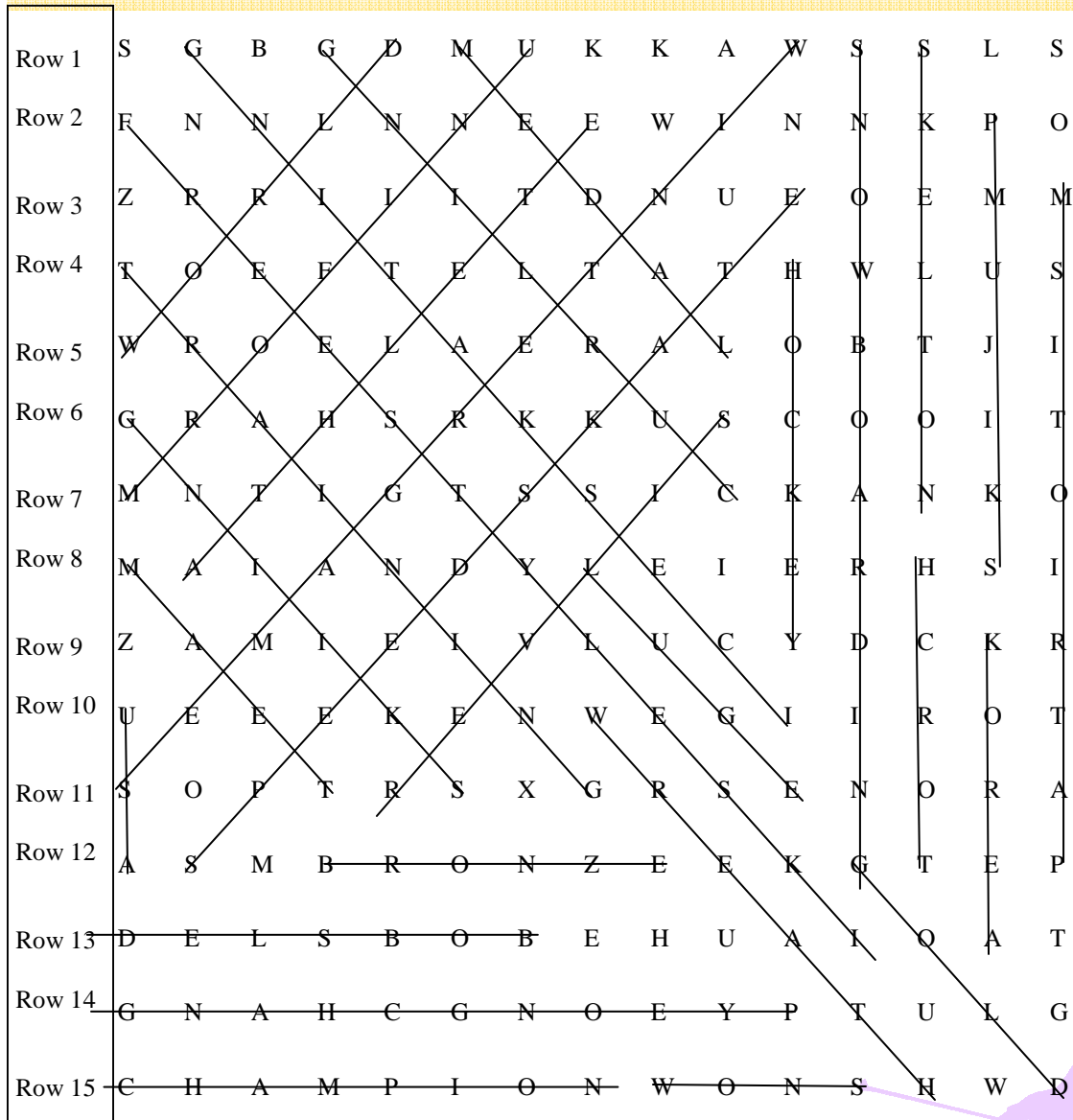
## Token Tag



Even number of red, white, and blue tokens

Give each player a red, white, **OR** blue token and have someone begin the game. The players try to tag someone, and when they do, they get their token. If they have more than one, then they get to choose or the tagged player does. Whoever gets a red, white, and blue token first wins.

# Winter Games Word Search



ATHLETE (row 8-diagonal-UP)

BOBSLED (row13-across)

BRONZE (Row 12-across)

CHAMPION (row 15-across)

CURLING (row 7-diagonal-backward)

FREESTYLE SKI (row 2-diagonal-down)

GOLD (row 12-diagonal down)

HOCKEY (row 4-down)

ICESKATING (row 10-diagonal-up)

LUGE (row 8- down diagonal)

MEDAL (row 1-Diagonal down)

PATRIOTISM (row 12- UP)

KOREA (row 9-down)

SILVER (row 6-diagonal-backward)

SKELTON (row 1 -down)

SKIING (row 11-backward-diagonal)

SKI JUMP (row 8-backward-UP)

SNOW (row 15—across backward)

SNOWBOARDING (row 1 down)

PYEONGCHANG (Row 14-across-backwards)

SPEED SKATE (row12-diagonal-UP)

WREATH (row 10-diagonal down)

TEAM (row 11-diagonal-backward)

TORCH (row 12 up-backwards)

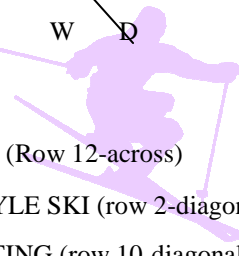
TRAINING (row 4, diagonal, down)

UNIFORM (row 1 diagonal, down)

USA (row 10-down)

WINTER GAMES (row 1-diagonal-down)

WORLD (row 5, diagonal, UP)



Patchwork Designs, Inc.

**ORDER FORM**

Please complete this form and mail or fax it to:

**Patchwork Designs, Inc.**

8421 Churchside Drive  
Gainesville, VA 20155

(703) 743-9948 PHONE

( 703) 743-9942 FAX

You can add any additional items to this form that you may need for your event or group.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (     ) \_\_\_\_\_ Referred By: \_\_\_\_\_

Email Address: \_\_\_\_\_

Discover/MasterCard/Visa# \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ or Check # \_\_\_\_\_

Expiration Date: \_\_\_\_\_ Have you ordered before? \_\_\_\_\_

| Item #                                      | Description       | Quantity | Unit Price | Total Price |
|---|-------------------|----------|------------|-------------|
| WINTER-GAMES-22                             | Winter Games 2022 |          | \$1.50     | \$          |
|   |                   |          |            | \$          |
|   |                   |          |            | \$          |
|   |                   |          |            | \$          |
|   |                   |          |            | \$          |
|   |                   |          | \$         | \$          |
|   |                   |          | \$         | \$          |
|   |                   |          | \$         | \$          |
|   |                   |          | \$         | \$          |
|   |                   |          | \$         | \$          |
| SUBTOTAL                                    |                   |          |            | \$          |
| Regular Shipping & Handling [see next page] |                   |          |            | \$          |
|   |                   |          |            | \$          |
| TOTAL ENCLOSED                              |                   |          |            | \$          |