

LIVING IN THE 30'S

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About this kit

This **kit** was created to assist you or your group in completing the 'The 30's Patch Program'

Kits are books written to specifically meet the requirements for the patch program and help individuals earn the associated patch.

All of the information has been researched for you already and collected into one place.

Included are crafts, recipes, coloring sheets, and

other educational information. These materials can be reproduced and distributed to the individuals completing the program.

Any other use of these programs and the materials contained in them is in direct violation of copyright laws.

If you have any questions, please feel free to contact Patchwork Designs, Inc. using any of the methods listed below.



Ordering and Contact Information

After completing the 'The 40's Patch Program', you may order the patch through Patchwork Designs, Incorporated. You may place your order in one of the following ways:

Mail

Checks and Money Order: Please send checks and money orders, payable to Patchwork Designs, Inc. to: Patchwork Designs, Inc. 8421 Churchside Drive Gainesville, VA 20155

Credit Card

Telephone your MasterCard, Discover, or Visa order to (703)743-9948. Leave your order and credit card number on our secure line.

Fax

Using these same card types, you may also fax your order to: (703) 743-9942.

Email

orders@patchworkdesigns.net
Email is not secure to send your credit card information. Though you can email orders if you have any questions about ordering.

Online Store

Customers may also order online through Patchwork Designs' website at:

<http://www.patchworkdesigns.net/pdstore/>

All information is secure.

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The 30's

Patchwork Designs, Inc

Detailed Outline of Kit

Page 3 List of the Patch Program requirements and activity ideas to complete. All age levels need to complete only 3 three requirements to earn the patch.

Page 4-6 Craft ideas to complete which will enhance your familiarity with the topic. Includes bottle cap art, patriotic theme, and a variety items to decorate or display. *Requirement # 3, 6, 9, OR 10*

Page 7-9 Recipe ideas to complete to enhance the participants knowledge of the products that were ate in the The 30's. Some recipes include: banana splits, marshmallow treats, and much more. *Requirement # 7*

Page 10-14 Games to complete that were played in the 30's or remind you of the 40's. Examples include: Victory Garden card game, Late for supper, and Bottle Cap Toss. *Requirement # 8*

Page 15 How to construct the book of The 30's information using a file folder and our interactive booklets. You can choose the booklets the participants would like to create or complete all of them.

Page 16 Template #1– Items to Decorate the folder You can use the items located on this page to color, cut out and decorate the outside of the file folder of your 30's book. *Requirement # 11*

Page 17 Template #2– My Cozy Room This is a bedroom of from the 30's. Color the items and glue the page in the center of your file folder for decoration. *Requirement # 5*

Page 18 Booklet # 1– TV Shows of The 30's This booklet focuses on some of the TV shows that were watched in the 30's. *Requirement # 14*

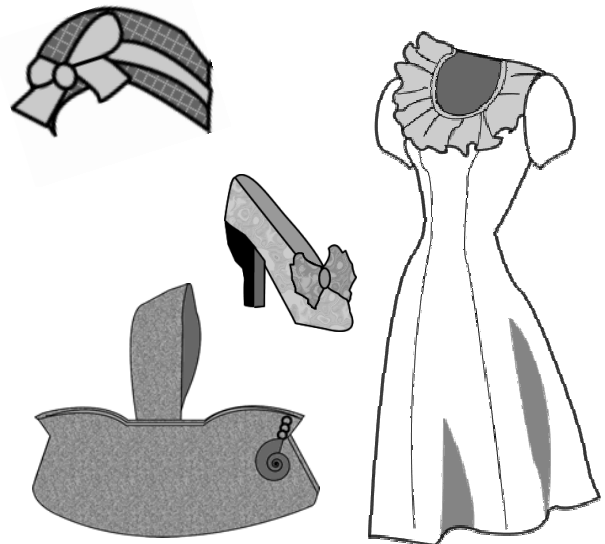
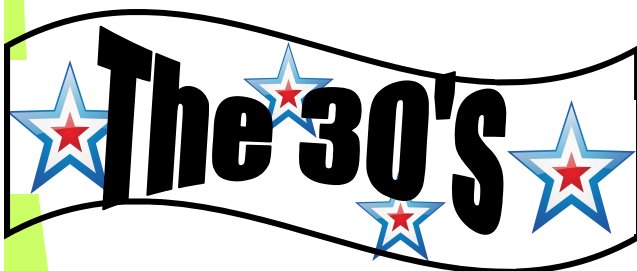
Page 19 Booklet # 2– Scouting in the 30's! This booklet includes information about the scouting program in the 30's and information about of some of the awards earned by scouts. *Requirement # 12 OR 15*

Page 20-22 Booklet # 3– Style of the 30's This booklet includes information about clothes, accessories, hairstyles, technology then and now, and slang. *Requirement # 1, 3, 6, 10, and 12*

Page 23 Booklet # 4– Fun Recipes from the 30's and the Victory Garden This booklet includes two recipes from the 30's and a grid to create your own victory garden on paper. *Requirement # 4 and 7*

Page 24-25 Order Form and Shipping Chart

Page 26 Bibliography

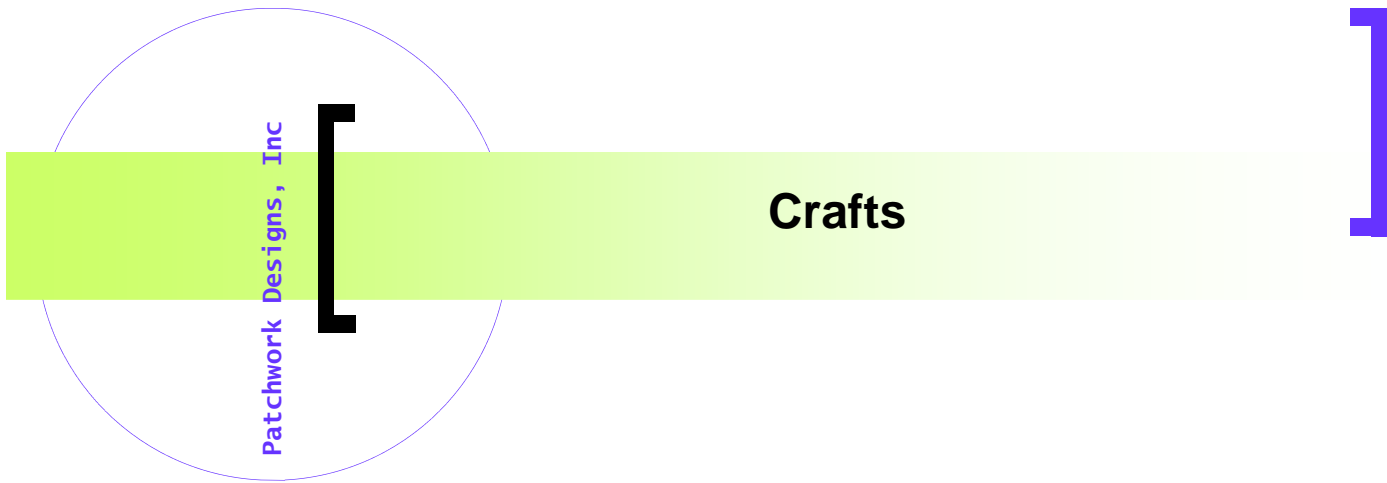


Requirements for Living in the 30's

LIVING IN THE 30'S PATCH PROGRAM

complete 3 requirements to earn this patch

1. Shake a leg! Learn some cool slang from the 30's and find out what it means. Try to it in a sentence. Examples include: squat, kippy, keen, copper, apple, or blow your wig.
2. Radio filled the homes with entertainment of comedy, adventure, mystery, and musical concerts. Some of the most popular shows are Bing Crosby, Cary Grant, Bette Davis, Jack Benny, Jimmy Stewart, Judy Garland, and Will Rogers. Learn more about one of the actors, shows, or listen to an archived radio show from the 30's.
3. The fashion is the 30's started the use of man made fibers, rayon, and the zipper. Some examples include: Evening gowns, wools suits, wrap skirts, V neck dresses, twin sweater sets, pleated skirts, dress with short jacket. Design your own outfit from the 30's on paper or using your own clothing OR cut out pictures in magazines that may depict the fashion guide of the 30's.
4. Jazz progressed to swing and rhythmic music with horns and various instruments. Move to the beat, listen to some music, or research a singer from the 30's. Some examples include: Bing Crosby, Fred Astaire, Billie Holiday, Benny Goodman, and Judy Garland.
5. Common products found in homes in the 30's were art deco furniture, radios, candlestick telephone, vanities, quilts, roll top desks, colorful plates, and metal bed frames. Design a room from the 30's or explore examples of houses and rooms from that time period.
6. The hairstyles and makeup styles of the 30's were curly and stylish. Make-up styles included ivory foundation, rouge, eyebrows are drawn on, blue, violet or green eye shadow. Hair styles ranged from finger waves, perms, bobs, and hair dyes. Create a hairstyle from that era of time, curl your hair, experiment with makeup, draw henna designs with markers, or give yourself a facial.
7. What type of food or snacks were popular in the 30's? Examples include: Black Jack® gum, Altoids®, bubblegum, chocolate kisses, licorice, Alphabet Soup, bologna, frozen fish sticks, Spam®, oatmeal, and cotton candy. Have a taste testing of different snacks or foods OR Design a cool label for one of the 30's items using slang and colorful displays.
8. Popular games and toys of the 30's included are marbles, paper dolls, yo's yo's, shirley temple dolls, Nancy Drew Mysteries, Dr. Seuss Books, red wagons, Mickey Mouse collectibles, space toys, Cowboys and Indians. How are toys different today? Play with a game or toy from the 30's or create a game OR create a similar game to play.
9. Accessorize yourself. Large brimmed hats, gloves, furs, fedora hats, capes, scarves, feather headband, and purses with chain handles were common accessories during the 30's. Decorate a hat, make a piece of jewelry, headband, OR dress up in items from the 30's.
10. Put it all together in a cool journal or book format. Place all information you learned about the 30's such as clothes, slang, hairstyles, in book format or display. Add self drawn pictures, clippings from magazines, clip art or website addresses to create a cool project.
11. It is show business time. Choose one performer from the 30's to learn more about or watch or listen to one of their performances. Examples include: Shirley Temple, Mickey Rooney, Judy Garland, Cary Grant, Clark Gable, Bette Davis, Greta Garbo, Charlie Chaplin, and The Three Stooges.
12. Every decade is filled with a variety of historical events. Choose one event to learn more about that happened in the 30's. Examples: The Great Depression, presidential election, the first Mickey Mouse comic strip, and the first radio probe launched in USSR.
13. Hobos hopped on trains and stowed away on boxcars. They communicated with each other by leaving markings or symbols on the fences and gateposts. Learn some hobo terms or drawings.
14. During the 30's people recycled items into a new use. Choose something and recycle it in to a new use. Examples: cardboard boxes into doll houses, material scraps into blankets for stuffed animals, OR small pudding boxes decorated with magazine pictures to hold your small trinkets.



Crafts

Sew a Patch

Clutch Purse

Baseball Pennant

Flower Pot Gift

Make a Kite

Stilts

Sew A Patch

If you have a hole in one of your pairs of pants or jeans, then patch it up like a girl in the 30's would have.

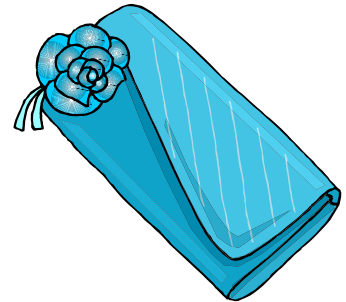
Scissors
Fabric of your choosing
Straight pins
Iron and ironing board
Piece of clothing with a hole or satin
Thread
Medium sewing needle



Cut a piece of fabric big enough to cover the area you wish to patch. Fold under the raw edges of the patch about 1/2 inch from the edge. Have an adult help you iron the patch flat. Pin the patch to the clothing to cover the hole. Cut an 18-inch piece of thread. Thread the needle, and tie a knot at the other end of the thread. Use the back stitch to sew the patch onto your clothing. When you're finished, tie a knot close to your last stitch and cut off the extra thread.

Clutch Purse

Piece of felt, 9 by 12 inches
Ruler
Straight pins
Embroidery Floss
Scissors
Needle
Thread, the same color as the felt
Sew-on snap
Pencil
Sheet of tracing paper
Scraps of felt
Fabric Glue



Hold the felt so that the top and bottom are 9 inches and the sides are 12 inches. Fold the bottom up 4 inches. Pin the sides together above the fold. Cut an 18 inch piece of floss. The floss is made up of 6 strands. Separate 2 strands. Thread the needle with the two strands. Tie a double knot at the other end of the floss. Use the overcast stitch to sew the sides of the purse together. When you've finished, tie a knot close to your last stitch and cut off the extra floss. Take out the pins. To sew on the snap, cut a 12 inch piece of thread and thread the needle. Tie a double knot at the end of the thread. Sew the half of the snap with the knob to the back of the flap. Center it 1/2 inch from the edge of the flap. Sew in and out of the holes, to secure the snap tightly to the left. Sew the other half of the snap to the front of the purse. Be sure it is aligned with the first snap so that the purse will snap closed. Use the pencil to trace the flower and leaf patterns. Cut out the patterns. Pin the patterns to the felt scraps. Cut out the flower and leaves from the felt, and unpin the patterns. Glue the flower and leaves onto the front flap of the purse, and let it dry.

Baseball Pennant

Piece of felt, at least 9 by 24 inches
Scissors
Yardstick
Piece of tracing paper
Pencil
Straight pins
Large felt squares
Glue
Heavy books
Dowel



Cut a pennant shape (thin triangle) from the piece of felt. The short side should be 9 inches, and the long sides should be 24 inches. Trace what you want on your pennant. It could be a sports team or your name or anything you can think of. Pin the letters to squares of felt, and cut around the letters. Unpin the patterns. Arrange the felt letters on the pennant. Glue the letters into place. Put books on top of the letters until the glue dries. Glue the dowel to the back of the pennant.

Flower Pot gift

This simple gift was cheap and easy to give to someone, even in the hard times of the Great Depression

Handful of small rocks
 Small flowerpot
 Potting soil
 1 packet off marigold seeds
 Water
 Ribbon
 Scissors
 Pen and paper



Place the rocks in the bottom of the flower pot. Fill the pot up to the rim with soil. Place 3 or 4 marigold seeds on top of the soil. Make sure the seeds are evenly spaced apart. Cover the seeds with 1/4 inch of soil. Gently water the soil until it is thoroughly moist. Place the pot in a sunny window and keep the soil in the pot moist until the seeds sprout. It should take about 2 months for the plants to begin to bloom. When the plants bloom, find a nursing home or hospitable to find someone who might want some cheering up. Before you deliver the gift, add a ribbon and a sort happy note.

Make a kite

Families who were suffering from the Great Depression found ways to create their own toys to play with.

Sticks
 Newspaper
 String



Choose sticks that are very straight and thin -- 1/4" or thinner.

Using a yardstick draw the outline of your kite on a large sheet of newspaper (Large kite shape). Draw a fold line 1" from the edge all around the kite. Cut on outer line.

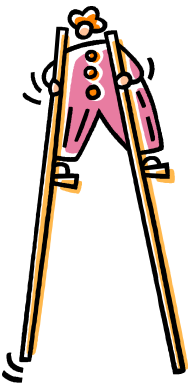
Fold in all four points of the kite. Fold in each side on your pencil line. Crease and open back up. Leave the four points folded in. Rub glue stick down 1 edge in the folded margin.

Cut a piece of string to 1 yard. Place it along the crease of the margin with the glue. While you pull the string taut (with excess string evenly distributed on both sides) have someone else fold the margin over the string and press it into place. Repeat for each side.

Use a pocket knife to make a slit in each end of your 24" sticks. Lay the stick down the center of your kite. Tie the glued strings around the stick, using the slits to keep it in place.

Repeat with other stick except pull the string very tight to gently curve the stick. Kite will take curved shape. Trim strings and end of sticks if necessary.

Tear old sheets or rags into pieces and tie onto string to make the tail.

**Stilts**

Stilts were fun and easy to make back in the 30's. People of all ages would take part in stilt races to get their minds off the hard times.

2 empty cans, 28 ounces, with labels removed
 Screw driver
 Acrylic paints in two colors
 Newspaper
 Paintbrush
 Yardstick
 Twine
 Scissors and tape

Drill holes into the opposite sides of each can near the top. Set the cans on newspaper. Use the paintbrush to paint the sides of the cans. Let the cans dry for at least 20 minutes. After the paint is dry, add a second coat if necessary and let the paint dry. Paint the tops of the cans using the second color. Let dry, paint second coat if necessary. Once dry, stand on the cans. Hold your arms straight down and have someone measure the distance from your palms to the floor. Cut the twine so that it is twice that length. Put a piece of tape in each end of the twine. Roll the tape lightly to form stiff tips. Thread the ends through the holes in each can. Tie the ends together in a double knot inside the can.



Banana Fritters

Yummy Jam

Ambrosia

Bread Pudding

Checker Board Sandwiches

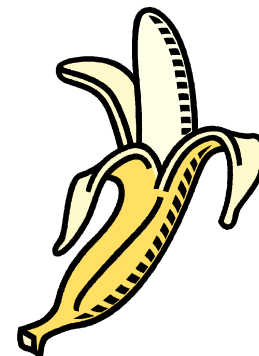
Vanilla Milkshake

Food and Products in the 1930's

Banana Fritters

6 bananas
 1/2 cup powdered sugar
 1/4 cup lemon juice
 Vegetable oil for deep frying
 1 1/2 cups flour
 1/4 teaspoon salt
 2 teaspoons baking powder
 1 egg
 1 cup milk
 2 tablespoons powdered sugar for topping

Sharp knife
 Cutting board
 2 mixing bowls
 Measuring cups and spoons
 Deep fryer or heavy skillet or pan
 Cooking thermometer
 Paper towels
 Electric Mixer
 Rubber spatula
 Slotted spoon
 Sifter



Peel the bananas. Cut each banana into four sections, then cut each section in half lengthwise. Place the bananas in a mixing bowl. Sprinkle them with powdered sugar. Add lemon juice, and let stand for 30 minutes. Pour the oil into the fryer or skillet. The oil should be about 1 1/2 inches deep. Clip the thermometer to the edge of the pan. The tip of the thermometer should be in the oil, but not touching the bottom or sides of the pan. Lay a pile of paper towels on the counter. Measure the flour, salt, and baking powder into the other mixing bowl. Add the egg and milk. Use the electric mixer to beat the mixture until it is thick. Turn off the mixer and scrape the sides of the bowl with the rubber spatula. Place a few bananas in the fritter batter and turn them until they are covered. Heat the oil to 350 degrees F. Use the tablespoon to gently slip a batter-covered banana into the oil. Fry it for about 1 minute, then use a slotted spoon to turn the fritter. Fry another minute or until it is golden brown. Remove the fritter from the oil and place it on the paper towels. Repeat steps 6 through 8 until all of the fritters have been cooked. Measure 2 tablespoons of powdered sugar into a sifter. Dust the fritters with a fine layer of sugar and serve immediately.

Yummy Jam

20 ounces fresh strawberries
 4 cups sugar
 2 tablespoons fresh lemon juice
 1 pouch liquid pectin
 Paring knife
 Cutting board
 Large and small mixing bowl
 Potato masher
 Measuring cups and spoons
 Wooden spoon
 Jars with lids



Use the paring knife to remove the stems from the strawberries. Cut the strawberries in half and put them in the large mixing bowl. Use the potato masher to crush the berries. Measure two cups of crushed berries. (If extra, do not use it for the jam.) Stir the 4 cups of sugar into the 2 cups of berries. Mix well, and let stand for 10 minutes. Measure the lemon juice into the small bowl. Add the liquid pectin and stir well. Add the pectin mixture to the strawberries. Stir well for 3 minutes, until the sugar is completely dissolved. Pour the jam into jars.

Ambrosia

3 medium-sized seedless oranges
 6 tablespoons powdered sugar
 1/2 cup shredded coconut
 Sharp paring knife
 Serving dish

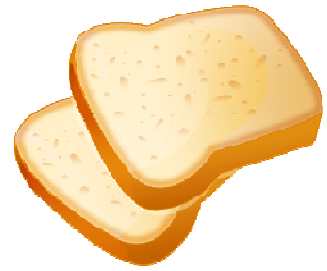
Use a paring knife to peel the rings off the oranges. Carefully remove the white inner peel from the oranges too. Cut each peeled orange along the membrane, then lift out each section, leaving the membranes behind. Line the bottom of the serving dish with orange sections. Sprinkle on some of the powdered sugar and coconut until the dish is filled. Chill the ambrosia until you are ready to serve.



Bread Pudding

Softened butter
 7 thick slices white bread
 3 eggs
 4 cups milk
 1/2 cup sugar
 1/4 teaspoon salt
 1/2 cup raisins
 1 teaspoon vanilla
 1/2 teaspoon cinnamon
 Cream

Baking dish with lid
 Butter knife
 Mixing bowl
 Fork
 Wooden spoon



Preheat the oven to 325 degrees F. Grease the baking dish with butter. Set it aside. Spread butter thickly on each bread slice. Cut the slices in half, then line the bottom and sides of the baking dish with the bread, buttered-side up. Set any remaining bread slices aside. Crack the eggs into the mixing bowl. Beat them with the fork. Add the milk, sugar, salt, raisins, vanilla, and cinnamon. Mix well, then pour the mixture over the bread. Place any remaining bread slices on top, and press them down so that they are covered with the liquid. Let the bread pudding soak for 10 minutes. Cover the dish and bake the pudding for 30 minutes. Then uncover the dish and bake it for another 30 minutes. Take the dish out of the oven. Serve warm with a little cream poured over on top.

Checkerboard Sandwiches

4 ounces cream cheese, softened
 2 tablespoons of jam or jelly
 4 slices white bread
 4 slices dark bread
 Mixing bowl
 Whisk
 Butter knife
 Sharp knife and cutting board



Put the cream cheese and the jam or jelly in the mixing bowl. Use the whisk to mix them together. Spread each piece of dark bread with the cream cheese mixture, using the butter knife. Then place the white bread on top to make 4 sandwiches. Stack 2 sandwiches as shown. With the sharp knife, trim off the crusts so that the sandwiches are square-shaped. Separate the sandwiches. Cut each sandwich into four small squares. Arrange the squares into a checkerboard pattern. Repeat steps 3 and 4 with the other 2 sandwiches. Keep the sandwiches in the refrigerator until you serve them.

Vanilla Milkshake

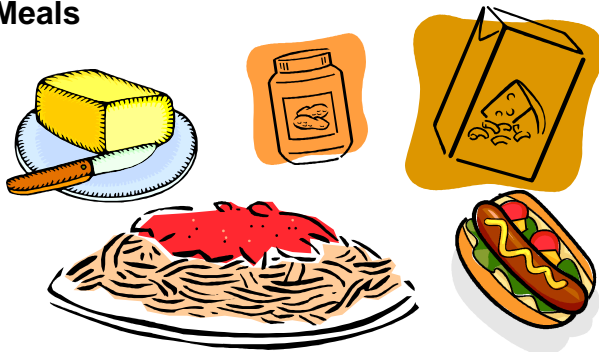
6 scoops vanilla ice cream
 1 teaspoon vanilla extract
 1/2 cup milk
 Ice cream scoop
 Blender

Scoop the ice cream into the blender. Add the vanilla and the milk. Blend the ingredients for at least 1 minute, or until they are well mixed. Then pour the shake into chilled glasses.



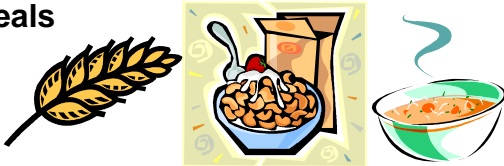
Food and Products in the 30's

Meals



Birds-Eye frozen vegetables
Tastee Bread
Bisquick (1931)
Oscar Mayer wieners
Skippy peanut butter (1933)
Beech-Nut baby food (1931)
Land o' Lakes butter
Carnation canned milk
Kraft macaroni & cheese (1937)
Spam (1937)
Spaghetti
White House evaporated milk

Cereals



Kellogg's Corn Flakes
Quaker Oats
Post Toasties
Kix (1937)
Wheaties
Wheat Puff-Its

Snacks



Planter's peanuts
Fritos corn chips (1932)
Ritz crackers (1932)
Sunshine crackers
Lay's potato chips
Mrs. Japp's potato chips
Cracker Jack
Jake's potato chips

Desserts



Jell-O
Hostess Twinkies (1930)
N.B.C. butter cookies
Oreos
Sunshine cookies
chocolate chip cookies (1930)

Candy



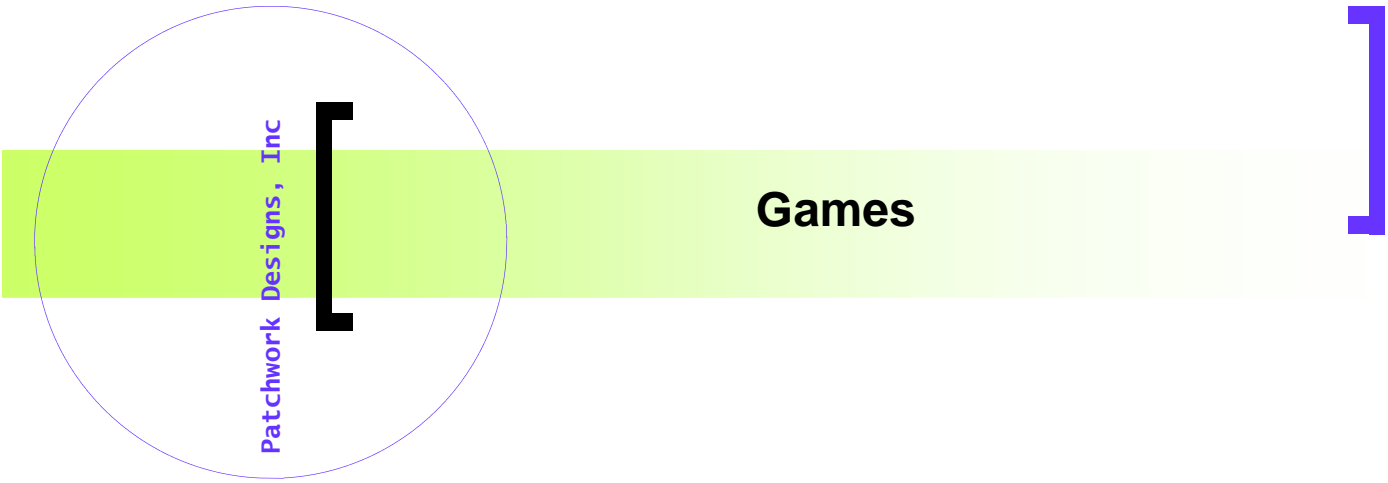
Tootsie-Pops (1931)
Life Savers
Sugar Babies (1935)
Three Musketeers (1933)
Snickers (1930)

Beverages

Coca-Cola
Pepsi-Cola
Kool-Aid drink mix
Ovaltine
Bireley's fruit drinks
Stillicious chocolate drink
A&P Eight o' Clock coffee
Libby's tomato juice
Dining Car coffee
Mott's Apple Juice (1938)
Barq's Root Beer
Orange Crush

7-UP
Cliquot Club Ginger Ale
Shasta Pale Dry Ginger Ale (1931)
Nehi
Royal Crown Cola (1934)
White Rock Ginger Ale
Nichol Cola





Signal Chase

First to Tokyo

Advancing Statues

Stalking Captain

Follow the Commands

Fan Racers

Singing Tag

Radio Programs and Shows

Signal Chase

Outdoors or large room
Whistles



One patrol stands at each end of field beyond a goal line. Patrol A privately decides upon one of a certain group of letters of the alphabet and then goes and stands in a straight line formation about 5 feet from patrol B. Players in patrol B, one at a time, signal letters of the specified group. When they signal the one that patrol A has chosen, the latter run home pursued by patrol B. Those caught must join the opposite side. Patrol B then thinks of a letter and the game is repeated.

First to Tokyo

One signaling flag or whistle

Patrols stand in files. There is a starting line and a chair is placed about 2 feet in front of each file. Each player is given a letter of the alphabet, the same letters to all patrols. The leader signals one of these letters. Those holding it run forward around the chair, back around the file and to place. First one back to place scores a point for her patrol.



Advancing Statues

Large room or outdoors
Two lines about twenty feet apart

All players stand back of a given line. The leader stands in the other, facing the troop. At any time that the leader is not looking each player advances, her aim is to reach the leader's lines without being seen to move. Should the leader see her she stands like a statue and upon seeing the slightest move the leader tells that person to go back to the starting line. The patrol first reaching the goal line wins the game.



Stalking Captain

Out doors game

Players facing outward make a ring around the captain. They then advance about fifty yards and camouflage themselves as effectively as possible. At a given signal they start to creep back to the center. Their object is to get in as close as possible to the captain without being seen. The captain is aloud to turn around as much as she likes but not to move from the center. This can also be played by having the captain call out a girls name if she sees her move at all. If the girl is motionless then she cannot be seen.

Follow the Command

One player is commander. She writes commands on slips of paper, such as "sing a song really loudly" or "Do three flips in a row" or "Lick your elbow" and so on. Then she folds the papers and places them in a bag. The other players take turns drawing a slip and obeying the commands. After everyone performs, the players vote who did their command the best.

Fan Racers

Everyone gets a 3-inch square of tissue paper, marked with her name, and a hand-held fan. At the other side of the room, set up a goal, such as books placed a foot apart. On the word "go", each player tries to fan her piece of tissue paper through the goal first.



Singing Tag

This game is played just like tag. If a player is about to get tagged, they may earn safety by singing a song. When "It" turns away to chase another player, the singing may stop but then the player is no longer safe. Players may not sing the same song twice or sing a song another player has used. If they do, they are not safe and can be tagged. The tagged player becomes the new "it".



Radio Shows

Before television, families would gather around the radio and listen to nightly shows and news reports. Listening to dramas, detective series, cooking shows and even comedies was not only a form of entertainment, but a way to get the minds off of the hard economic troubles going on in the world. On the night before Halloween in 1938, families who tuned in heard a terrifying news report about Martians that were invading planet earth! The announcer described the events over the radio and millions of people panicked thinking that the world was going to end! Turns out, the news report was really just a play created by the play write Orson Welles. This play was called "The War of the Worlds", and demonstrated how powerful the radio was and how many people listened every day.

Make your own Radio Show Play!

Write a script of what you want your play to be on. It can be a drama, a comedy, a real life event or maybe even a mystery. Assign roles out to your friends and family. Create cool sound effects by being creative with sounds and objects from around the house. For rain, you can drop grains of rice onto an aluminum pan. A car motor can be made by turning on a blender at slow speed. Create background music and other sound effects that go along with your script. Once you are ready and have practiced a few times, record your radio show on a tape recorder. When you are all done play the radio program out loud for your family and friends!

Popular Radio Shows in the 30's

Radio shows followed a daily schedule that was published in magazines and newspapers. People of all ages would tune into their favorite shows and listen as their imaginations would play out before them. Popular kids programs were usually old westerns or space adventures.

Captain Midnight

1938 play depicting an undercover agent who fights crime.



Amos n' Andy

Situation comedy set in an African American Community. Popular from the 1920's to 1950's.



The Lone Ranger

Broadcasted in 1933, The Lone Ranger and his faithful Indian friend bring law and order to the wild west.



Flash Gordon

A fun outer space adventure broadcasted in 1935.



Little Orphan Annie

Being the first NBC afternoon radio drama with cliffhangers and a lead underage female role, Little Orphan Annie and her dog Sandy had fun adventures in 15 minute segments Monday through Friday. The show ended around the beginning of World War Two and was replaced with Captain Midnight.



Rules of the Victory Garden Game

The game cards are located on the next page. Please make **four copies** of this page for the cards. Copy them on cardstock if possible. If not, glue them on index cards so the players can not see through them.

Victory Garden Card Game- cards depicting crops that were grown in a Victory Garden

Card templates (located on the next page)
4 pieces of cardstock or index cards
glue stick /scissors

Preparing the game: If you have **more than 3** participants then you will need to copy **two sets of cards or more**, according to the size of the group. Create separate playing areas for the groups and distribute the cards accordingly.

Copy the templates on cardstock or regular paper. You need to copy the templates four times each for each game variation. If you copy them on regular paper then you will need cut them out and glue them on index cards. Otherwise, the players will be able to see through the cards.

If you copy them on cardstock, then you should make sure that the card stock is the same color or the participants will remember what doll is on what color card. You should also choose neutral or pastel colored cardstock for visibility.

Playing the game: Variation # 1 Best if played with 3-5 players. Form a circle around a table or on the floor. Each player gets **five** cards each, **seven** each for only two players. The remaining cards are placed face down in a stack in the middle of the playing area.

The person that sits to left of the dealer goes first and play continues clockwise. The object is to make pairs and when the pairs are created they are placed face up in front of the players.

The first person asks, "Do you have a "carrot"? to the person to their left. If they do not have a carrot card, then they must draw a card. They draw the top card of the stack, if they make a match then they can lay it down.

If the person has the card then they have to give it to the person asking. The game ends when someone matches all their cards or there are no more cards left in the stack. The person with the most matches wins.

Variation # 2 Memory Game. Best if played with 2-3 players.

The object of this game is to find the matching cards. To start the game a player turns over two cards. If the cards match, then they keep the matches and continue to play. If the cards do not match, then it quickly moves to the next player. the end of the game all matches are counted for each player. The player with the most matches wins.

Pack A Picnic Lunch Relay Game [picnics were fun activity for friends indoors or outdoors]

Picnic cards [located on the next page]
Scissors and glue stick
Paper bags
(*Plastic food can be substituted instead of picnic cards*)

Copy the cards located on the next page two times. Cut them apart and place each set in separate paper bags. Copy the list on the outside of each bag with the cards in it.

Create two teams by dividing the individuals into two lines. Make sure the lines are about 2-3 feet apart to ensure the items don't get mixed up. Place the paper bags with the items in them about 4 feet from the start line. Make sure the list is visible for the participants to read. Place an empty paper bag at the start line.

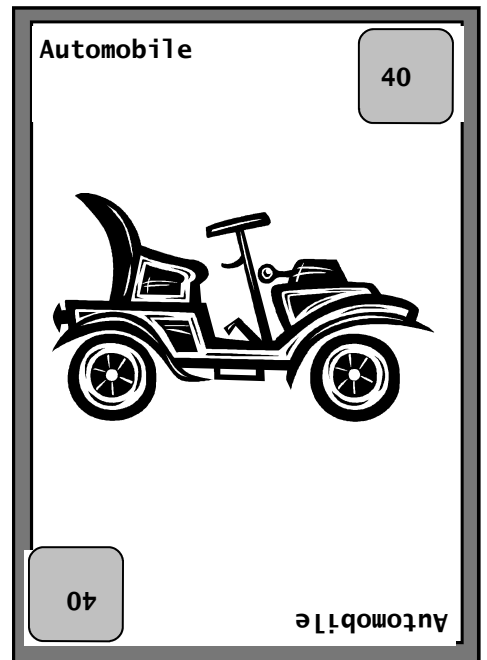
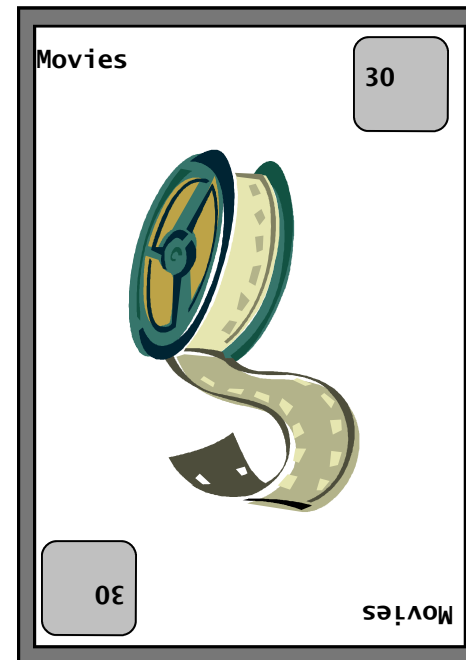
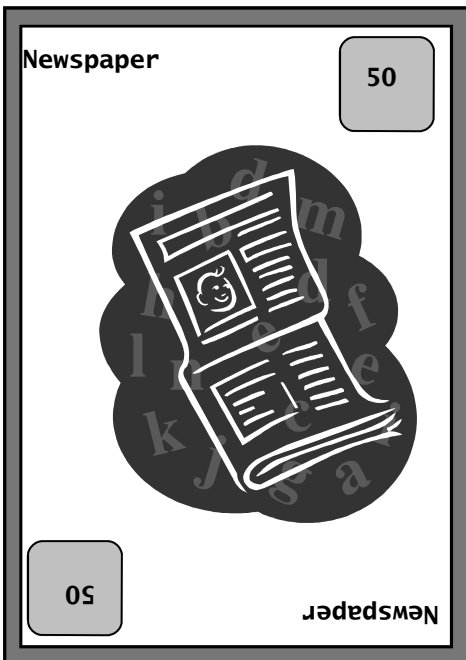
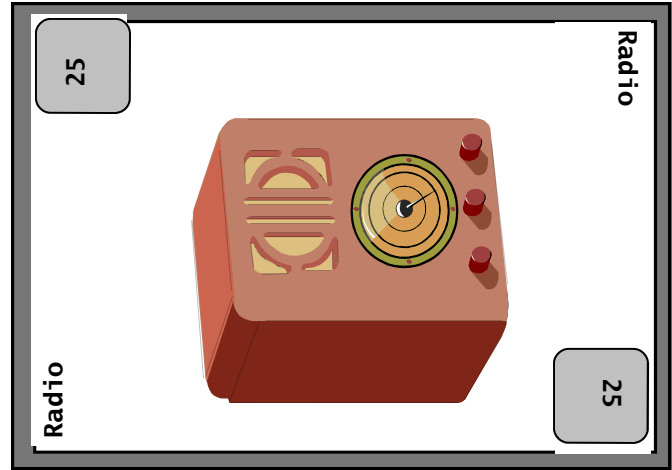
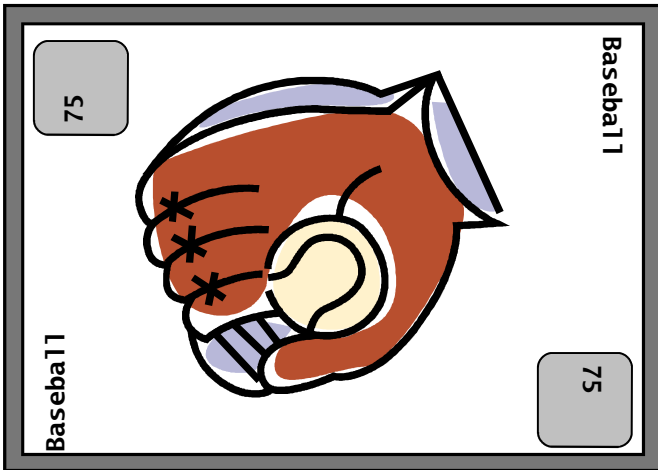
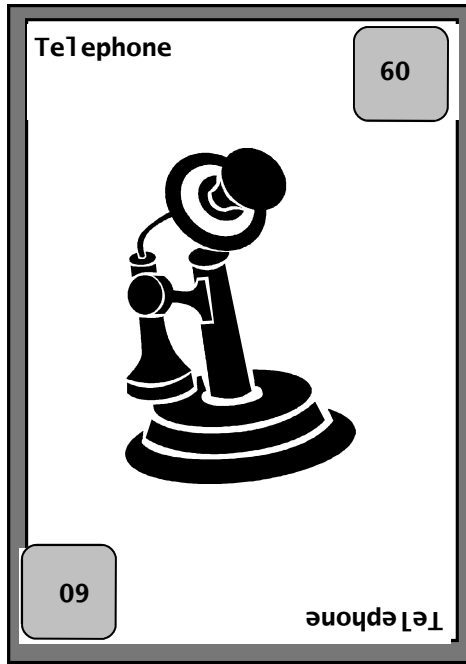
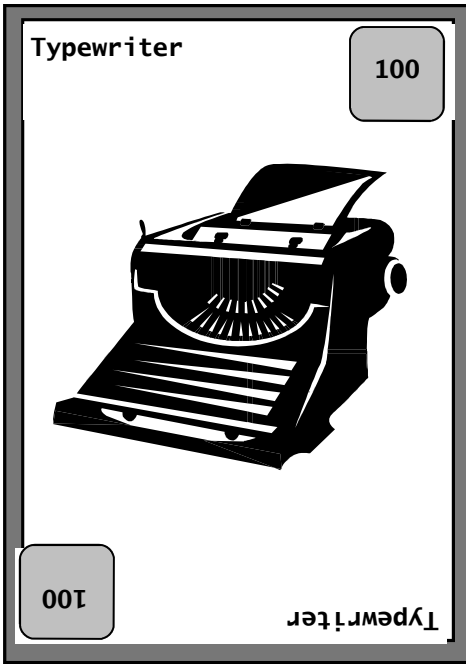
On "go" each participant must jog to the bag of items and dig for the first item on the list. After they find the first item they go back to the start line and place it in the empty paper bag. Continue the process until everyone on the team has gathered one of the items and placed it in the picnic bag. As a person completes the relay, they need to move to the end of the line and either squat down or sit down. Some members may need to go twice if the numbers are uneven. The team that finishes first wins. *After the game is completed plan on have a picnic snack or lunch indoors or outdoors.*

Cards for Victory Garden Game

You will need to copy this page **four times** to play this game.

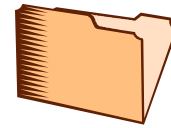
There should be four cards for each *crop*.

You can glue the cards on index cards or print these cards on Cardstock so that they are more sturdy and they will not be able to see through them.



Create a "Discovering Rainforest!" book using a file folder.

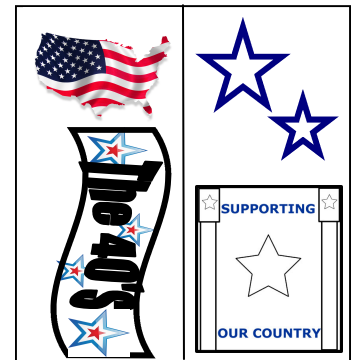
FUN FOR ALL AGES !!



Step One: Prepare Copy all the templates and booklet pages for each participant. Have them color where needed and cut along the outside lines. Folding instructions are included on each page. **They should complete only one booklet at a time.**

Step Two: Gather your supplies Participants will need glue sticks to mount the templates or booklets on the file folder. A stapler will be needed to staple the "Styles of the 40's" flip book together. Younger participants may need assistance.

Step Three: Create the cover Fold the file folder inwards (in thirds) to form a book (shown below). Younger participants will need assistance. Using the Templates located in this kit to decorate the cover of their book. They can also accent the cover with other items that they would wish to draw on there. Make sure they place their name on the front of the book.



Step Four: Completing the inside Distribute the booklet patterns for the inside of the book. Make sure they color all areas prior to cutting them out.

They should complete only one booklet at a time. The other booklets can be placed inside the folder for safe keeping until the first booklet is complete. This keeps the pages from getting lost or mixed up. See the below picture for placement.

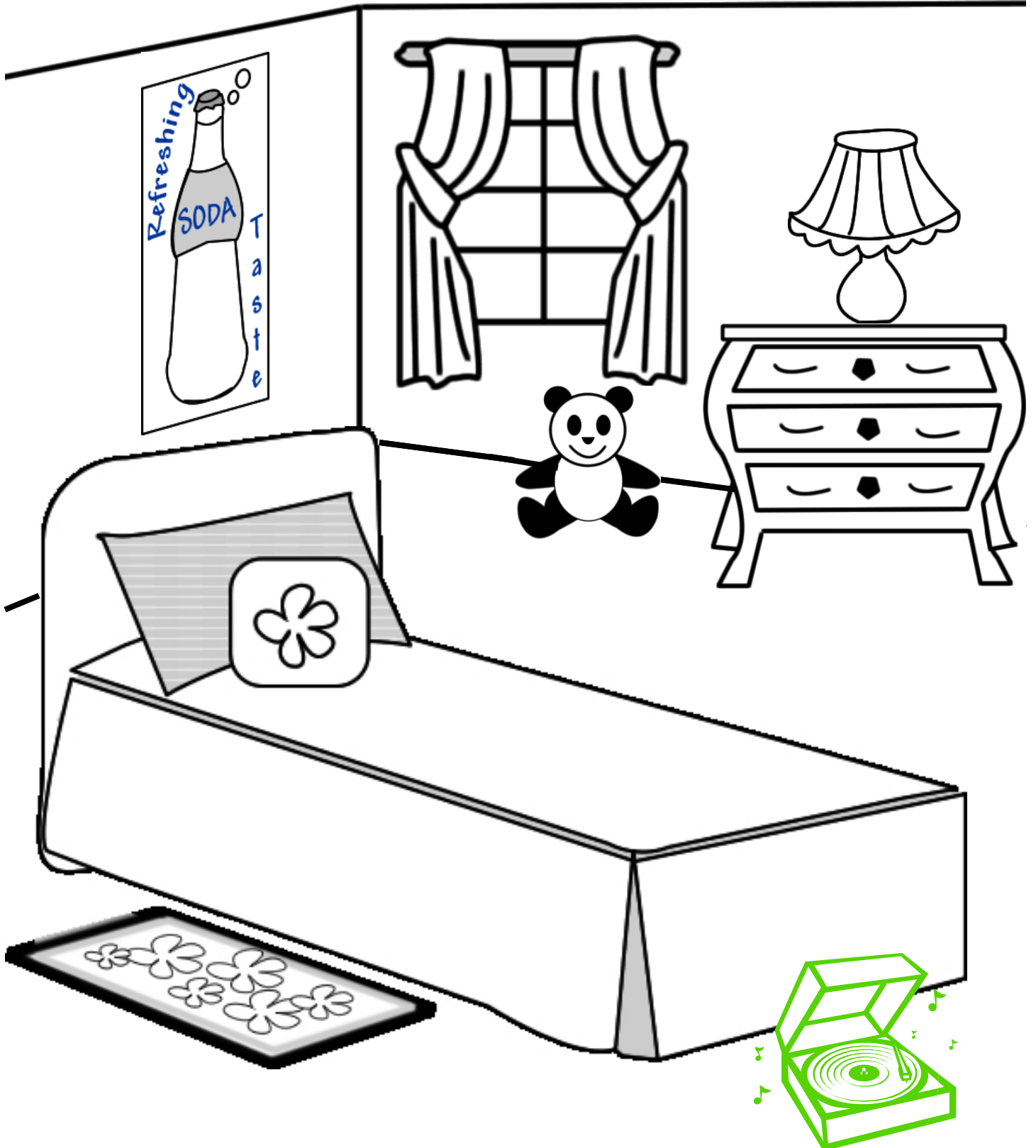


TEMPLATE #1

Use these templates
to decorate your
outside file folder.



My Cozy Room



Cut along the outside of the rectangles only. Glue the inside of the book (left side with wording) inside the booklet # 1 cover. Make sure it is glued in the correct direction, so that when you open the book, you can read the words. Fold it in half on the line and glue it inside your file folder. Color the items if desired. **Covers Requirement #6**

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1

Lets Go to the Movies! Movies were very popular in the 1930's because they distracted people from their everyday lives. Movies only cost a couple of cents to go see.

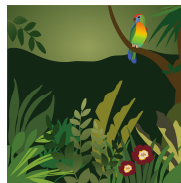
The Wizard of Oz- 1939, by L. Frank Baum



Gone with the Wind- 1939, by Margaret Mitchell



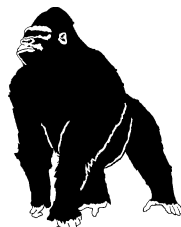
Tarzan the Ape Man- 1932, by Edgar Rice Burroughs



Snow White and the Seven Dwarves- 1937, by Walt Disney



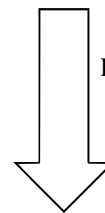
King Kong- 1933, by Ruth Rose



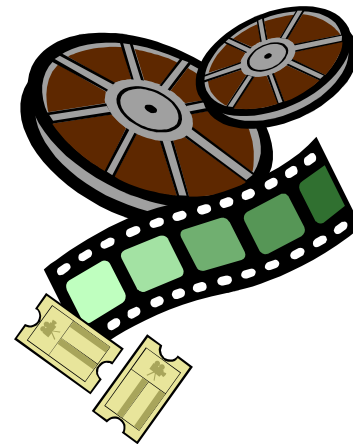
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Place glue on this side to adhere to the file folder.



Fold on this line



Movies

Cut along the outside of the rectangles only. Glue the inside of the book (left side with wording) inside the booklet # 2 cover. Make sure it is glued in the correct direction, so when you open the book you can read the words. Fold it in half on the line, and glue it inside your file folder. Color the items if desired.

Requirement #5 and # 8

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2

During the war, scouts helped with Farm Aide projects, collected scrap metal to melt down for items needed to fight the war, assisted in various projects at hospitals, and grew Victory Gardens. They also collected 1.5 million articles of clothing, across the United States, that was shipped overseas to adults and children that were victims of the war. Due to the shortage of sugar, flour, and butter the scouts began selling calendars instead of cookies. In 1948 cookie sales resumed. Pictured is a uniform worn by scouts in the 40's, the zipper in the front was replaced by buttons due to the shortage of metal. **Color the uniform light brown.**



Listed below are some of awards they earned in scouts:



Land Animal Finder



Salt Water Life Finder



First Aid Lifesaver



Winter Sports



Pioneer

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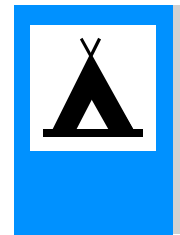
2

Place glue on this side to adhere to the file folder.



Fold on this line

Scouting



in the 30's!

Cut along the outside of the rectangles only. Starting with the bottom page they are to be stacked on top of each other. Each layer gets shorter and shorter as it progresses to the top. After all the pages are layered upon each other, make sure they are straight and staple them together to form a book. The last page will not be numbered because it is on top. Place glue on the back of book. Place it on the left side of the folder. **Covers Requirement #3**

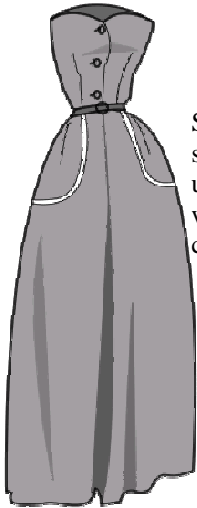
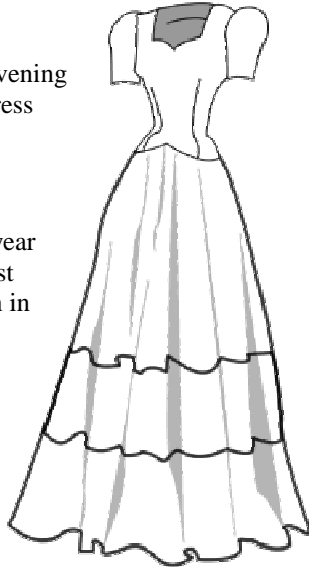
BOOKLET # 3

Page 1, the bottom page



Evening dress

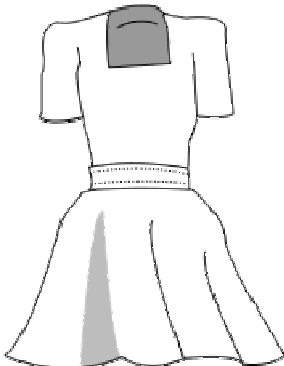
Daily wear
For most
Women in
1944



Strapless
sundress
usually worn
with a
cardigan.



Teenager or young
lady dress for summer.



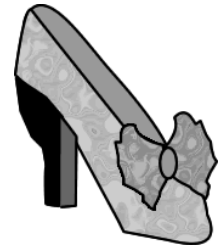
Child's dress

Clothes

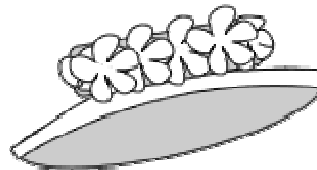
Page 2



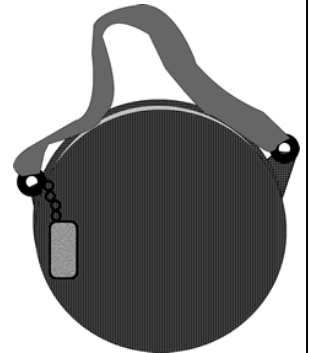
1941- flower hat



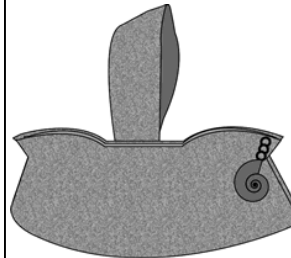
1945- hat



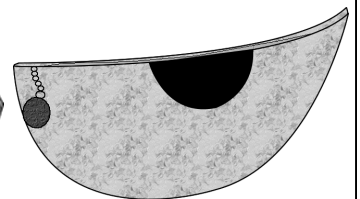
1943- feather hat



Round purse with strap and a
charm hanging from the side








Rectangle purse with
short strap



Half moon shaped purse

Accessories

Page 3	
	
Radio	Speakers
	
Record	MP3 Players
	
Telephone	Cell phone
	
Automobiles	Sports Car
Technology Then and Now	

Page 4

The curls from the 40's were loose, though they could be styled to look glamorous.

Draw an image of one of the hair styles.

Rolled bangs and curled short hair. Great for every-day.

Long hair with soft waves. Great style for hats or special occasions

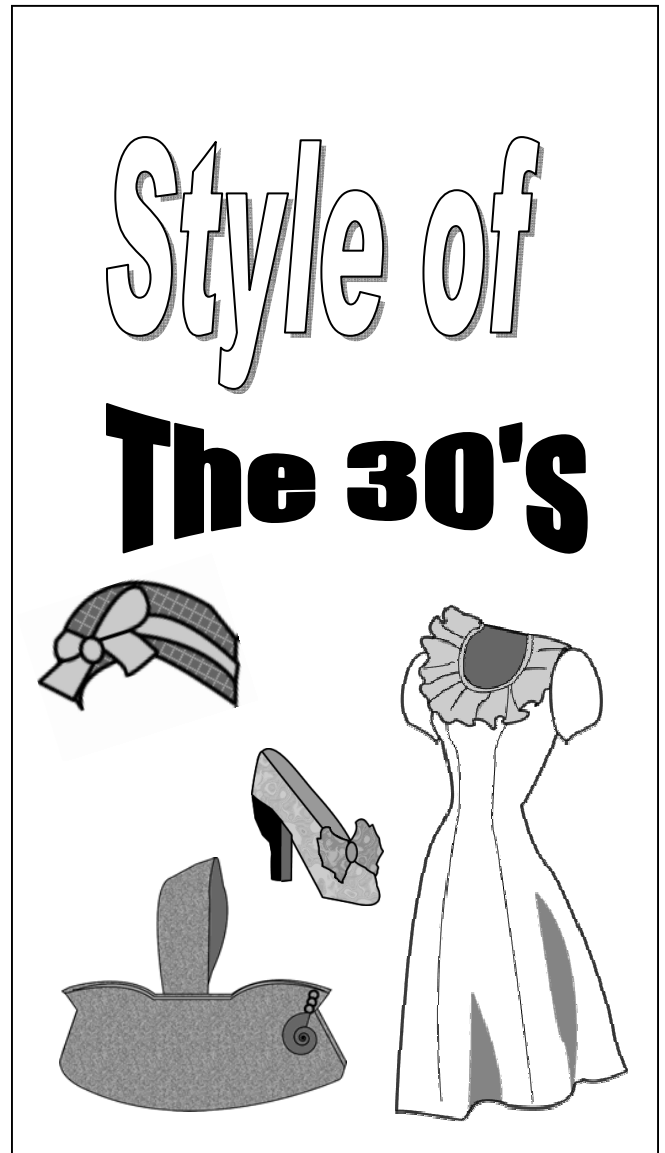
Roll of hair curled in the front followed by soft curls.

Glamorous hairstyle worn by actresses.

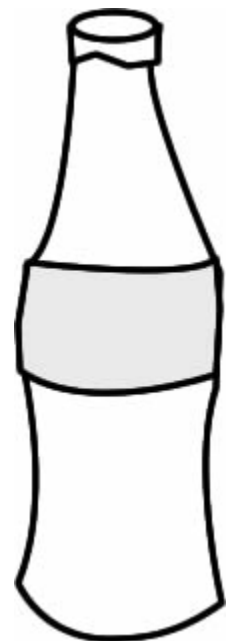
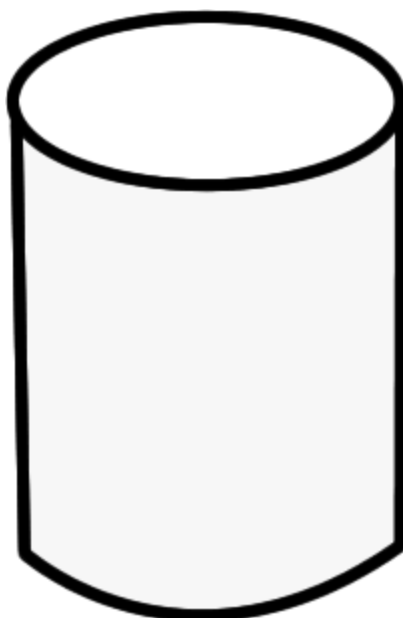
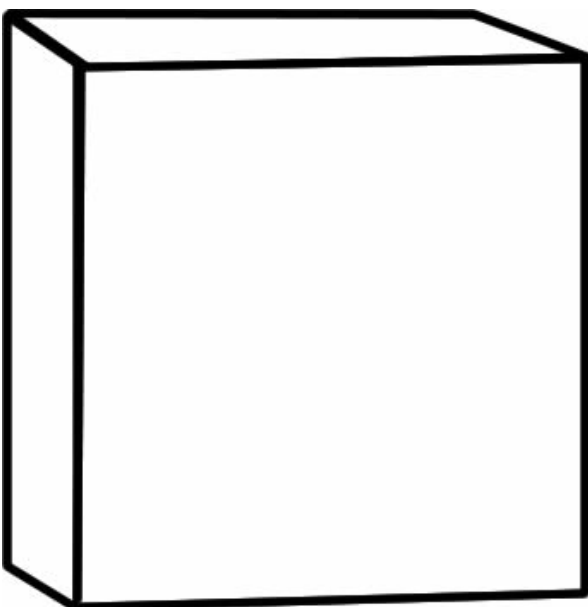
Hairstyles

BOOKLET # 3

Page 5	
Slang	Meaning
Aces up	Excellent
Ball of Fire	A bright and happy person
That's the Cats	That's too bad
You're cheekin' it!	You are lying
Wow that's cheesy	That is bad
I need some cush	I need some money
Hey she's ducky!	She's good looking
Well fan my brow!	What a surprise!
The Invisible Blue	Police Man
Nobby	Stylish and fashionable
Shake a Leg	Hurry up!
You and me both	I agree
Dog it	Avoid it
Slang	



Decorate the containers with images and names of products from the 40's. Ideas are located on the next page. You can also create your own product.

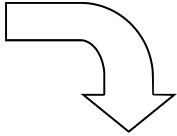


Booklet #4 (booklet) Cut along the outside of the rectangle only. Fold along the center line. Decorate the outside with the container templates on the **previous page**. Place it on the side flap of your folder. **Requirement # 1**
Below is a list of popular foods served in the 1940's to assist you in decorating your containers.

V8 Juice® Pepsi® Cola	Cheerios® Raisin Bran®	Jell-O® pudding	Kraft® grated parmesan cheese	Ragu ® Spa- ghetti sauce	Pillsbury® hot roll and pie crust	Minute Rice popcorn	Nestle ® Instant tea
	Kraft® sliced American cheese	Fritos® Corn Chips	Dairy Queen® soft serve ice cream	Sara Lee® Cheesecake	Instant Potatoes	Frozen French fries	Dannon® yogurt

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4



FOLD
HERE

Fun Recipes from the 30's

Vanilla Milkshake

- 6 scoops vanilla ice cream
- 1 teaspoon vanilla extract
- 1/2 cup milk
- Ice cream scoop
- Blender



Scoop the ice cream into the blender. Add the vanilla and the milk. Blend the ingredients for at least 1 minute, or until they are well mixed. Then pour the shake into chilled glasses.

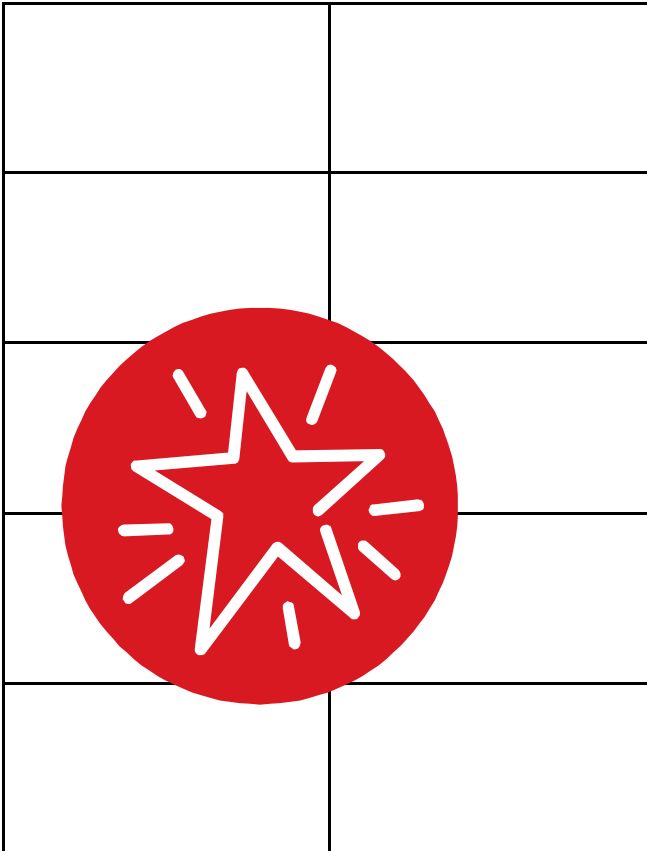
Checkerboard Sandwiches

- 4 ounces cream cheese, softened
- 2 tablespoons of jam or jelly
- 4 slices white bread
- 4 slices dark bread
- Mixing bowl
- Whisk
- Butter knife
- Sharp knife and cutting board



Put the cream cheese and the jam or jelly in the mixing bowl. Use the whisk to mix them together. Spread each piece of dark bread with the cream cheese mixture, using the butter knife. Then place the white bread on top to make 4 sandwiches. Stack 2 sandwiches as shown. With the sharp knife, trim off the crusts so that the sandwiches are square-shaped. Separate the sandwiches. Cut each sandwich into four small squares. Arrange the squares into a checkerboard pattern. Repeat steps 3 and 4 with the other 2 sandwiches. Keep the sandwiches in the refrigerator until you serve them.

During the Great Depression, many people lost a lot of their money and jobs. This left many people homeless and also caused many people to start wandering the country, looking for jobs and places to live because there was no use staying in one place. These people were known as hoboes or tramps. Many people were afraid of them and thought them to be dangerous, but in actuality most of these wanderers were teenage boys or even children. Hoboes developed their own code in order to help out others and tell them about what was around the area. They would draw the sign on a fence post or house with charcoal. Here are the symbols they used, see if you can make up your own code with these!



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Patchwork Designs, Inc.

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 Gainesville, VA 20155
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 Email Address: _____
 Discover/Mastercard/Visa# _____ - _____ - _____ or Check # _____
 Expiration Date: _____ Have you ordered before? _____

Item #	Description	Quantity	Unit Price	Total Price
30's	The 30's patch		\$1.75	\$
			\$	\$
			\$	\$
			\$	\$
			\$	\$
			\$	\$
			\$	\$
			\$	\$
			\$	\$
			\$	\$
			\$	\$
SUBTOTAL				\$
Regular Shipping & Handling (view chart on the next page)				\$0.00
Special Shipping (next day, priority mail etc)				\$0.00
TOTAL				\$



Shipping Chart

If you would prefer Priority Mail, please add \$2.00 to the \$4.99 or above shipping category.

Next day service is an average cost of \$28.00 (USPS determines the pricing according to the zone and weight.)

Patches	
1-5	\$3.55
6-20	\$4.99
21-30	\$5.99
31-50	\$6.50
51-70	\$6.99
71-100	\$9.55
101-150	\$10.55
151-200	\$13.00
201-400	\$15.99
401-500	\$17.50
Over 500	Contact us for pricing

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1	\$6.99
2	\$9.25
3-5	\$10.75
6-8	\$12.75
10-12	\$15.75
13-20	\$22.25
21-23	\$24.00
Over 24	Contact us for pricing

Kits and manuals range from 30 to 62 pages in length (except the Patch Program Book, that is over 100). Therefore if you are ordering more than 2 kits or manuals, please use the above shipping chart. Patches, bracelet kits, and stamps can be added to any order falling within that price range. Otherwise, use the highest shipping amount on the chart according to the items ordered.



Bibliography

Books:

- Degenhardt, Mary and Kirsch, Judith. Girl Scout Collector's Guide. Lubbock, TX: Texas Tech University Press, 2005.

Websites:

Fashion: <http://www.flickr.com/photos/gatochy/182680484/>

Fashion: <http://vintagetextile.com/>

Fashion: <http://www.sovintagepatterns.com/>

Fashion: www.americangirl.com

Food: <http://www.foodtimeline.org/>

Food: <http://www.foodtimeline.org/fooddecades.html#1940s>

Food: <http://www.amazon.com/40s-Classic-Retro-Candy-Gift/dp/B000EW66KW>

Furniture:

Furniture:

Games: <http://boardgames.about.com/cs/gamehistories/a/timeline.htm>

Hairstyles: http://www.fashion-era.com/hats-hair/hats_hair_8a_hairstyles_history_1930_1940.htm

Hairstyles: <http://www.beauty-and-the-bath.com/womens-1940s-hairstyles.html>

Hairstyles: <http://www.retrohairstyles.com/1940s/>

Lifestyle: <http://www.angelfire.com/retro2/lisanostalgia1/40s.html>

Recipes: http://www.cdkitchen.com/recipes/recs/177/1942_War_Cake52911.shtml

Slang: <http://www.newberry.k12.sc.us/mchs/40's%20Slang.htm>

Scouting: http://www.girlscouts.org/who_we_are/history/timeline/1940s.asp

TV Shows: <http://timstvshowcase.com/torc.html>

TV Shows: http://en.wikipedia.org/wiki/Howdy_Doody

TV Shows: http://en.wikipedia.org/wiki/The_Lone_Ranger

TV Shows: http://en.wikipedia.org/wiki/The_Magic_Clown

Victory Garden: http://www.livinghistoryfarm.org/farminginthe40s/crops_02.html

<http://www.foodtimeline.org/>



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