PRINCESS SCOUT PATCH PROGRAM

complete 1 requirement to earn the patch
Patch Details: [3 inch wide] 100% embroidered--gold or silver metallic thread

A true princess scout will befriend all her fellow sisters. She will lend a helping hand to her neighbors, family and friends.

1. KINDNESS AND HONESTY - To be compassionate to others and their feelings. Make something and give it away or complete a community service project. Examples: Create a coupon book, donate books or clothing, make valentines for veterans, stockings for children, spring baskets for women's shelter or volunteer.

2. TALENTS AND HOBBIES (showing self awareness)– Make a list of your talents or hobbies. Choose one to complete OR use your talents to complete something and share it with others OR give it the item away as a gift. Some common talents or hobbies are: Music, art, singing, poetry, dancing, sewing, crafting, and more.

3. IMAGINATION- By using your imagination you will continue to learn and grow using your creativity. Draw a picture, decorate cards for soldiers, make up a game, make up a dance to a song, add new endings to games, story, or skit. The options are open, just use your imagination.

4. CARING- Show a feelings of affection towards others. Help someone in need. Be buddy to someone or be helpful to someone. You choose the project or good deed.

5. FRIENDSHIP- Complete an activity with a friend OR make a new friend. What activity did you choose to complete with a friend? Make new friends but keep the old.

6. GOALS-Set a goal of your choice. Examples: Complete a book, create an art project, go hiking, be more organized, better grades in school, or more.

7. BE HELPFUL- Complete a project that helps others by assisting your parents at home, reach out to your community or organization. Complete a project on your own or with your group. Use teamwork to complete the activities together with your group or family. Examples: Donate your used coat to the needy, make shoeboxes for children around the holidays, assist veterans, help younger children learn a new skill, make muffins for a shelter, pinwheels for peace, OR eyeglasses for the needy.

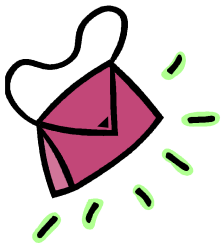
8. LEADERSHIP– Complete one leadership skill. Simple basic decision making leadership skills include: Making choices between activities, OR should I purchase this item and what are the pros and cons, OR deciding on a goal for yourself to accomplish, OR communicate decisions when it is a group or family discussion, OR taking responsibility for chores builds leadership skills, OR having a game night helps children play by rules and make decisions, OR have older children can assist with younger children.

9. RESPECT- Gain self-esteem for yourself and learn to respect your elders or authority figures; having a courteous regards for people's feelings. Complete a good deed for a someone in need.

10. RESOURCEFUL-Learn how to reuse or recycle an item into something new OR take part in a recycling program or activity. Some ideas include: Recycle your crayons or markers; use colorful cereal or cookie boxes to create a journal cover or another useful item; use scraps of materials to create blankets or art items; tye-dye or reverse tye-dye a stained piece of clothing into a new shirt; use old jeans or shirts to make purses or pillows. The ideas are endless.

Crafts

Purse [imagination]



Felt or vibrant colored material
Sewing machine or needle and thread
wide ribbon (for the strap)
Decorative items: iron on symbols, buttons, ribbons, decorative trim, sequins, etc.

Cut two pieces of material in the approximate size of 5 X 7 inches. One side will be the front and the other the back.
Decorate with the front with beads, buttons etc., before you sew the two pieces together.

After the purse is decorated place the front and back outside sides together. Sew the sides and bottom together, leaving the top portion open. Turn the purse right side out. Fold the top of the purse over to create a hem and stitch along the edge. Measure the length of the strap according to the person wearing it. Some like to wear it diagonal across the chest, so keep that in consideration. Stitch one end of the ribbon on the inside of the purse on the side seam. Making sure that the ribbon is not twisted attach the other end of the strap to the purse with a needle and thread.

Flower Pot Gift [kindess]

Handful of small rocks
Small flowerpot
Potting soil
1 packet off marigold seeds
Water
Ribbon
Scissors
Pen and paper

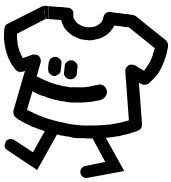
Place the rocks in the bottom of the flower pot. Fill the pot up to the rim with soil. Place 3 or 4 marigold seeds on top of the soil. Make sure the seeds are evenly spaced apart. Cover the seeds with 1/4 inch of soil. Gently water the soil until it is thoroughly moist. Place the pot ina sunyy window and keep the soul in the pot moist until the seeds sprout. It should take about 2 months for the plants to begin to bloom. When the plants bloom, find a nursing home or hospitable to find someone who might want some cheering up. Before you deliver the gift, add a ribbon and a sort happy note.

Customized Lampshade [Resourceful, imagination, talents]

Apply craft glue to the bottom of any size lampshade and attach decorative ribbon to match your room.

Optional: Apply glue to the top of the lampshade and add ribbon to it as well. Add other decorations to the edges or sides.

T-shirt Pillows [resourceful, imagination, and talents]



Favorite t-shirt you have outgrown
Needle and thread
Poly Fill stuffing

Choose a shirt that is decorative or colorful that you have outgrown. Stitch the bottom and sleeves closed. Place the stuffing inside and then sew the top shut. You can also use the sewing machine to make it quicker.

All the crafts can cover the requirements for knowledge and imagination.

Crafts

Keepsake Tin Gift Boxes [friendship]

Decorate an Altoid® mint box or other small tin box and use it to store hair ties, candy or other little items. Create one as a gift and one for yourself.

Holiday Box– add mini candy canes, cinnamon candies and mini marshmallows into your box! Cover the lid with glitter and rhinestones. Buy some little foam snowflakes to add a feeling of winter.

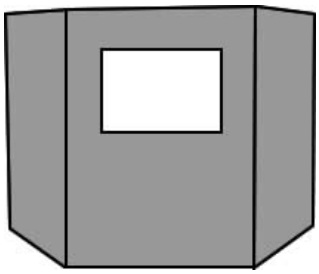
Valentines day– give this to someone you care for. Fill this tin with hugs and kisses cadies, a love poem and a picture of you! Decorate this tin with read paint and little wooden heart shapes. Add some stick on rhinestones.

Nail Care box– Decorate the lid with glitter glue and glittery nail polish. Then, glue on some painted fake nails. Put in a mini nail file, nail polish and nail decals.

Smile!- Decorate the lid with paint and let it dry. Glue on a small mirror and beads. Glue on a pipe cleaner around the mirror. Put in the box a mini toothpaste, a toothbrush and floss and some lip gloss.

Friendship box– decorate the lid with paint and write "Friends" on the box. Glue mini pencils around the border. Put in a mini gel pen and notebook and some mints.

Puppet Theater Using A Tri-fold Board [talents]



Tri-fold Board
Markers and scissors
Optional: Construction paper, glue, and tablecloth

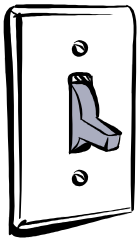
Using a tri-fold board cut a rectangle out of the center to create your puppet theater. [*Adult assistance needed for cutting].* Fold the board backwards as shown so the you can not see the puppets from the side. Decorate the outside of the tri-fold board with stars, lettering and other designs. You can also use construction paper to cut out designs and glue on the board. Set your theater up on a table and put on a show. Depending on your height you may want to sit on a chair.
Optional: Place a sheet or table cloth on the table slid forward so the participants can not see your feet.

Glittery Lip Gloss [talents]

1 tablespoon of petroleum jelly
1/4 teaspoon of loose powder eye shadow
Sprinkle of loose body glitter to add shine
Toothpick or plastic spoon to stir the mixture
Container or ziploc bag to place the lip gloss in

Using a plastic spoon, place the petroleum jelly in the container or mini ziploc® bag. Place the loose eye shadow in the container. Different colored eye shadow makes the tint of the gloss change. Stir the items together in the container with a coffee stirrer or strong toothpick. If you are using a bag keep the items together in a small corner of the bag while you massage the dry items in the jelly. EXPERIMENT! Add the petroleum jelly, powder and glitter until it gets the color you desire.

Decorated Light Switch Panel [resourceful]



Decorate the light switch panel by covering it with glitter glue and pretty rhinestones. Or, you could cut out pictures from a magazine and make a collage by gluing the pieces together. Cover it with a white glue. Let dry and place on your wall with an adults assistance.

Recipes

Rainbow Jell-O [kindness and leadership if you are bridging]

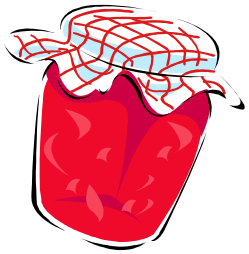
1 3-oz. packages **red** Jell-O (strawberry, watermelon, or cherry)
1 3-oz. package of **orange** Jell-O (orange)
1 3-oz. package of **yellow** Jell-O (lemon or pineapple)
1 3-oz. package of **green** Jell-O (lime or green apple)
1 3-oz. package of **blue** Jell-O (berry blue)
1 3-oz. package of **purple** Jell-O (grape)
glass dish to place creation in
non stick spray
whip cream or cool whip (optional)

Spray the glass pan with non stick spray and set the pan aside while you prepare the Jell-O.
In a small bowl, mix RED Jell-O in 1 cup boiling water. Stir until dissolved. Add 3/4 cup cold water; stir and pour into glass dish. Place dish in refrigerator, let set. About 1 1/2 hours.
Continue to layer the Jell-O in the above order to create the colors of the rainbow. Cut in squares and serve on a dessert plate. Add a touch of a fluffy cloud top with whip cream or cool whip.

Optional twists: You can prepare this creation in clear plastic cups instead of a dish. If you don't have time to create this project or you want to add a twist to it, then use Jell-O's Magical Twist gelatin.

Yummy Jam [helpful and talent] (complete with adult supervision)

20 ounces fresh strawberries
4 cups sugar
2 tablespoons fresh lemon juice
1 pouch liquid pectin
Paring knife
Cutting board
Large and small mixing bowl
Potato masher
Measuring cups and spoons
Wooden spoon
Jars with lids



Use the paring knife to remove the stems from the strawberries. Cut the strawberries in half and put them in the large mixing bowl. Use the potato masher to crush the berries. Measure two cups of crushed berries. (If extra, do not use it for the jam.) Stir the 4 cups of sugar into the 2 cups of berries. Mix well, and let stand for 10 minutes. Measure the lemon juice into the small bowl. Add the liquid pectin and stir well. Add the pectin mixture to the strawberries. Stir well for 3 minutes, until the sugar is completely dissolved. Pour the jam into jars. ***Adult supervision needed for this project.**

Make Hot Fruity Tea for a Family Member or Friend [caring]

2 1/4 cups sugar
2 cups cold water
1 lemon rind
Heat the mixture over medium heat and bring it to a boil in a saucepan. Pour 4 cups of boiling water into a mixing bowl. Hang 4 tea bags over the bowl edge and let the tea steep for about 5 minutes. Take the tea bags out and add 2 cups orange juice, 1/2 cup lemon juice and the sugar mixture for taste. Stir well and pour it into pretty teacups!

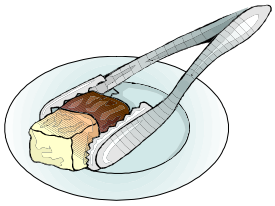
Tea Time Recipes

Jam Cookies [helpful]

1/4 cup jam
1 cup butter, softened
1/3 cup sugar
1 3/4 cups flour
Pinch of salt

Preheat the oven to 350 degrees F. Spoon the jam into a small bowl and stir it until it is smooth. Set aside. In a mixing bowl, cream the butter and sugar together until they are light and fluffy. In a separate bowl, mix together the flour and salt. Add the flour mixture to the butter mixture and blend until a dough is formed. Pinch off bits of dough and roll them into 1-inch balls. Place the balls on a baking sheet about 1 inch apart. Press your finger into the center of each cookie to make a "well". If the dough cracks, pinch it back together. Fill each well with 1/4 teaspoon of jam. Bake the cookies for about 10 minutes. Remove them from the oven and cool.

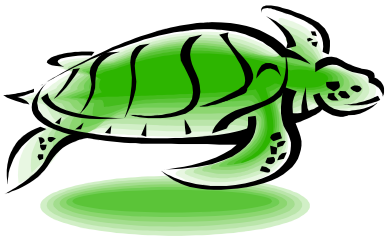
Petit Fours [respect adult supervision why learning new things]



Frozen large sized pound cake
powdered sugar (1-16 oz box)
butter, teaspoon of vanilla, wax paper, tray, milk, food coloring and gel icing for decorating.

Trim all the crust off the sides, bottom and top, making sure that all sides are even like a rectangle box. Cut the pound cake in one inch strips. Once you have cut all of the strips, cut them in half length wise and then in squares. This will be the shape of the petit four.
For the icing, combine one box of powdered sugar and vanilla. Add milk to the mixture until it is smooth and thin enough to drizzle. Separate the icing into three bowls. Add food coloring to each one. Take a square of pound cake and rest it on your fingers. Use a large spoon and drizzle the frosting over the cake, making sure that the cake is completely covered on the sides and top. Slide the cake off your fingers onto a wax paper lined tray or pan. Continue with each cake until all are complete. Place the cakes in the refrigerator, usually overnight. Decorate with gel frosting creating flowers or squiggly designs or with sprinkles or colored sugar. Place on a serving dish on each plate.

Sea Turtle Crunches [caring]



1 ½ cups pecan halves
24 caramels, unwrapped
1 cup milk chocolate chips, melted according to package directions
Assorted candy decorations such as sprinkles

Preheat oven to 325° Fahrenheit. Line a cookie sheet with foil and spray with nonstick cooking spray. Set aside.
Break pecan halves into 5 thin pieces lengthwise to create 4 legs and a tail for each 'sea turtle'. Use one pecan half as the head. Arrange the thin pecan slices, flat side down, on prepared cookie sheet, in clusters of 5 to form the turtle's four legs and tail. Place the pecan half for the head. Put a caramel on top of each group of pecans. Place cookie sheet in oven and heat until caramels soften (about 5 minutes). Cook cookies on pan for 10 minutes. Spoon about ½ teaspoon of melted chocolate onto each turtle and sprinkle with assorted candy decorations. Place in refrigerator to chill for 15 minutes and serve. *Makes 24.*

Community Service

SIGHT NIGHT– collect eyeglasses

Step 1: Get Your Group Together! Collect used eyeglasses on your own or with a group of friends, scouts, club members, or schoolmates. (free flyers and door hangers to download)
Step 2: Print and personalize fun materials to help you collect used eyeglasses including door hangers, fliers and stickers in English, Spanish or French!
Step 3: Place door hangers Along Your Collection Route (three days to a week in advance)
Step 4: Ghost Hunt for Used Eyeglasses on Sight Night!
Step 5: Count Your glasses and Collect Your Certificate!
Step 7: Turn In Your Sight Night Eyeglasses at Your local LensCrafters and Lion's Club

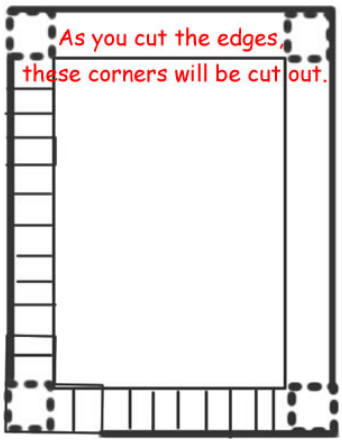
STOCKINGS FOR CHILDREN

Fill stockings for children in need. Children's Pediatric unit at hospitals, financial need, poverty, victims of natural disasters, etc. Contact your local hospital, Salvation Army, organization or church to see if you can donate to them.
Collect or purchase items for your stockings.

Contact your local Salvation Army as they usually provide the stocking for FREE and all you have to do is stuff the stocking according to the list of items. http://www.salvationarmyusa.org/

CREATING BLANKLETS FOR THOSE IN NEED

Donate to local : Homeless shelters, Battered Wives shelters, churches donate them to those in need, elderly homes or assisted living, or animal shelters.



Participants of all ages can create blankets and distribute them to a variety or organizations.
DIRECTIONS ON HOW TO MAKE A BLANKET
Materials needed:

Less than a yard blanket would be nice to donate to the local animal shelters.
1 1/2 yard piece of polar fleece (Elementary school children)
2 yards of polar fleece (for teens)

Fleece is usually about 55" wide.
Directions:
When purchased, sides of polar fleece have a rolled edge or a selvage.
Please trim this edge off prior to creating the blanket.
If you need a cutting guide place a piece of masking tape 5" in from the edge on top and bottom of blanket to be used as a cutting guide.
Cut top and bottom sides into 1" x 6" strips (cut toward center of blanket to make fringe). Eventually, you will cut out a square in the corners by creating your fringes. See diagram on the right. Remove masking tape.
Tie overhand knot on each strip to create a finished fringe edge as shown on the patch.

MILLION MISFIT SOCK ANTI BULLY PATCH PROGRAM

Stand up for bullying during the sock march weekend to earn this patch.

Find the perfect pair of misfit socks to wear as a troop or group to stand up against bullying. Choose any day you would like to stand up against bullying with a group on your own.
Official site:
http://misfitsockmarch.wix.com/misfit-sock-march

Letters and Cards

VALENTINES FOR VETERANS card template included

1. Cards can be created in every shape and size — and are made with everything from tissue paper, stickers, and colored doilies to crayons, construction paper, and rubber stamps. Please do not place glitter on the cards. You can send a store-bought valentine; hand-crafted cards, however, make Veterans feel extra special. Valentines of all shapes, sizes, and colors are welcome. However, valentines that are greeting-card size are easier to package and distribute.
2. Please do not include candy or chocolate with the valentines. Do not use sparkles or materials that easily break off the valentines.
3. Participants can sign their first name. However, do not include addresses or phone numbers.
4. Do not put individual valentines in sealed envelopes. Send a single large envelope containing all of the valentines.
5. Do not put the date or year on the valentines.
6. Make sure the participants are aware of who Veterans are—they are living and were men and women who served in the military. Avoid using "RIP" and images related to violence or death such as graveyards or guns.
7. If you would like to write in the card, tell the Veteran why they are important, what you plan to do this year to remember our nation's proud military history, or the reason you want to wish them a Happy Valentine's Day. Thank the Veteran for his or her service. You can write a poem or include one of significance to Valentine's Day or to Veterans, such as, "Roses are Red".

LETTERS TO SANTA PATCH PROGRAM

Write a letter to Santa to make a wish come true for someone

Write a letter to Santa, participate in the letters to Santa that sends a letter to a soldier, or volunteer to write letters to a needy child. Your letter can help a child's wish come true: Macy's is inviting kids all across the country to believe by dropping off a letter for Santa at a local Macy's Santa Mail letterbox. For each and every stamped letter dropped off in a Santa Mail letter box through Christmas Eve, Macy's will donate **$1 to Make-A-Wish, up to $1 million, to help grant wishes for children for the holiday season.** For more information on the Believe campaign, go to www.Macys.com/Believe

CARDS FOR SOLIDERS PATCH PROGRAM template on page 14

Make cards for soldiers. You can send to organizations that are collect them. They will be delivered to veterans, bases, overseas, and hospitals

1) Make your own cards. No puffy paint, glitter, or envelopes.

2) Cards with winter scenes or a Happy Holidays message are really the better choice.

3) Don't forget when you create your card please only sign your first names only.

4) Mail your cards to the following addresses: **Diane Schneider, 119 Brentfield Loop, Morrisville, NC 27560**

LETTERS TO LADIES-template on page 16

1)Write a letter(s) or card(s) to ladies that are going through breast cancer.
2) You may use any note card, stationery, or paper but please keep **cards** should measure a piece of paper folded in half, to ensure your letters can be used.
3)Letters are to cancer centers where medical staff hand out individual letters to newly diagnosed patients.
4)WHAT TO SAY: The best way to start your letter is with "Dear Friend" or "Dear Sister." We encourage you to sign just your first name and last initial (Gina M.). And because we don't know a distribution time frame, please DO NOT DATE THE LETTERS OR WRITE THE SEASON you created it.

SEND TO: Girls Love Mail
2330 E. Bidwell St.
Suite 200
Folsom, CA 95630

Community Service Artistic and Creative

PINWHEELS FOR PEACE-template included

To earn this patch:
1. Decorate the pinwheel template using your imagination and artistic skills.
2. Write on the back what peace means to you.
3. Create your pinwheel by folding it together and attaching to a pencil.
4. Plant it somewhere so everyone can see it. You will need permission to plant them in a public facility.
5. Order your patch.

View the below website for a pinwheel template
http://pinwheelsforpeace.com/pinwheeltemplate.html

EARTH DAY GROCERIES PROJECT

Decorate grocery bags and share environmental messages to earn this patch.
The Earth Day Groceries Project is a cost-free environmental awareness project in which students decorate paper grocery bags with environmental messages for Earth Day.

To earn this patch there is four simple steps:
1. **Bags**. Contact a local grocery store that uses paper grocery bags. See if the manager will let you have enough bags so that each participant can decorate one.

2. **Decorate.** Have participants decorate the bags with pictures of the earth, environmental messages, the name of your group, etc. Be creative! **NOTE: Students should not write their last names on any bags.**

3. **Deliver.** Use the bags the next time you go to that grocery store to place your groceries in or you can ask to display some them in the window for earth day.
4. Purchase your patch.

Poppies for the Wall of Valor

Who can make the poppies?
Students, children, scouts, adults, anyone that wants to contribute to this display.
Please be creative as you would like. (no glitter is allowed) Glitter paint or glue is allowed if it doesn't flake off when dry.)

- Poppies need to be at least 3 inch in diameter. Use the template on the next page to create them.

- You can use paint, watercolors, colored pencils, markers, to add color to your paper.

- Make sure each flower is decorated and cut out. It needs to be fully completed and ready to hang on the wall when received.

- Participants can place their first name and last initial on the back of the poppy.

- All poppies need to be dropped off or mailed to the following address:

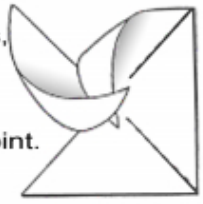
- **Mighty Eighth Museum Education Department P O Box 1992 Savannah, GA 31402**

for more information, visit http://pinwheelsforpeace.com

Pinwheels for Peace

What you need:
Scissors
Straight pin
Pencil with eraser
Colored pencils or markers to decorate

How to get started:
Cut out the pinwheel square on this page. On one side of the paper, write down your feelings about war/peace/tolerance/living in harmony. On the other side of the paper, use markers, colored pencils, paint, or other art media to visually express your feelings.
Following the lines on the template, cut in from all four corners, leaving about 2 inches of center uncut.

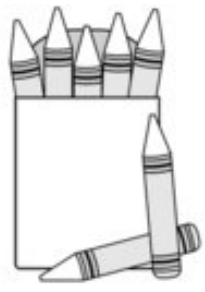


To create the pinwheel:
Gently bend (don't fold) one of the cut corners to the center point.
Skip the next cut corner, and bend the next one.
Skip and bend until four points meet in the center.
Then stick the straight pin through all four points AND the back of the pinwheel.
Stick the pin into the pencil eraser. Find some wind to test it out.

Cut out this peace sign and put it in the center of your pinwheel before you put the pin in it.

Directions for creating these poppies.

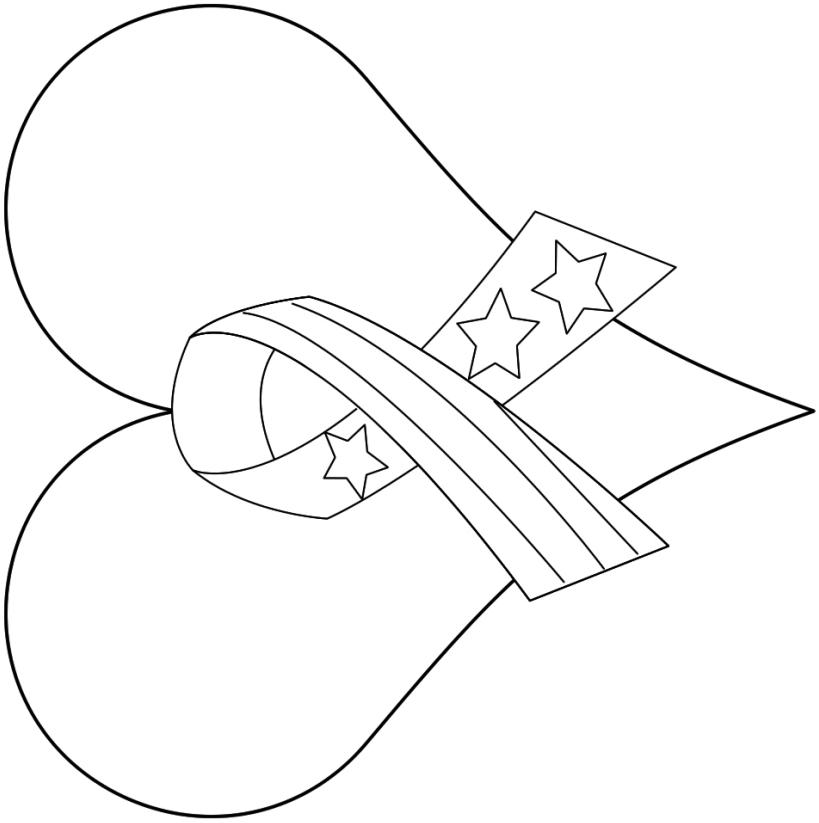
1. Color each poppy red.
2. Cut them out.
3. Mail them to



Mighty Eighth Museum Education Department P O Box 1992 Savannah, GA 31402

HAPPY

HOLIDAYS



YOU ARE A PRINCESS SCOUT!

You are a true individual regarded as having the status and qualities of a princess. You explored paths of creativity, imagination, loving, caring, and kindness.

Wear your crown with pride!

AWARDED TO:

_____

Date:_____

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AWARDED TO:

_____

Date:_____

Caring and Kindness Coupons

This Coupon is For

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TO

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FROM

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This Coupon is For

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TO

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FROM

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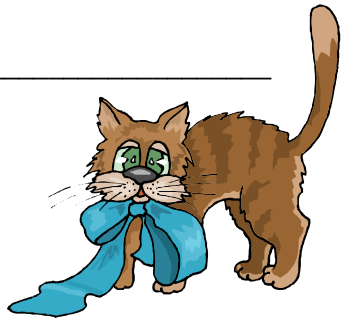

This Coupon is For

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This Coupon is For

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FROM

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This Coupon is For

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TO

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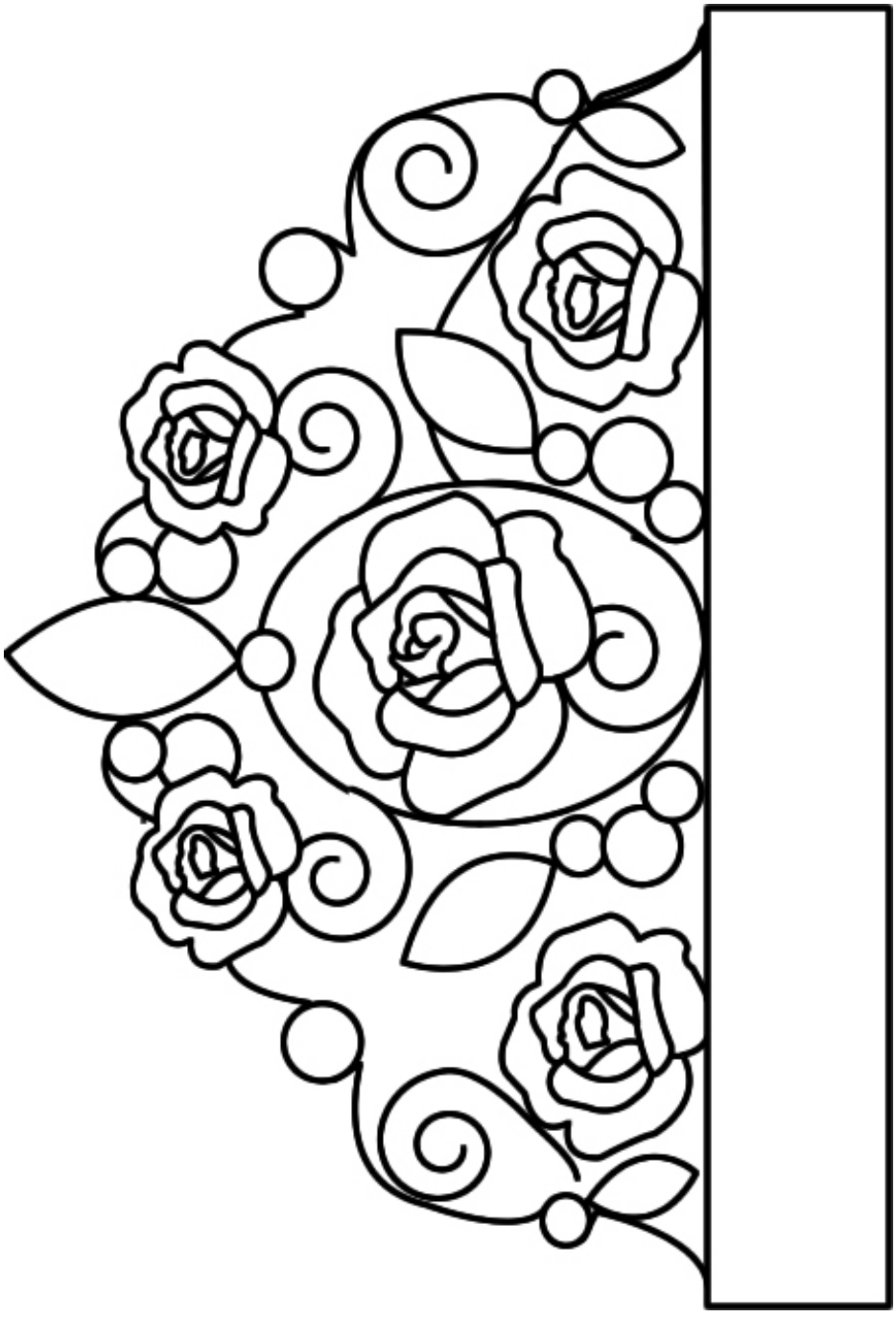
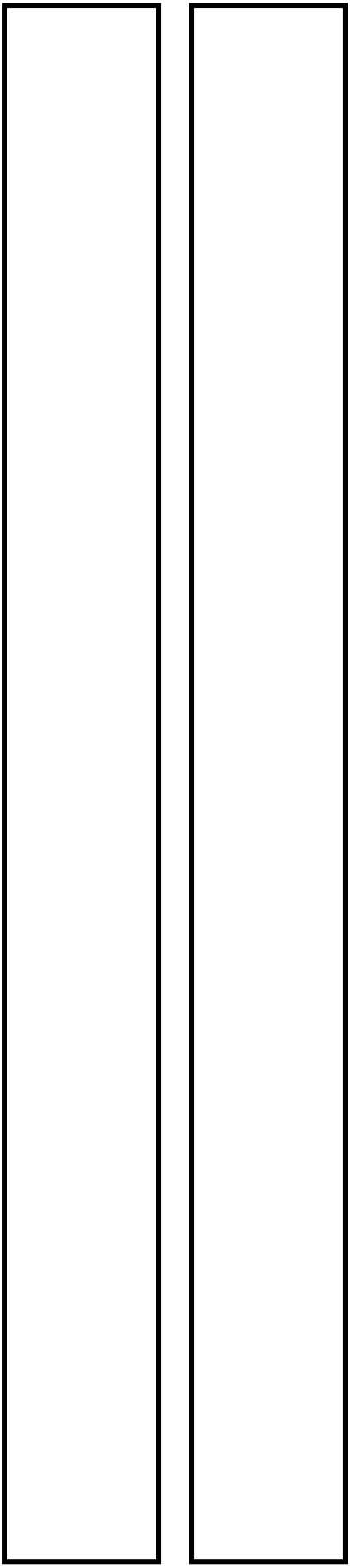
Crown Pattern

Create a beautiful crown to represent a princess of your choice. Copy this pattern on poster board or cardstock so you can decorate it. Use the long strips attaching them to the sides of the crown to create a band to go around your head.

Suggestions for decorations: glitter glue, sequins, stick on rhine-stones, ribbons, fringes, tissue paper, streamers, etc.

Make sure you don't make it too heavy so still stands upright when you wear it.