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MAGICAL FAIRY <mark>or faery adventure</mark>

TABLE OF CONTENTS REQUIREMENTS 2-3 **BIBLOGRAPHY** 3 CRAFTS 4-11 RECIPES 12-18 GAMES 19-22 **FLIPBOOK** 23-38 FOLDER PAGES **PATTERNS FOR CRAFTS AND** 39-42 GAMES **ORDER FORM**

PATCHWORK DESIGNS, INC

ORDER FORM AND SHIPPING 43-44 CHART

ABOUT THIS KIT

This **kit** was created to assist you or your group in completing the 'Once Upon A Time"

Kits are books written to specifically meet the requirements for the patch program and help individuals earn the associated patch.

All of the information has been researched for you already and collected into one place.

Included are crafts, recipes, coloring sheets, and

other educational information. These materials can be reproduced and distributed to the individuals completing the program.

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WRITTEN BY: ARIEL AND CHERYLE OANDASAN

EDITED BY: NICOLE LALANI

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Patch Requirements

This program will assist the participants in learning more about the fairy/faery world, famous fairies, sparkly crafts and fun games. To begin your magical fairy/faery adventure, all you need is a little creativity and the magic that is within each one of us. It is said that some fairies disguise themselves as dragonflies, butterflies or bees and that only people with fairy sight can actually see them.

COMPLETE 3 REQUIREMENTS TO EARN THIS PATCH

1. There is a variety of crafts that can be created depicting fairies. Create a collage of fairy items or natural products, design your own fairy, view a collection of fairies, or create a craft depicting a fairy theme. Use items from nature or craft store purchases. Examples are fairy jewelry, wands, treasure boxes, rose water perfume, purse, pillow, picture, bookmarks, puppets, masks, or face painting.

2. The tooth fairy comes when a child has lost a tooth. She comes in the middle of the night and retrieves the tooth under his/her pillow. She leaves money and takes the tooth to her tower. Make a tooth pouch, write a letter to the tooth fairy, or create a bag of fairy dust or magic wand.

3. There are a variety of good fairies, pixies, dwarfs, or elves pictured in films, books, or TV. Choose one fairy to learn more about, watch a film, or read a book. Examples are Tinkerbell, Fairy God-mother, or the Blue Fairy in Pinocchio.

4. Flower Fairies are shy and happy fairies that live in the flowers. They are sometimes hard to see because they are camouflaged in their floral surroundings. Observe 3 flowers and imagine what it would look like as a fairy dress, create your own flower fairy or floral hair wreath, OR draw or color a flower fairy.

5. Night Fairies are said to be the prettiest fairies of all. They come out at night and collect the "star dust" from the sky so they can fly. We commonly call this dust "fairy dust". Create your own pouch of fairy dust, magic wand, lucky charm to wish on, view stars in the sky, catch fireflies, OR have some flashlight fun.

6. Some Fairies are categorized according to the elements of the world. What type of personality do you have? Are you a Wind Fairy, you like to spend time with your family, nurturing, and offer good advice; Earth Fairy, you take pride in what you do, like to be outside, and have a strong will; Fire Fairy, you have a strong opinion, like venturing in crowds, and a active person OR Water Fairy, you like to have quiet time to read books, sometimes emotional, and have close friends. For extra draw a picture of your fairy, according to your personality.

7. In 1890, a story was written about a Brownie that lived in England. A Brownie is a fairy helper that lives in houses or barns. Examples of some other fairy helpers are dwarfs, Spae Wives, of Scandinavia; La Befana, Christmas Fairy of Italy; Menehunes of Hawaii; and Clay Mother of the Native Americans. Read a story or poem about a fairy, act out a play, make up a skit, OR learn more about a Fairy helper.

8. Have a fairy themed party with your family or friends. This could be a slumber party, tea party, picnic, or an event of your choice. Decorate with any themed toys, hand crafted placemats, streamers, paper wings, tissue or silk flowers, OR colorful paper products. For extra, if you have the party outside, sprinkle fairy dust and hide clues to find a hidden treasure. Decoration ideas are located in the kit or purchase items at your local party store.

Magical Fairy/Faery Adventure

9. Make edible creations that represent the magical fairy theme. Prepare them ahead of time or let the participants decorate them. Ordinary items used everyday can be placed in new containers with handmade labels. Some suggestions are pancakes sprinkled with edible fairy dust (powdered sugar with colored sugar crystals) or nectar syrup (blueberry or strawberry syrup), flower or leaf shaped cookies, star wand cookies (use lollipop sticks), rainbow Jell-O, OR sparkly punch. Recipes are available in our kit or create your own.

10. There are a variety of fairies, nymphs, pillywiggins, green ladies, sirens, or muses to explore. Choose a one to learn more about. Information is located in the kit on all categories.

11. Most fairies live outdoors and their houses are made of natural products. Create your own fairy house, boat, or furniture on paper OR build one. Gather a sturdy box for a foundation and add twigs, leaves, flowers, etc.

12. Every once in a while it is fun to disguise yourself into something fun and magical. Dress up like a fairy. For extra, use a decorated wreath or mask to show your type of fairy. Examples are Daisies, flower fairy; stars for the night fairy; and vines for a woodland fairy. Don't forget to add wings and glitter to your costume.

13. Fairies love to dance, sing, and play musical instruments. Listen to some magical music, create your own dance, make your own music OR instrument.

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PATCHWORK DESIGNS, INC

Page 4

Crafts

Create Your Own Head Wreath Easy Head Wreath Magic Wand **Fairy Dust Fairy Dust Container** Lucky Charms **Rose Water Perfume No-Sew Tooth Pouch** Sew Your Own Tooth Pouch Magic Butterfly Box **Fairy Flower Friends Mystical Photo Frame Fairy Treasure Shoebox** Wooden Fairy Treasure Box **Fairy House Perfect Vibrant Flowers**

Dancing Butterflies Rainbow Woven Mats Flowing Fairy Skirt Jingle Fairy Bracelet Fairy Thought Journal Pixie Pen







Create Your Own Head Wreath

Pipe cleaners (4 for each wreath) Ribbon in assorted colors (about 1/4 inch wide) Ribbon (sold at craft stores for \$.50 or \$.99 a roll) Scissors

Take one pipe cleaners and twist them together. (do this twice) Now twist one end of each pipe cleaner together. Place on top of the persons head for measurement. Complete the circle by twisting the last two ends together. Cut four pieces of ribbon, each piece should be 24 inches long. Fold it in half and tie it to the back of the wreath.

Easy Head Wreath

Flower garland Packing or masking tape to secure the ends Scissors

Flower garlands can be purchased at local \$1.00 stores or craft stores. They range from 5-6 feet in length. Wrap the garland around the top of the head and cut to fit. Make sure your leave room to secure the ends with tape.

Magic Wand

Dowel sticks (1/4 inch wide) Curling ribbon or satin ribbon (sold at craft stores for \$.50 or \$.99 a roll) Self adhesive foam (pastel colors) Permanent markers Glitter glue Glittery or fairy stickers Star template located in the back of this kit

Since it takes several hours for glitter glue to dry you may wish to omit the glitter glue or place the glue on it the day before. Trace the pattern on the back of the self adhesive foam material. Cut out two stars for each wand.

Cut each dowel stick to an appropriate length (2 feet length is a good length) to use as the wand part. Peel the paper off the back of the star. Place one end of the dowel in the center of the star. Peel the paper off the back of the other star and place it on top of the stick so the two stars stick together. Trim off all the edges to make the star even. Place glitter glue around the outside edge of the star. Let dry.

After the glitter has dried, let the participants write their name on the star and decorate with stickers. Finish by tying a ribbon at the base of the star. If you use curling ribbon, then curl the ends for the participants. They are now ready to use their magic wands. Make sure they follow the fairy rules and are nice, respectful, and helpful.

You can also use construction paper, a straw, and tape as a substitute for the foam and dowel.







Fairy Dust

Glitter (multi-colored or a variety of colors) Colored sand Ziploc bag

Take a tablespoon or more of each item and place it in the Ziploc bag. Place the dust in your fairy dust container. Shake up the mixture and make a wish. Make sure if you add any additional items to the dust that it doesn't harm the environment. You wouldn't want birds or animals to be harmed.

Fairy Dust Container

Small brown bag Small plastic jar or baby food jar Markers or stickers to decorate the container

Place your fairy dust in the container, make a wish, and sprinkle it on the ground or in the air. The wish will travel to fairyland. Keep your dust in a safe place and use it wisely.

Lucky Charms - Creating lucky charms will build self confidence, belief, and hope.

Templates, silk flowers, or rocks Markers Glitter glue Paint (optional for rocks)

Decorate rocks, flowers, four leaf clovers, butterflies or stars. There are templates located in the back of the kit for four leaf clovers, butterflies, flowers and stars. If the participants use glitter glue, make sure they apply that last since it takes a while to dry.

Rose Water Perfume—Creates a sweet, natural smell of nature.

Fresh rose petals (from your garden or local florist) Cool water Glass jar with a lid Strainer Bowl <u>Optional</u>: items to decorate jar [stickers, foam shapes, markers, labels]

Write your name on the bottom of the jar. Fill your jar full of rose petals. Pour in cool water to cover all of the petals. Place your jar in the sun for 5-7 days. Place a strainer over top of bowl. Empty the jar into a strainer. It is recommended that you purchase a separate strainer and bowl from your food containers since you will be using it for perfumed water. Shake the strainer up and down until most of the water is drained off the petals. Pour the water from the bowl into the jar. Secure the lid and decorate with stickers or labels. Continue this process with each participant. Be sure to keep the rose water refrigerated until it is completely used.









Magical Fairy/Faery Adventure

No-Sew Tooth Pouch

6X6 piece of cloth (calico or muslin) (12 inch) piece of ribbon (this usually purchased by the spool for .99 or less)

Take the piece of cloth and lay it flat. Place the tooth in the center.

Carefully fold up each of the four corners of the cloth, hold them together to form a small bag. The folding will create four more corners. Tie a piece of ribbon around the top of the cloth to close up the bag. Make sure there are no gaps in the sachet. Tie the string a bow.

Sew Your Own Tooth Pouch

Felt square (8 1/2 X11) makes two Needle and thread Scissors



Cut the felt square in half. (5 1/2 X 8 1/2) You can also use a piece of paper cut in half as a template. Fold the felt upward leaving a once inch flap to fold over.



Sew up the sides and fold the flap over.

Place the tooth in the pouch and leave under the bedroom pillow for the tooth fairy.

Magical Butterfly Box

Pattern, in the back of this manual Cardstock, any color Adhesive tape Glue Glitter glue Gold star confetti Stick on rhinestones



Copy the pattern in the back of this manual onto the cardstockFold on the dotted lines to make a box. The square should be the base and the longer sides are the sides. Fold the tabs in and tape them inside the box. Fold the butterfly on the line in the opposite decoration so you can not see the lines. The butterfly will be on the top when it is completed. This will be how you open and close the box.

Decorate the top with glitter glue, stick on rhinestones, and gold star confetti if desired. If you are using glitter glue, let it dry overnight before using. Place items such as: hair ties, coins, earrings, fairy treasures, prizes, bracelets, etc. inside.



Fairy Flower Friends

Silk-Like or artificial Flowers (variety of colors) Red\Pink markers Fine Tip black Marker 16 mm round wooden bead Pipe cleaner for body (green works best) Wire Cutter (to cut the flowers from the stem) Embroidery Floss (about 4 feet if you are wrapping the pipe cleaners) Glue Stick and hot glue gun. Yarn for the hair

You may wish to hot glue the yarn hair and pipe cleaner in the wooden bead prior to this creation.

STEP 1: Fold the body pipe cleaner into 1\3's. Snip it into 1/3's with the scissors. Place one piece of pipe cleaner in the hole of the bead and secure it using the hot glue gun. For the hair, wind the yarn around your hand 10 times to form a scan of yarn. Tie it in the center with a piece of yarn. Knot to secure the yarn. Place it in the top of the bead and secure it with hot glue.

Use markers to draw a face on the wooden bead. Be sure the hole is at the top of the head.

STEP 2: Take 1/3 of the pipe cleaner and make the arms of the fairy, secure it under the head by twisting the pipe cleaner.

STEP 3: Separate the flower from the stem. If it does not pull out, use the wire cutters. Select as many layers of petals as you like for the skirt. Snip a hole in the flower petal, if it does not have a hole to slide up the pipe cleaner. Secure the petals under the arms with a piece of floss. Tie it under the arms and secure with a spot of glue. Take 1/3 of the pipe cleaner and make the legs of the fairy, by securing it under the flower petals and twisting the pipe cleaner.

As an option you can cover the legs and arms by wrapping embroidery floss around the pipe cleaners. If this is not a option for your fairy, you will not need as much floss.

STEP 4: For the wings take a flower petal and pinch it the middle. Clip a "V" at each end and secure in the middle with floss. Hot glue to the back of the doll. Make the wings a different color from the flower dress. Your flower fairy is complete.

Mystical Photo Frame

Unfinished wooden photo frame (available at craft stores) Glitter alue Acrylic paint and paint brush Rhinestones, shiny buttons, fairy foam shapes, star confetti, etc.

Remove the glass and back from the frame and set aside. Paint your frame any color. As it is drying, pick out the items you would like to place on your frame. Create a design with the glitter glue, like swirls or flowers. Glue rhinestones and other items along the design. Wait for it to dry before you place the glass back on. Place a photo on it and display it in your room or give it to someone special.





STEP 3

STE

STEP 1

STEP 2



Fairy Treasure Box (made with a shoe box)

White Glue or decoupaging glue Scissors Sample pieces of floral wall paper, v

Sample pieces of floral wall paper, wrapping paper or magazine cut outs of nature or fairyland <u>Optional</u>: tissue paper to lay in the box for a lining

Place your name on the bottom of the box. Pre cut your designs or pieces of paper in assorted sizes and shapes to apply to the boxes. Glue the paper on the box covering all empty spaces. Overlap the papers as you go. If you are decoupaging the box let it dry completely for 24 hours before using it. Keep the lid and box separate until completely dried. It should dry prior to use because the lid and bottom will expand and stick together. After it is dry, store your treasures inside.



Fairy Treasure Box (Wooden Box with a latch or premade boxes)

A more durable box that will last longer.

Decoupage glue Sponge brush

Floral or Fairy themed scrapbooking or decorative paper to glue on the box

Pre cut your designs or pieces of paper in assorted sizes and shapes to apply to the boxes. Glue the paper on the boxes with the decoupage glue covering all empty spaces. Overlap the papers as you go. Once you have covered all the spaces cover it with decoupage glue. Let dry for 24 hours. Make sure you do not

get the glue in the hinges of the wooden box.

Keep the lid and box separate until completely dried. It should dry prior to use because the lid and bottom will expand and stick together. After it is dry, store your treasures inside.

Fairy House- Their houses are created from items you would find in nature. Never destroy anything in nature to create your home. Go on a scavenger hunt to gather on items on trails etc. Ask adults before you touch plants you have not seen before and don't eat any berries.

Sturdy piece of cardboard for the base Sea shells, tiny stones, acorns Small twig pieces, bark from tree to use for structure of the house Dried flowers or potpourri from craft stores Wood glue, string, air drying clay, etc. to hold the house together <u>Optional:</u> Pieces of cardboard to glue natural items for your house



Place your cardboard base on a firm surface so you can begin creating your fairy house. Arrange your sticks or bark to create a foundation for your house. Apply glue, string, or clay to the joints to ensure that they stay together. Wait for the house to dry before you add more items to the house. While the house is drying create walkways from stones, stools from acorns, little piles of wood for the fireplace, flower beds, or anything you desire.

Perfect Vibrant Flowers

Tissue paper in vibrant colors yarn or pipe cleaners scissors

Cut 4" squares out of the tissue paper, in a variety of vibrant colors. Take 3 squares of tissue paper and fold them like an accordion fan. Stack them on top of each other, vertical. Fold the pipe cleaner in half. Grab the squares in the middle, pinching them together. Place the pipe cleaner over the pinched area and twist the pipe cleaner together to make a stem. Spread each sheet apart one at a time, careful not to rip each layer of tissue paper, fluff it out. Paper flower is complete and ready for celebration or decoration.

Dancing Butterflies

Transparent plastic material (used typically for plastic tablecloths) available by the yard in purple, yellow or pink.

Pipe cleaners (black) Yarn

Cut the plastic material into six inch squares. After the pattern is cut out, pinch the center

together and wrap a pipe cleaner around the area to secure the center. Hang a piece of yarn from the center of the butterfly. Attach to the ceiling and watch your butterflies dance.

Rainbow Woven Mats

One average sheet of construction paper Rainbow of colors of weaving strips Rulers, pencils, scissors, tape and glue Stickers and markers for decorations. Plastic tablecloth cover or contact paper (optional)

Fold the paper lengthwise in half forming a rectangle. Using your ruler to draw lines from the fold to the outer edge. Stop the lines one inch from all edges. The lines should be one inch apart. Cut along the lines from the fold to edge. Remember to stop one inch from the edge. Open the paper and place it flat on the table.

Give each participant 5-6 strips of colorful pre-cut construction paper. Begin weaving the strips in and out of the pre-cut construction paper slits. A drop of glue or tape can be used to secure the ends on the paper edge.

Have the participants place their name in the corner. Add stickers and use markers to embellish the colorful mat. If you would like to preserve the placemat, cover it with contact paper or cover the entire table with a clear plastic table cover, placing the placemats under the cover. This material can be purchased by the yard at local craft stores.









Flowing Fairy Skirt



2 yards of tulle material per girl2 yards of ribbon per girlStick on rhinestones and fake flowers and glue dots

Fold the material lengthwise and decorate it with the stick on rhinestones and fake flowers. Place the fake flowers on there with glue dots after cutting off from the branches. Fold the material over the ribbon. Take the ribbon and tie it around your waist in the back in a bow. Move the tulle around until you like the way it looks. Pair with fairy wings and a wand and you have the perfect costume!

Jingle Fairy Bracelet

Small jingle bells Ribbon Leather cord, star garland, hair tie, string or thicker ribbon



Measure the leather cord, star garland, hair tie, string or thicker ribbon around your wrist. Tie it around your wrist and cut off excess. String the ribbon through the jingle bells and tie them onto the leather cord, star garland, hair tie, string or thicker ribbon. Continue until your bracelet is full. You don't have to have a jingle bell on every ribbon, so you can just tie ribbon on by itself.



Fairy Thought Journal—to write down all your dreams, wishes, and thoughts!

Journal or diary Fairy foam shapes or stickers Stick on rhinestones Fake flowers Glue dots or hot glue gun with hot glue gun sticks

Decorate your journal with fairy foam shapes or stickers, stick on rhinestones, fake flowers, glitter glue, etc. If you are using fake flowers, cut them off from the branch and attach them with glue dots or hot glue. If you are using glitter glue, let it dry overnight before using.

<u> Pixie Pen</u>

Ball-point pen Boa Stick on rhinestones Hot glue gun with hot glue sticks Flower garland (optional) Glitter glue (optional)



Cut a small section off the boa and roll into a ball. Place a dab of hot glue onto the top of the pen and press the boa into the top of it. Decorate the pen with stick on rhinestones and glitter glue with designs of your choice. If you are using glitter glue, let it dry overnight before using. If desired, wrap some flower garland around it to give it a final touch.



Recipes

Rainbow Jell-O®

Sparkly Punch

Fairy Sprinkled Cupcakes

Butterfly Cookies

Flowers With Nectar

Sparkly Fairy Pancakes

Magic Wand Cookies

Fairy Fun Sandwiches

Magical Petite Fours

Fairy Houses

Fairy Garden Quiche

Flower Fairy Punch

Twisted Magic Pretzels

White Queen Cupcakes

Mystical Puffs

Fruity Pixie Wands

Toadstool Top Pizza

Fairy Mushroom Cupcakes







Rainbow Jell-O

1 3-oz. packages red Jell-O® (strawberry, watermelon, or cherry)
1 3-oz. package of orange Jell-O® (orange)
1 3-oz. package of yellow Jell-O® (lemon or pineapple)
1 3-oz. package of green Jell-O® (lime or green apple)
1 3-oz. package of blue Jell-O® (berry blue)
1 3-oz. package of purple Jell-O® (grape)
glass dish to place creation in non stick spray
whip cream or cool whip (optional)

Spray the glass pan with non stick spray and set the pan aside while you prepare the Jell-O® .

In a small bowl, mix RED Jell-O® in 1 cup boiling water. Stir until dissolved. Add 3/4 cup cold water; stir and pour into glass dish. Place dish in refrigerator, let set. About 1 1/2 hours.

Continue to layer the Jell-O[®] in the above order to create the colors of the rainbow. Cut in squares and serve on a dessert plate. Add a touch of a fluffy cloud top with whip cream or cool whip.

<u>Optional twists</u>: You can prepare this creation in clear plastic cups instead of a dish. If you don't have time to create this project or you want to add a twist to it, then use Jell-O's® Magical Twist gelatin.

Sparkly Punch

(2-liter) bottle of ginger ale
 tub of rainbow sherbet
 46 oz. can of pineapple juice
 large bowl or punch bowl

Pour the container of pineapple juice into the bowl. Place the tub of sherbert in the bowl. Top with the ginger ale and serve. Drink will have sparkly taste and a frothy look to it.



Fairy Sprinkled Cupcakes

1 box of cake mix (flavor of your choice) 1 container of premade white frosting Colored sprinkles Cupcake liners and pan Red food coloring (optional)

Prepare the cake mix according to the instructions on the box. Wait for the cupcakes to cool and apply frosting to the top of the cupcake. Sprinkle with candy sprinkles.

<u>optional</u>: Add red food coloring to the white frosting to create pink frosting. Other colors can be used to have a rainbow of fun colors to enjoy.





Butterfly Cookies

1 package refrigerated sugar cookie dough in a roll 1 can of white frosting food coloring small cups popsicle sticks sprinkles, small candies plastic knives, small paper plates or paper towels



Remove the wrapper from the cookie dough and cut in slices. Cut circles in half, turn halves over, pressing round sides together. Make an indentation in middle of straight sides, creating the shape of a butterfly. Bake as directed or until golden brown.

Have the children decorate the cookies after they cool with icing.

Give each child a cookie on a paper plate or paper towel. Place a couple of spoonfuls of white frosting in a cup. Give a cup of frosting, plastic knife, and a popsicle stick to each child. Have an adult go around and add food coloring to each child's cup according the color they desire. Have each child frost cookies with their own tinted frosting and knife. Older participants may wish to share their tinted colors and make marbled designs. Sometimes younger children tend to lick their fingers and knives while they are creating the cookies, so be careful if they share! Add sprinkles and/or small candies. Enjoy! The back of the food coloring box will assist you in mixing secondary colors, such as orange, purple, etc. Note: Food coloring stains, so I suggest having an adult adding it one drop at a time. It goes far (e.g., 1 drop of red will turn white frosting pink) so use a drop at a time. Use the excess frosting to frost another cookie or cupcake for your magical event. Such as: Magic Wand Cookies or Fairy Sprinkled Cupcakes.

Flowers With Nectar—Special Thanks to Ariel Oandasan, Centreville, VA for this recipe.

1 package of refrigerated biscuits flower cookie cutter All fruit jam floured surface (optional) Sprinkle lightly with colored sugar or sprinkles on top to add color etc.



Take the biscuits out of can and place them on a lightly floured surface. Press down firmly until it is large enough to place the flower cookie cutter on it. Press the cookie cutter firmly through the layers of the biscuits. Bake as directed on the can. When the biscuits are completed, cut them in half. Spread with all fruit jams (blueberry, strawberry, blackberry etc.) and place the top back on. Participants can also choose to spread the jam on themselves. The flower biscuits add a festive touch to your fairy tea or party

Sparkly Fairy Pancakes—Use frozen pancakes to create flowers or special designs.

Cookie cutters

Variety of fun toppings: Sprinkles, candies, whip cream, chocolate chips and fruit syrups.

Let the pancakes defrost in the fridge until you can cut it with a cookie cutter. Cut the pancakes with a cookie cutter and place them on a dinner plate. Cook in a microwave for 25 seconds and let everyone add their favorite toppings.

Magic Wand Cookies

Star cookie cutter

1 package refrigerated sugar cookie dough or homemade sugar cookie recipe 1 package lollipop sticks (8 inch long, found at local craft stores) Sprinkles

If you are frosting the cookies you will need:

1 can of white frosting, food coloring, plastic knives, cups and paper plates.

Remove the wrapper from the cookie dough and roll out on a floured surface, about a 1/4 inch thick. Cut the dough into star shapes. Place on cookie sheet about 2 inches apart. Carefully slip the lollipop stick under the cookie, about half way up, and gently press dough down and around to secure the stick. You can choose to sprinkle the cookie with sugar sprinkles prior to baking the cookie for the sparkle effect or frost the cookies after they are baked and sprinkle with sugar. Cook according to the package or until golden brown edges. Let the cookies cool completely on the baking sheet and then remove for decorating or serving.



Fairy Fun Sandwiches—These are great for tea parties and fairy themed events.

Star, heart, flower, butterfly cookie cutters 1 loaf of bread Peanut butter and jelly, ham and cheese, cucumber and cream cheese, etc. Prepare the sandwiches on the bread.

Cucumber and Cream Cheese- Peel the cucumber and slice it into thin round slices. Place a thin layer of cream cheese on each slice of bread. Lay the cucumber slices on one slice of bread. Trim the crusts off the bread and cut the sandwich into squares. Sometimes it is easier to cut this sandwich in squares instead of using a cookie cutter to cut through the cucumbers.

Peanut butter with jelly or honey. Mix the items together and spread on the bread. Using a cookie cutter, cut out the shape from the bread. Try to use a different shape for each type of sandwich.

Magical Petite Fours- These dainty treats are wonderful accent to any event or tea.

Frozen large sized pound cake Powdered sugar (1-16 oz box) Butter, teaspoon of vanilla, wax paper, tray, milk, food coloring and gel icing for decorating.

Trim all the crust off the sides, bottom and top, making sure that all sides are even like a rectangle box. Cut the pound cake in one inch strips. Once you have cut all of the strips, cut them in half length wise and then in squares. This will create your shape of the petite four.

For the icing, combine one box of powdered sugar and vanilla. Add milk to the mixture until it is smooth and thin enough to drizzle. Separate the icing into three bowls. Add food coloring to each one. Take a petite four and rest it on your fingers, use a large spoon and drizzle the frosting over the petite four making sure that the cake is completely cover on the sides and top. Slide the cake off your



fingers onto a wax paper lined tray or pan. Continue with each cake until all are complete. You can also place the cakes on a wire rack and drizzle the cakes with icing over that. Place the cakes in the refrigerator, usually overnight. Decorate with gel frosting creating flowers or squiggly designs. Small pinches of sugar adds a magical effect. Place on a serving dish on each plate.



Fairy Houses

Purchase pre-baked large muffins at the local store OR muffin mix and the ingredients to create Paper plate 2 containers of white icing Food coloring, to color icing Decorative items: Assorted sprinkles, small colored candies, frosting with tips, and marshmallows

Using three small bowls divide the icing up evenly. Add food coloring to each bowl to create three different colors. Common colors are pink, purple and blue. Remove the liner from the muffin and place it on a plate for decorating. Place about 3 tablespoons of the icing on top of a muffin, spread it over the top to create the top of the roof. Decorate the roof with marshmallows and candies. Begin decorating the sides by creating doors and windows with candies or frosting. Finish my taking a picture of your creation. Now you can eat your fairy house or share it with others.

Fairy Garden Quiches

Pastry dough 2 tablespoons of sour cream or plain yogurt 1 cup baby spinach 3 eggs 1 cup of shredded cheddar cheese Deli Ham slices Jumbo cupcake pan

Preheat the oven to 450 F. Spray the cupcake pan with non-stick spray. Cut the dough into 6 square pieces and place each piece inside a muffin tin. Bake in the oven for 5 minutes, only until it gets puffy, not brown.

Cut the ham into small squares. Whisk together eggs, ham, cheese, sour cream, and baby spinach and place in the pastry shells. Bake at 400 F until dough is golden brown and crisp, about 12 minutes. Remove from the pan and let cool on a cooling rack. Serve warm.



Flower Fairy Punch—serve at a fairy party or meeting!

2 bottles of drinking water 1 handful of mint leaves Assorted edible flower petals 2 liters any fruit flavored soda 2 liters fruity or sports drink 1 lemon

Place the fruity drink and water in the refrigerator to chill. Fill two ice cube trays with bottled water. Add a mint leaf or edible flower petals to each ice cube for decoration. Cut the lemon into thin slices and store in refrigerator. Place in the freezer for 2 hours. Pour the chilled fruit-flavored soda and fruit drink into a punch bowl. Add lemon slices and flower petal ice cubes to the top. Place on the table and serve with other festive foods.





Twisted Magic Pretzels

12 dinner rolls (still in dough form) Flour Food coloring Cotton swab Salt and cinnamon and sugar (optional)

Preheat the oven to 375 F. Spray each dinner roll with non-stick spray and then roll it in flour. Roll the dough into a long snake shape. Next, shape it into a ring. Take a second piece of dough and thread it through the ring and hook the ends of it together. It should look like a paper chain. Repeat with all the dough. Each pretzel should be two "links" long. Spray a cookie sheet with non-stick spray and place the pretzels onto there. Mix 3 drops of food coloring with water and decorate the pretzel with the food coloring with a cotton swab. Sprinkle on salt or cinnamon and sugar. Bake for 15-20 minutes, or until lightly brown. Cool for 5 minutes and serve.

**For a quicker way, make freezer pretzels and put sprinkles on top while still hot.

White Queen Cupcakes

box white cake mix
 teaspoon vanilla
 teaspoon almond extract
 cups popped popcorn
 can vanilla frosting
 cup white chocolate chips
 White or pearl sprinkles



Preheat oven to 350 F. Make cake mix according to package directions. Add vanilla and almond extracts to the batter and mix. Fill a muffin pan with paper liners and place the batter in it. Bake according to package directions on the box. Pop some popcorn and place it in a bowl. Frost each cupcake with frosting and the dip each into the popcorn. Add white chocolate chips and sprinkles to the top.

Mystical Puffs

5 cups of shredded cheddar cheese
1 cup of shredded mozzarella cheese
3 sticks of salted butter (you can adjust this)
3 cups of self-rising flour
1 teaspoon of thyme
1 teaspoon of parsley
1 teaspoon of dill
1/4 teaspoon of cayenne pepper (optional)



Preheat oven to 350 F. Microwave the butter until it is **softened**, **not melted**. Spray a cookie sheet with non-stick cooking spray. Mix the cheese, butter, thyme, parsley, dill and cayenne pepper, if using. Gradually add the flour and mix. Use a spoon to place onto the cookie sheet. Bake from 15—20 minutes, or until golden brown.



Fruity Pixie Wands

Assorted fruit (ex. melon, star fruit, pineapple, grapes, apples, strawberries, etc.) 8-inch wooden skewers

Cut off all the stems and wash the fruit. Slice all the fruit into 1-inch pieces except the grapes. With the melon, you might need a melon scooper to make it easier. Place all the fruit on the wooden skewers and enjoy your wands!

Flower Whoopie Pies

Freezer whipped topping, icing, or marshmallow crème (1 container) Flower cookie cutters Refrigerator cookie dough or slice and bake or pre-made cookies Sprinkles Food coloring (optional)



Roll the cookie dough out and cut out into flowers. Cook according to the directions onto the package. If you are using slice and bake, you can just make them into circles. If you are using pre-made cookies, cut them out into flowers or make them circles. Place the freezer whipped topping, icing, or marshmallow crème in a bowl and let thaw. Add a couple of drops food coloring to it, if desired. Spoon on the back of one cookie when cooled and place another cookie on top. Place a dollop of filling on top and sprinkles on top.



Toadstool Top Pizza

Refrigerated pizza dough or pre-made pizza crusts Mozzarella cheese Pepperoni Tomato sauce in a can, jar, or squeezable bottle Other toppings such as: mushrooms, ham, peppers, olives, onions, etc.

Place the pizza dough or crust onto the pizza pan and spread the tomato sauce over almost the entire pizza, leaving room for the crust. Sprinkle enough cheese to cover the pizza. Place the pepperoni (the toadstool dots) and additional toppings on top. Cook according to the directions on the crust and enjoy!

Fairy Mushroom Cupcakes

Chocolate cake mix and the ingredients to create 2 teaspoons of vanilla extract White frosting Red food coloring White chocolate chips



Make the cake mix according to the mix and let cool. Place the batter into cupcake liners and bake for allotted time. Mix the frosting together with the red food coloring and spread onto the cooled cupcakes. Place the white chocolate chips upside down in the cupcakes for the mushroom dots. Enjoy!

Magical Fairy/Faery Adventure

Page 19 PAGE 19

PATCHWORK DESIGNS, INC

Games









Magical Dancing Don't Wake the Pixies! **Hidden Picture Stars Musical Toadstools** Lily Pad Hop Fairy Flower Ring Toss Fairy's Magical Powers **Butterfly Bounce** Once Upon a Time... **Magical Package Pixie Dust Relay Mystical Message Mix-Up**



Magical Dancing

Equipment: music

Choose one player to be the music player. Have all the rest of the players line up in lines. While the music is playing, the rest of the players dance to the music. The player playing the music can decide when to stop. When the music stops, the players have to freeze in position. BUT this game is special! You have to freeze in a fairy position! If they don't freeze in time, then they are out. The last person standing is the music player. Some suggestions are:

*casting a spell with a wand
*blowing bubbles
*stirring a pot
*flying
*putting on a crown
*going underwater
*making a fire
*eating
*sprinkling fairy dust
*tip-toeing
*sitting on a toadstool (squatting)





Don't Wake the Pixies!

Equipment: candies (check allergies)

Choose one player to be the troll. They are the trouble maker that is trying to wake up the pixies. The rest of the players are the pixies. The troll has to place the candies on the pixies' bodies and face, trying to make them move and giggle to wake them up. If the pixies' make a move or sound, they are out. The last pixie in the game be-

comes the next troll.

Hidden Picture Stars

Equipment: star pattern in the back of this manual



Copy the stars onto cardstock and cut out. Make clues up to have the players find the hidden picture stars in places. They are numbered. These are meant to guide the players to the stars. Hide the stars in various places around the room, several rooms, or outside. Example: this building is near something blue (ex. under a rug) or this is not in the kitchen. You can also split up into teams and see who finds the most.

Musical Toadstools



Equipment: toadstool pattern in the back of this manual and music

Copy the toadstool pattern in the back of this manual onto red cardstock and cut them out. There should be one for each player, minus one. So you will need to

copy more than one. Place them in a circle on the ground. Choose someone to be the music player. Have all the rest of the players be the fairies. The fairies dance to the music around the toadstools. When the music stops they must go on a toadstool. Whoever is not on a toadstool is out. Remove a toadstool every round until there are two players left. Whoever is the last player wins.



Lily Pad Hop

Equipment: lily pad pattern, in the back of this manual and masking tape

This game works better with a smaller group. Copy 4 lily pads from the pattern in the back of this manual on green cardstock. Mark a starting and finishing line with the masking tape. Divide the players into two teams and give each team 2 lily pads. Have them line up behind the starting line. Have the first player place one lily pad in front of them and step on it. Have them repeat this with their two lily pad until they reach the finish line. The only way they can get across is to lay their next lily pad on the ground. Once they reach the finish line, they hand the lily pads to the next player in line and they do the same. The team who does this the fastest wins.

Fairy Flower Ring Toss

Equipment: rings (found at dollar and craft stores) OR bracelets / bangles, masking tape, and flower pots (about 4) - the bigger, the better



Mark a line where the players stand away from the flower pots. Set up the flower pots at staggering positions. The one that is closest to the player could be worth 5 points. The others can be worth 10, 15, 20, etc. Have the players try to get the rings inside the flower pots. Whoever scores the most points win. You can also divide them up into teams and have a contest of who gets the most points.



Fairy's Magical Powers (Also known as: "Duck, Duck, Goose")

Equipment: a fairy wand (optional)

Choose someone to be the fairy queen. They will start out the game. Have the rest of the players sit in a circle. Have the fairy queen go around the circle and tap the players on their heads with the magical wand. If they tap them twice, then they have to chase the fairy! If the fairy queen runs around the circle and the other player hasn't caught them or gotten back to their spot, then the fairy queen can take their spot. The new player is the fairy queen and gets the wand. If the fairy queen is tagged then she has to sit in the middle. The last player standing gets to be the fairy queen.

Butterfly Bounce

Equipment: a butterfly (found at craft and dollar stores) and music

Have all the players sit in a circle. Choose someone to start the game with the butterfly and someone to be the music player. Give the player the butterfly and start the music. Whenever the music stops and someone has the butterfly, that player is out. For it to be fair, have the music player not face the group. Have this game continue until the last player is there. That player can be the music player next time. If you want, you can start another game or have them do a craft once they are out to keep them from becoming bored.



Once Upon a Time...

Have all the players sit in a circle. Choose someone to the storyteller. Have them start the story "Once upon a time..." Have them complete the sentence and the next person has to finish the story with another sentence. Have them continue the story until the end around the circle.

Magical Package



Equipment: a box wrapped in many layers of wrapping paper and a piece of candy for each player inside

Have the players sit in a circle. Choose someone to start the game. Have each person around the circle unwrap a layer of wrapping paper. Whoever opens the box with the candy inside can pass out the candies. You can also play this game by putting the box inside other big boxes to make it more exciting. You can also tie it with ribbon and that could be a layer.



Pixie Dust Relay

Equipment: 1 pixie stick for each player, 2 plastic spoons, masking tape, and 2 bowls

Mark a finish line and a starting line with the masking tape. Place the two bowls (one for each team) at the finish line. Divide the players into two teams. Have them line up and give each player a pixie stick. When the time begins, each player should open their pixie stick. The first player must pour some of their pixie stick into the spoon and race to the end. Then they must empty their pixie dust into the bowl and race back to the start. They hand the spoon to that player and they repeat the same steps. Continue this game until every player has gone. Whatever team has the most pixie dust in their bowl wins!

Mystical Message Mix-Up (Also known as: "Telephone")

Have all of the players sit in a circle. Choose one person to start the game. Have them think of a magical message to say. They then have to whisper this message in the person's ear. The next player in line can ask if they can repeat it, but they still need to whisper it. They have to do the same thing to the next person in the circle until it gets the end of the circle. Have that person at the end repeat the message. You will see the difference of the messages! Some suggestions are:



*Fairies throw fairy dust.

*Unicorns are magically beautiful.

*Toadstools make great resting posts.

*Nymphs live in the forest and are very mischievous.

*The white queen has lost her crown.

*Pixies are dancing to the music in the wind.

*Fairy wings are glittery.

*I have the perfect magic spell for that!

*I have a very important meeting with the queen.

*Fairies love their sweet treats!

*Don't forget to put your tooth underneath your pillow!

Create a book about Magical Fairy Adventure using a file folder.

<u>Step One: Prepare</u> Copy all the template and booklet pages for each participant. Have them color where needed and cut along the outside lines. Folding instructions are included on each page.

<u>Step Two: Gather your supplies</u> Participants will need glue sticks or glue to mount the templates or booklets to the file folder. A stapler will be needed to staple Booklet # 2 together.

<u>Step Three: Create the front cover</u> Fold the file folder in to form a book. (shown below) Have them color or decorate the items prior to gluing on the front cover. Using the templates provided or your own design. Place all the items together as shown below.

Step Four: <u>Completing the inside</u> Distribute the booklet patterns for the inside of the book. Make sure they color all the areas prior to cutting them out. See the below picture for placement. The black line is where the folder creases. You do not need to complete all the booklets to earn the patch.

Booklet #3

Element Fairies

Embellish the outside of your folder by coloring the background and adding stickers or foam cut outs.

Kit below was created by Ariel Cadle.

0 Wind Fair Booklet #1 **Booklet #2** A Fairy Things **Exploring the World** Fairy of Fairies ring the World 0 \$ Famous Fairies **Booklet #5 Booklet #6-**Recipes **Famous Fairies** Booklet #4-This book opens side-

ways.



Page 23

Magical Fairy/Faery Adventure

 Templates for Lucky Charms

 Creating lucky charms will build self

 confidence, belief, and hope. Use

 can also use these symbols to decorrate the outside of their folder.





templates. You can also use the stars to glue on the outside of the folder for decoration. They can place glitter on them, cut them out of colored paper, or decorate them. Use the fairy dresses to decorate the front of your folder. Draw a body to go with the dresses. Draw trees, flowers, and other items from nature to decorate the front of your folder. Older girls may wish to create their own designs of swirls stars and magical wonder.



Use the labels below to cover the labels on items used everyday. By doing this you will be creating fun creations with food and fun for everyone.



Use this to cover a container of powdered sugar. Sprinkle it on pancakes or French toast.



Place this label on fruit based syrup.



Use this to cover a container of sugar or sprinkles. Place on ice cream, cupcakes, cookies, etc.



Place this label on soda can or bottle. You may need more than one copy of this label to cover the entire can.. Magical Fairy/Faery Adventure



Booklet #1

First, color the fairy wings.

Then, cut out the fairy wings. Make sure you DO NOT cut them through the middle.

This is will create a book shaped like wings.

Glue the information located on the next page inside this decorated cover. Fold the fairy wings in half. Place glue on the back of the folded wing and place it inside your folder on the left hand flap.



Cut out the fairy wings on this page.

Make sure you DO NOT cut them through the middle.

Glue this information inside the wings located on the previous page. Fold the fairy wings in half. Place glue on the back of the folded wing and place it inside your folder on the left hand flap.



Directions on how to make a Fairy flip book are located on the next 4 pages. Each page has its own description. At the top is the name of the fairy and at the bottom is a picture of her. If they would like, they can color the fairies on each page.

Magical Fairy/Faery Adventure



First, have the participants color the next 4 pages of templates to create a Magical Fairy flip book. After they have been colored and decorated, cut along the lines around the box templates.





Starting with the bottom page, stack each page on top of each other. Each layer gets shorter and shorter as it progresses to the top. After all the pages are cut out and layered upon each other, make sure they are straight and staple them together to form a book. **Booklet #4**

Magical Fairy/Faery Adventure



After the flip book is completed, place it on the left hand side of your lap book about 1 1/2 inches from the top of the flap. This can be adhered to the book with glue or a glue stick. Make sure you have enough to secure it to the manila folder. The last page is not be numbered because it is on top.

Booklet #1 (matchbook) Cut along the outside of the rectangle only. Fold along the center line. Fold the flap upwards so you can see the words below the map. This booklet will resemble a matchbook. Glue the information about the Hawaiian culture inside the cover below. Place it in the center of your folder. **The inside of this booklet is on the next page. Requirement # 1**



Some Fairies are categorized according to the elements of the world. <u>What type of personality do you have?</u> Check the boxes that pertain to your personality. The category that has the most checks is the type of personality that you have. Cut along the outside of the rectangle only. Fold along the center line. Glue the information about the Element Fairies inside the cover on the previous page Place it in the center part of your folder.





Magical Fairy/Faery Adventure

Page 37



Fairy Sprinkled Cupcakes

box of cake mix (flavor of your choice)
 container of premade white frosting
 Colored sprinkles



Prepare the cake mix according to the instructions on the box. Wait for the cupcakes to cool and apply the frosting to the top of the cupcake. Top with sprinkles.

Sparkly Fairy Pancakes



Frozen pancakes

This booklet has recipes that you may want to try. Decorate the front with stickers or markers.

Variety of fun toppings: Sprinkles, candies, whip cream, chocolate chips and fruit syrups.

Let the pancakes defrost in the fridge until you are ready to serve. Cut the pancakes with a cookie cutter and place them on a dinner plate. Cook in a microwave for 25 second. Add your favorite toppings.

Flower Fairy Punch



2 bottles of drinking water 1 handful of mint leaves and one lemon

Assorted edible petals

2 liters any fruit flavored sparkling water, chilled

2 liters sports drink, chilled

Fill two ice cube trays with bottled water. Add a mint leaf or edible flower petals to each ice cube square. Freeze at least 2 hours. Pour chilled fruit-flavored sparkling water and Gatorade into a large glass punch bowl. Add lemon slices and flower petal ice cubes. Decorate with a few extra flowers or flower petals. **Fairy Fun Sandwiches-** These are great for tea parties and fairy themed events.

Star, heart, flower, butterfly cookie cutters 1 loaf of bread

peanut butter and jelly, ham and cheese, cucumber and cream cheese, etc.

Peanut butter with jelly or honey. Mix the items together and spread on the bread. Using a cookie cutter, cut out the shape from the bread. Try to use a different shape for each type of sandwich.

Cucumber and Cream Cheese- Peel the cucumber and slice it into thin round slices. Place a thin layer of cream cheese on each slice of bread. Lay the cucumber slices on one slice of bread. Trim the crusts off the bread and cut the sandwich into squares. Sometimes it is easier to cut this sandwich in squares instead of using a cookie cutter to cut through the cucumbers.

Fairy Pretzels

Small pretzel knots Chocolate melts Sprinkles shaped in small balls



Melt the chocolate according to the package. Dip the pretzels in the chocolate and tap some colorful sprinkles on top. Let cool and harden. Serve.

MAGIC BUTTERFLY BOX PATTERN





TOADSTOOL PATTERN



LILY PAD PATTERN



ORDER FORM

Please complete this form and mail it or fax it to:

Patchwork Designs, Inc. 8421 Churchside Drive

Gainesville, VA 20155 (703) 743-9948 PHONE (703) 743-9942 FAX

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Discover/Mastercard/Visa# _____-__-___-_____ or Check #_____

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Item #	Description	Quantity	Unit Price	Total Price
Fairy	Magical Fairy Adventure		\$1.75	\$
Enchant- forest	Enchanted Forest		\$1.39	\$
enchant-gar	Enchanted Garden		\$1.39	\$
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Regular Shipping & Handling (view chart on the next page)			\$0.00	
Special Shipping (next day, priority mail etc)			\$0.00	
			TOTAL	\$

Shipping Chart

If you would prefer Priority Mail, please add \$2.00 to the \$4.99 or above shipping category.

Next day service is an average cost of \$28.00 (USPS determines the pricing according to the zone and weight.)

Patches				
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6-20	\$4.99			
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Kits or Manuals (shipped Priority Mail)		
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Kits and manuals range from 30 to 62 pages in length (except the Patch Program Book, that is over 100). Therefore if you are ordering more than 2 kits or manuals, please use the above shipping chart. Patches, bracelet kits, and stamps can be added to any order falling within that price range. Otherwise, use the highest shipping amount on the chart according to the items ordered.